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MK NEWS

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MILTON KEYNES COUNCIL

Cash for Trash Christmas Bonanza bringing a week of festive cheer

Cash for Trash – Milton Keynes Council's incentive scheme rewarding residents who recycle – will be celebrating its second Christmas in style with £1,000 and special prizes to give away for one week only, just in time for the festivities.

The week before Christmas we'll be out and about early on five consecutive mornings, bringing festive cheer to residents using the pink recycling sacks and blue glass boxes correctly.

We'll be visiting properties chosen at random across the borough from Monday 15 to Friday 19 December. Our regular sponsors Community Waste and Cory Environmental will be joined just for this special week by John Lewis, Waitrose, Debenhams and Milton Keynes Theatre.

We're giving away three prizes of £300, while Waitrose is donating a fabulous Christmas hamper. A further £100 prize winner will also receive a family ticket to Milton Keynes Theatre's pantomime Peter Pan, starring Henry "The Fonz" Winkler as Captain Hook and Louisa Lytton – star of The Bill and formerly Strictly Come Dancing and Eastenders.

All residents need to do to be in with a chance of winning these great prizes is to recycle using their pink sacks and blue boxes for glass – make sure to put them out on your property boundary by 7am on your collection day and look out for the recycling team.

If there's a knock on your door early in the morning on your waste collection day during this special week, don't be alarmed – it might not be Santa but it could be the next best thing – council officers and our sponsors bearing gifts.

You never know when it could be your lucky day and you have to be in it to win it - if you don't put out any recycling, or if your pink sacks or blue box contain the wrong items, we'll move on to your nearest recycling neighbour - so please make sure you don't miss out.

The council's Waste Reduction Officer Carolyn Londer-Ward said: "Our Cash for Trash incentive scheme has proved to be a huge success with our residential recycling increasing each year – now at 36%. And it's great that local residents are being rewarded for doing the right thing by the environment.

"We are delighted to be able to offer an extra special reward to five local residents this Christmas, thanks to the generosity of our sponsors. The festive season is a particularly wasteful time and we urge all our residents to keep up their good work, making sure to recycle all they can over the holidays and throughout 2009."

To find out more about the Cash for Trash scheme, see a gallery of some of our previous winners and to check out the rules in full, visit www.milton-keynes.gov.uk/cashfortrash.

The week's special prizes

Monday	Community Waste £300
Tuesday	John Lewis £300
Wednesday	Cory Environmental £300
Thursday	Debenhams £100 plus Milton Keynes Theatre family panto ticket
Friday	Waitrose hamper

Peter Pan's Captain Hook

US actor Henry Winkler, well known to a certain generation as "The Fonz" in Happy Days - was happy to endorse Cash for Trash, together with cast members Louisa Lytton and Andy Ford. "Recycling is cool," he said, "Make sure you put out your recycling – and you could win tickets to see our great production of Peter Pan at Milton Keynes Theatre – and help save the world at the same time!"

Community Waste | CORY ENVIRONMENTAL | John Lewis | DEBENHAMS | Waitrose | MILTON KEYNES THEATRE

Waste not, want not this Christmas

Every year an estimated three million tonnes of extra waste is generated during the season of goodwill as households in England throw away the equivalent of two and a half million double-decker buses, a queue of which would stretch from London to New York and back twice!

Each person will throw away on average 50 kilos of rubbish over Christmas, resulting in even more food and other waste being sent to landfill than usual.

We'll be sending a massive one billion Christmas cards (17 for every man, woman and child) which, if laid end to end, would stretch around the world almost four times. And as much as 83 sq km of wrapping paper could end up in UK rubbish bins - enough to cover Hyde Park 33 times.

But there's a lot we can all do to cut down on festive excess – and save money in the process. To help you reduce your festive waste, the council's Recycling team has this advice for you to consider when buying your cards and wrapping paper:

- Reduce wrapping paper and card waste
- Choose cards and wrapping paper made from recycled paper and natural materials
- Buy paper that can be recycled – plain with no glitter, holograms or foil
- Buy gift boxes or bags that can be re-used next year
- Put presents inside a Christmas stocking, which can be reused next year
- Use last year's cards to make gift tags for this year
- Send e-cards – the sentiment is still the same
- Make biscuits or buns with Christmas messages in icing
- Save money and the environment – donate the money you save on cards to a charity

After Christmas, make sure any paper you haven't reused is recycled in your pink sacks or donate your cards to The Woodland Trust's Christmas card recycling scheme. When recycling wrapping paper, don't forget to remove all tape, ribbons and bows.

Top Waste-Saving Tips this Christmas

- Buy rechargeable batteries for all the new toys
- Clear out old clothes that haven't been worn for a while - visit www.milton-keynes.gov.uk/recycling to find your nearest textile recycling bank, or visit a charity shop
- Get rid of old shoes, books and CDs at one of our many recycling banks
- Recycle real Christmas trees – take it to one of our three local Community Recycling Centre to be shredded and composted
- Buy a real Christmas tree with roots which you can plant outside or in a pot and re-use next year
- Take old toys to a local children's centre or charity shop where they can find a good home
- Make a New Year's resolution to recycle more stuff, more often!

Contact The Recycling Team at recycling@milton-keynes.gov.uk or call 01908 252570.

High street card recycling helps plant woodlands

In Milton Keynes, you can recycle your Christmas cards in your pink sacks, but you can do more for the environment by helping woodland conservation charity The Woodland Trust plant trees across the nation. The charity is once again providing easy Christmas card recycling through leading high street stores.

Simply take your cards to the special bins you will find in W H Smith, Tesco, TK Maxx and Marks & Spencer stores throughout January. Recycling the cards generates money which the Woodland Trust can then use to create new woodlands.

Actress Samia Smith, who plays Maria Connor in Coronation Street, is supporting this year's campaign. She said: "Over one billion Christmas cards will be sent this year! If everyone recycled just one card it would help the Woodland Trust plant 15,000 trees."

The cards collected will eventually be turned into new products such as tissue paper, photocopy paper or corrugated cardboard. Last year the public's efforts helped collect 73.6 million cards, bringing the Christmas Card Recycling Scheme's 12 year total to 600 million cards recycled. This has enabled the Woodland Trust to plant 141,000 trees, save 12,000 tonnes of paper from going to landfill, and stop 16,000 tonnes of CO_2 from going into the atmosphere – the equivalent of taking more than 5,000 cars off the road for a year.

For further information visit www.woodlandtrust.org.uk/cards.

Coronation Street's Samia Smith supports The Woodland Trust's Christmas card recycling scheme which is helping to increase the UK's natural woodland, providing habitats for wildlife.

MILTON KEYNES COUNCIL

www.milton-keynes.gov.uk/recycling

Exciting plans for 2009

As 2008 comes to a close, the council's Recycling team is looking forward to a number of exciting developments in our services during 2009.

Our new refuse contractor Serco will take over from Cory Environmental in March next year, bringing a number of innovations to the way we collect your weekly refuse and recycling.

From March next year, our extremely successful fortnightly Garden Waste Collection Scheme will be free of charge for existing customers. Since it began in 2003, the scheme has resulted in over 33,000 tonnes of garden waste being sent for composting, making a huge difference to the amount of waste we send to landfill.

This year's scheme came to an end in November. During the winter months, any garden waste should be taken to one of the council's three Community Recycling Centres at Newport Pagnell, New Bradwell or Bleak Hall.

If you never got around to joining the Garden Waste Collection Scheme, you won't be missing out as later in 2009 we will be introducing an exciting free additional service for all our residents.

Following successful trials with residents in Newport Pagnell and Bradwell Common, we'll be rolling out a weekly combined Food and Garden Waste Collection Service across the borough. This will replace the fortnightly Garden Waste Collection Scheme.

Households will receive a small kitchen caddy to collect all kitchen food waste – both cooked and uncooked – and a larger 140lt wheeled bin with lid to put outside for both garden and food waste.

We are hoping this new service will bring about a huge reduction in the amount of waste we send to landfill. When food and garden waste is buried in landfill, it rots and produces methane – a greenhouse gas 21 times stronger than CO_2 which is having a severe impact on the world's climate. By removing this organic waste from our black sacks, we will be reducing the amount of greenhouse gas we produce. Added to this our black sacks will only contain non-recyclable items - hopefully very few - and there'll be far less odour to attract vermin!

Cllr Chris Williams, Cabinet Member responsible for the Environment, said: "We are very excited about our plans for 2009. Our new combined Food and Garden Waste Collection Service will mean Milton Keynes residents can make a real contribution to a reduction in the amount of harmful organic waste we send to landfill and will increase our recycling rates further – saving us all money as landfill taxes continue to rise.

> "Our black sacks will only contain non-recyclable items - hopefully very few - and there'll be far less odour to attract vermin!"

"At a time when many local authorities are moving towards fortnightly collections, this new service will mean Milton Keynes Council is collecting all residential waste on a weekly basis – this has to be good news."

We will let you know more about this new service during 2009. If you have further questions about garden waste collections, please contact our helpline on 01908 252666, for general queries call our Environmental Services Helpline on 01908 252570 or email envservices@milton-keynes.gov.uk.

Ways to cut food waste this Christmas

- Buy your fruit and vegetables without packaging
- Use a re-usable shopping bag or re-use old plastic bags
- We could use an extra 750 million glass bottles in the UK at Christmas please put all glass bottles and jars in your blue box
- Nearly 3,000 tonnes of aluminium foil will be used to wrap Christmas turkeys – please put rinsed aluminium foil in your pink sack
- The Christmas food shop doesn't need to be stressful – plan in advance by making lists – you're more likely to just buy what you need, saving you money and food waste!
- Love your Christmas leftovers: visit www.lovefoodhatewaste.com for loads of great festive recipe ideas to help you make the most of that leftover roast turkey, cut ham or Christmas pudding. As well as saving food, and money, the family will love the new dishes made from these ingredients
- Home compost bins make a great gift for someone who has everything, available from £17 with free delivery. For more details, check out the website www.recyclenow.com/compost or phone 0845 077 0757
- A third of your kitchen waste can be composted - fill your home compost bin with Christmas vegetable and fruit peelings, teabags, paper towels and eggshells

Later next year, households will receive a small kitchen caddy to collect all kitchen food waste – both cooked and uncooked – and a larger 140lt wheeled bin with lid to put outside for both garden and food waste.

MILTON KEYNES COUNCIL

www.milton-keynes.gov.uk/recycling

recycle for Milton Keynes

Christmas Recycling and Refuse Collection Information

Please be aware that some of your recycling and refuse collection days will be affected by the Christmas holidays over a three week period. Please make a note of any changes and make sure you put out your recycling and refuse on the boundary of your property by 7am on the correct day.

Christmas Week

Normal Collection Day		Revised Collection Day	
Monday	22 December	No change	
Tuesday	23 December	No change	
Wednesday	24 December	No change	
Thursday	25 December	Saturday	27 December
Friday	26 December	Monday	29 December

New Year

Normal Collection Day		Revised Collection Day	
Monday	29 December	Tuesday	30 December
Tuesday	30 December	Wednesday	31 December
Wednesday	31 December	Friday	2 January
Thursday	1 January	Saturday	3 January
Friday	2 January	Monday	5 January

Second Week of January 2009

Normal Collection Day		Revised Collection Day	
Monday	5 January	Tuesday	6 January
Tuesday	6 January	Wednesday	7 January
Wednesday	7 January	Thursday	8 January
Thursday	8 January	Friday	9 January
Friday	9 January	Saturday	10 January

Collections will return to normal the following week.

Christmas opening at our Community Recycling Centres

Our Community Recycling Centres at Bleak Hall, New Bradwell and Newport Pagnell open during winter months from 8am – 5pm with the exception of the following days:

Christmas Eve – 8am – 1pm
Christmas Day – closed all day
Boxing Day – closed all day
New Year's Eve – 8am – 1pm
New Year's Day – closed all day

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Laura's learning to say it with flowers

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'I never did this. This was nothing to do with me'

– Barri White tells the jury he did not kill Rachel Manning

THE man accused of murdering Rachel Manning eight years ago, has told a jury for the second time that he didn't do it.

Barri White, 29 began his evidence yesterday by telling the jury at Luton Crown Court that he was convicted of Rachel's murder in 2002, but said in November 2007 the Court of Appeal heard fresh evidence and quashed the conviction and ordered a retrial.

Rachel's strangled and battered body was found hidden in deep undergrowth near the Marquis course at Woburn Golf Club on December 12, 2000, two days after she had last been seen in a distinctive 1970's fancy dress outfit in Oldbrook, Milton Keynes.

The prosecution allege that her killer was her boyfriend Barri White.

White, of Epsom Grove, Bletchley pleads not guilty to murdering 18-year-old Rachel.

He told the jury of seven women and five men: "I never did this. This was nothing to do with me. When police told me they had found her body I was gutted, devastated."

The pair met in 1999 and lived together at various addresses.

"Things were brilliant between us. We had a few parties and had a good time. We would bicker about money sometimes but did not have major arguments about it," he said.

At the time of the allegation, however she was sharing a house with two other people and he was living sometimes back at home and sometimes with friends.

On December 9 2000, eight years ago to the day, they had gone together to his mother's 40th birthday themed party at Chicago's nightclub.

Barri White who is being tried for the second time for murder

He told the court that he and Rachel did not have a disagreement at the club and left about 2 am as he had to work early the next day.

But outside he got involved in an altercation and CCTV images show Rachel trying to calm the situation down. Police arrive and the couple walk off together.

Mr White told the jury he didn't want to wait because he was in breach of a community order at the time and thought he might be arrested on a warrant.

He said he was going to his friend, Keith Hyatt's house who would give him a lift to Bletchley, but she wanted him to come back to the nightclub with her and get a taxi to her house.

"I was upset about what had happened outside the club and did not want to go back there. We were angry with each other and I walked off but she caught up with me.

"I did swear at her a couple of times, I was a little bit drunk and a little bit tired. She was almost the same and was saying 'let's go and get a taxi'. I walked away and saw her turn and walk away," he said.

That was the last time he saw her. He said when he got to Hyatt's house she rang and said she was in Oldbrook but did not know exactly where.

"I asked what was near her and told her to get to Blockbusters and Keith and I would come and pick her up."

He said the two men went out three times together looking for her and could not find her. He rang her home and left a message for her on the answerphone.

Then he went looking for her on foot along the Redways, before ringing Hyatt again and getting a lift to his mother's house, arriving at 5 am.

"I had not heard from Rachel but I was not proper concerned because she had done that before. But on Monday I went to her work place and she was not there and had not phoned in. We were getting worried now and decided to phone the police," he told the jury.

The case continues.

Pantogoers were treated to carols from pupils at Milton Keynes Preparatory School on Monday night. It was part of a special gala performance of Peter Pan at MK Theatre.
See our panto review on page 38.

INTERNET

For all your local news and sport seven days a week: **www.mk-news.co.uk**

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759 woundings, 2 gun injuries, 914 assaults, 50 rapes and 28 stabbings

– a year of crime in Milton Keynes

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

A PICTURE of a year's crime in Milton Keynes has been revealed in a new report.

The 'strategic assessment' raises concerns about the increase of domestic violence, the number of assaults linked to places of education, prisoners being released early and the police's ability to deal with serious sexual offences.

Between July 2007 and August 2008, 914 assaults, 759 woundings, 28 stabbings and two firearm injuries were recorded by Accident and Emergency.

Drug supplying was most common in Bletchley, Fishermead and Oakhill, where Woodhill Prison is situated, due to 'associated offences of persons attempting to smuggle drugs into the prison'.

Another issue is that 'the lack of prisoner spaces has resulted in offenders being released approximately seven to ten days early to reduce pressure on the prison system and police are not always aware of released offenders in their area.'

The information has been amassed by the police and Community Safety Partnership from the youth offending team, hospital, council, drug and alcohol group, fire service and probation service. It will be presented to the council's External Scrutiny Panel tonight (Wednesday).

Eight per cent of all crime in the year was domestic violence, with police recording 2,070 incidents - an increase from the previous year. Most of these happened in Water Eaton, West Bletchley and Fishermead, mainly during the school holidays.

Distraction burglaries are also on the up - the eldest victim of which was aged 103.

However the report says that overall the number of reported offences decreased by 7 per cent compared to the previous year.

The one non-domestic building which suffered the most burglaries was the hospital in Eaglestone.

There were 50 rapes recorded over the year, 11 fewer than last year.

But the report added: 'There is national concern regarding the disparity of police forces' ability to deal with serious sexual offences. Milton Keynes compares unfavourably nationally so this is highlighted as a risk area.'

It also reveals that in the first two terms of 2007/8 there were 33 permanent exclusions from schools, seven of which were from primary schools.

'There are a number of assaults linked to places of education,' it adds.

Chairman of the External Scrutiny Panel, Cllr Liz Campbell said: "I am most concerned about the rise in domestic violence, which is something we will be looking at further. I was also worried about the way homophobia and hate crime are recorded, and that the figures do not reflect a true picture. We will be looking at all this all in much more detail."

Richard Solly, community safety manager, said: "The report overall is extremely positive and shows the biggest annual fall in crime since the Community Safety Partnership began in 1998.

"In Milton Keynes we have seen significant falls in violent crime, criminal damage, burglary and theft from vehicles.

"Increased reports of domestic violence show that more victims now have the confidence to come forward and report what is happening to them.

"I think this report demonstrates that Milton Keynes is an extremely safe place to live, work and visit and that all the partners involved are working hard to keep crime low, and succeeding."

Mother held her baby over balcony to escape flats fire

A MOTHER was forced to hang her ten-week-old baby over a balcony in pouring rain to save her from a fire.

Nadine Dunkley passed her daughter Evie down to firefighters in a car baby seat after a blaze broke out in a block of flats in Downs Barn on Friday.

The fire started at around 10pm after a water leak in one of the six flats in Mullen Avenue caused an explosion in an electrical cupboard.

Ms Dunkley was in her first floor flat with her daughter and mother-in-law, having been discharged from hospital days before recovering from pneumonia.

"The lights flickered and then I heard a big bang and they went completely," she said.

"I went out to the front door to see what it was and was hit by a massive cloud of black smoke."

She called the emergency services and within minutes three fire crews arrived and put a ladder up to her balcony.

"It was really frightening passing your ten-week-old baby over in the pitch black and pouring rain, but the firemen were great, reassuring us that she was OK," she said.

Rescued: Nadine Dunkley with Evie and Chantelle Johnson

Firefighters rescued another woman from a first floor flat and led one person to safety down the stairs.

Chantelle Johnson, who is training to be a paramedic, said: "I was asleep on the sofa and my partner heard bangs and screaming so opened the front door. The whole place filled with smoke."

Ms Dunkley, Evie and two others were taken to MK Hospital as a precaution after breathing in smoke which was so thick that firefighters had to use a thermal imaging camera to carry out their search.

Four people from the ground floor flats and one from the first floor flats managed to get out alone.

Residents have raised concerns about the council's maintenance of the building.

A spokesman for the council said: "The cause of this incident was due to a failed component within the heating system and a damaged overflow pipe.

"There have been complaints from one of the residents in relation to leaks over the last few months and we have carried out various checks and remedial works, but the problem with the overflow pipe wasn't evident at those times."

Debbie Lacey's children Mason and Laicee with the rubbish they collected from around Stantonbury

Clean-up kids are litter-pickin' good

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

TWO children were so disgusted at the amount of rubbish in Milton Keynes that they took matters into their own hands.

Laicee, 9, and her six-year-old brother Mason have filled their back garden in Kents Road, Stantonbury with 20 pink sacks of rubbish collected from the redways, parks and roads around the city.

In just one month the Stanton Middle School and Wood End First School pupils collected 725 cans, 764 plastic bottles and 102 glass bottles.

Shop assistant mum Deb Lacey has promised them a penny for every item as a reward.

She said: "We were just disgusted by the amount of rubbish that is everywhere. In the last month we have collected 20 pink sacks full in our garden.

"They've worked so hard at this. We started off in the summer holidays picking things up when going to the local shops. It gave them something to do while we were walking.

"They were pretty disgusted at the amount of it, me and their nan encouraged it. I even bought them litter pickers. Now it's got the point where we walk anywhere and the kids say 'mum, there's a can' and want to pick it up.

"We've had a few strange looks when we go out with black bags and litter pickers and rummage round the ditches but they are really proud of what they have done to help the environment."

A spokesman from Milton Keynes Council said: "We are delighted that these children have taken positive action to help clean up the litter in their neighbourhood. Let us hope that this fine example set by this family will discourage other people from simply dropping litter in the streets.

"To recognise this community action the council will send the children a couple of recycling goody bags to thank them for their efforts."

Santa's plea for Post Office

SANTA has supported a campaign to save one of the city's threatened post offices.

A model of Father Christmas riding an old-fashioned delivery bicycle has been set up calling for the council's help to rescue Weston Underwood Post Office.

A note written to Milton Keynes Council's cabinet and signed by Santa says: 'Please help to ensure this is not my last visit to Weston Underwood Post Office, thanks.'

Mark Covington, whose family have run the branch for more than 100 years, said they have put up the model Santa outside the Post Office during Christmas for a number of years and thought it would be a good way to put their message across to the council.

The cabinet is set to review its choice not to intervene and save four threatened branches in Milton Keynes at a meeting next Tuesday, December 16.

Last month the cabinet said throwing a lifeline to branches for three years was not 'financially viable' despite the efforts of several parish councils, which promised funding and support for their local Post Offices.

The decision was called-in to a cross-party scrutiny committee by residents in Little Brickhill, Weston Underwood and Ravenstone.

The panel heard evidence that the financial figures provided by the Post Office were riddled with mistakes, so the cabinet decided to reconsider its decision based on accurate information.

A total of six branches are closing across the city, including Little Brickhill, Weston Underwood, Conniburrow, Fishermead, Water Eaton and Fenny Stratford.

Santa gets on his bike outside Weston Underwood Post Office with a letter to MK Council, left

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MKNEWS

ABC

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Railway station copies – MK NEWS also hands out 2,000 copies per week to commuters at MK railway station on a Wednesday morning.

MK LETTERS

Letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU | letters@mk-news.co.uk

No Arriva on time

SIR – As I am writing this, I am fuming inside because a 20 minutes bus ride to the railway station took over an hour.

Before the changeover, bus service 3 and 9 were already unreliable enough, but at least we had four buses an hour running from Neath Hill to the station and there was a direct bus to Bletchley too.

Now, Metro/Arriva has decided to replace service 3 and 9 for service 7A which means there are only two buses an hour but no direct service to Bletchley.

This 7A service is worst than service 3 and 9.

Today, at Neath Hill bus stop, the 09.25 service 7A left early (witnessed by one passenger).

We waited for 09.45 bus 7A, it never came.

I decided to run across to Pennyland bus stop hoping to get either service 1 or 2.

Neither bus service number 2 at 10.02 or service no 1 at 10.08 turned up.

After running across to Downs Barn bus stop two number 2 buses turned up at 10.24.

At the front of the bus, it said going to 'the rail station' but the driver decided to stop at the bus station instead.

As I walked to the railway station, two other service 2 buses came round the station.

What happen to service 7A and service 1? I did not see any of them at all.

I find it very, very stressful every day trying to catch a bus to work and to get home.

Why did Metro/Arriva have to change the bus no to 7, 7a, 7b etc, etc – all taking different routes?

It is confusing the passengers and also the drivers.

Maybe we should all stop using these buses, I am considering† getting a car myself.

One very disappointed passenger.
Tina Kavanagh
Sent by e-mail

Problems with HIMOs

SIR – For over a year now we have lived next door to a HIMO (House In Multiple Occupation), which does not have change of use planning permission.

When the council found out, did they close it down? No, the landlord bragged that he has loads of other HIMO's in Milton Keynes that were above board and run properly and they have let him continue.

I have since found another two of his HIMO properties both of which have not had planning permission, although the landlord has put in an application recently for one of them in his wife's name.

We have had problems with noise, music playing until early hours of morning, people in the garden shouting and yelling, the landlord even moving people in at 3am in the morning.

You speak to the landlord about the problems and he does not do anything about it, people are doing diaries for environmental health and the police have been called on numerous occasions, but still it continues.

I challenge anyone from the MK Council to live in my house for a month and put up with what we have to put up with and then tell us if they think it should be allowed.

My advice to anyone who lives next door to a property they think is a HIMO is to report it straight away, otherwise you could end up with the problems me and many others are suffering from.
Paul Ridley
Franklins Croft, Wolverton

City certainly the place for adrenaline junkies

SIR – I saw Rob Gibson's lighthearted report into the latest craze to hit MK – Air- sphering in your paper last week.

It sounded like the experience had an impact on him, quite literally as he described it as a head smashing, bone shaking experience but admitted that he left the sphere with a big smile on his face.

This is another example of why MK is fast getting the reputation as the place for adrenaline junkies to hang out.

As well as sphering, there is normal skydiving, skiing, snowboarding, aerial extreme and water sports to name a few.

I for one, as an adrenaline junkie myself, absolutely love it here.
T Jones
Bradwell Common Boulevard

Keep motoring on

SIR – I'm grateful to Anthony Alexandrowicz for pointing out that a sentence I wrote was clearly absurd.

I apologise for my lapse of concentration.

I should have said that 90-95 per cent of us 'have the use' of cars, not 'drive' cars.

That percentage is based on the fact that only about five per cent of us use buses and my guess that fewer than five per cent of us use the redways.

I am a strong advocate of the redways but they seem to be used mainly for leisure at weekends. Apart from those walking with dogs and the occasional cyclist, most people seem to be enjoying the birds and flowers when strolling to the nearest wood, lake, river or canal, or to one of the old villages in the centre of a grid square.

I suspect that most redway users also use a car or a bus.

His valid point doesn't alter the thrust of my letter.

I urge constituents not to support any councillor who votes in favour of the imminent transport policy document if it includes any anti-motorist measure.
Sent by e-mail

Status dog problem

SIR – I am writing to you about the problem of status dogs – an issue the RSPCA is currently campaigning on.

Dogs used as weapons are becoming increasingly popular in urban gangs. Indeed, the RSPCA saw a 15-fold increase in the number of complaints about dog fighting between 2004-2007.

These dogs can suffer terrible injuries through dog fighting or cruelty, including in some cases physical violence inflicted by their owners.

Such dogs are also used to intimidate, fight or even attack people and other animals (often other dogs and cats) and this has a huge impact on local communities.

Now, the society is urging readers to lobby their local MP and ask them to put their name forward for the Private Members Bill ballot, taking place on December 11.

Alternatively you can go the website www.giveanimalsavoice.org.uk for more information.

It will just take a few minutes, but, with enough support, this could be the start in creating legislation to tackle this horrific trend.

Readers could also write to the Minister responsible at Defra, Jane Kennedy MP, to ask her to consider updating the law.

RSPCA animal centres are bulging with unwanted 'status' dogs such as bull breeds and Staffordshire bull terrier crosses.

We need to act now to alleviate this growing crisis, and consolidate the law to protect both dogs and humans.
Suzie Graham
RSPCA East Region manager

Lonely this Christmas?

SIR –-As we all prepare to settle down this Christmas in the warmth and safety of our own homes, spare a thought for the British troops left isolated in Iraq.

More than five years after the invasion of Iraq, more than 4,000 British troops are still marooned in the Basra airbase, at a vast cost to the British taxpayer.

They are serving no strategic or military purpose. The Iraqi Government, the Iraqi people and the British people want them to come home.

In the new economic crisis we can no longer afford to fund the folly of the Bush/Blair wars.

Please write to Gordon Brown and your local Milton Keynes MP to demand that all British troops come home from Iraq now.

Let us hope that this is the last Christmas that British troops will be in Iraq.
Dave Brunwin
Pyxe Court, Walton Park

Quality on the doorstep

SIR – Congratulations to you and your team at MK NEWS for producing such a quality newspaper on a weekly basis. Your recent award is well deserved.

Not only does it get delivered – but I actually look forward to it arriving. Keep up the good work.
Mr J Walker
Monkston

Press freedom

SIR – I was absolutely delighted to read the news in your paper last week that charges against journalist Sally Murrer and detective sergeant Mark Kearney had been dropped.

As their legal representative Mr Charalambous said in the article, Sally should never have been prosecuted in the first place.

What sort of a country would we be living in if journalists could no longer talk to police officers and go about there business, certainly not England.

Isn't that what freedom of the press is all about?

I hope that Sally and all other journalists in this town take heart from this result and continue to fight the good fight in the name of good journalism.

I'm sure that the police force would rather journalists didn't ask any questions and wrote only what they are told to on a police press release.

It will be a truly sad day if that ever happens.
Name and address supplied

LETTERS POLICY

Letters must arrive by noon on Monday. Full name and address must be supplied. Details will be withheld in only exceptional circumstances. Letters should be kept short and to the point and may be edited.

Write to: Letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU. E-mail: letters@mk-news.co.uk

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WWW.MK-NEWS.CO.UK

Panto stars right on the button

STARS of this year's panto, Peter Pan, switched on the Christmas lights at the Theatre District on Saturday.

Henry Winkler (Hook) Louisa Lytton (Peter) and Andy Ford (Smee) did the honours.

The MK City Orchestra provided music and singer Natalie Chua performed a song from her latest album. The evening also supported the local charity St Francis Children's Society, which next year will be celebrating 140 years of caring for vulnerable children.

'Great response' to bone-marrow plea

Hopeful: Chantelle Moore with her son Keano Craig Klein

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

A MOTHER whose three-year-old son desperately needs a bone marrow transplant to survive has received massive support.

Last week MK NEWS revealed how Chantelle Moore, who moved to Conniburrow from Zimbabwe in October, is searching for a bone marrow match for her only son Keano Klein, who suffers from a rare blood disorder.

The chance of finding a match is very slim, but the former secretary is calling on the residents of her new home to give a small blood sample to see if they are a match.

Even though there is a better chance for Keano to find a match from mixed race people, everyone is being encouraged to attend a special event next week in Stony Stratford.

It is being run in conjunction with The Anthony Nolan Trust, a charity for people with blood disorders.

Miss Moore said: "We have had a great response. I'm hoping we get quite a turn out on the 16th.

"I've had quite a few people contact me and phoning me - people from Italy, South Africa and Canada who have read my story in MK NEWS and on the Internet saying it's a shame they're not nearer to Milton Keynes as they want to try and help.

"It's really hard to know whether we will find someone. The chances are very slim, but I'm very hopeful that we find the donor. I'm keeping my hopes up.

"There are so many billions of people in the world there should be someone, and we are starting our search in Milton Keynes."

The session will be held on Tuesday, December 16 from 5-8pm at York House Centre, London Road, Stony Stratford.

Caution on scrapping 'city streets'

THE council has warned grid road campaigners not to raise their hopes that city streets will be scrapped.

Milton Keynes Council leader Isobel McCall has said there are still major implications that may prove too difficult to overcome.

Cllr McCall met with developers Gallaghers last week to discuss the road network for the Western Expansion Area.

The meeting was called after the council bowed to pressure to reconsider constructing high streets with buildings fronting the road and traffic lights when two citizen's groups called for the grid roads to be protected and extended into the expansion areas.

The Focus Group on Roads (FGoR) and the Citizen's Advisory Group on Transport, which both consisted of a panel of residents, were set up by the council to consider the future of Milton Keynes' transport networks.

An independent survey of local residents that revealed 87 per cent of the city's citizens believe the grid roads work.

Cllr McCall said: "Milton Keynes Council understands and is listening to the views of the people of their city about the wish to maintain the grid road system in future developments. Both the council and the developers will meet again in the new year to discuss the road network further.

"However, the council feels it is only right and fair to highlight that there are a number of major planning, time and cost implications that may still prove too difficult to overcome."

A spokesman for Gallagher Estates said: "It would not be right to raise expectations as planning permission is in place for the whole of the Western Expansion Area and where the major road network design has been approved. We will look at how some changes could be incorporated and which don't involve a completely fresh planning permission."

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A lifeline for city's worst sink estates

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

THREE deprived estates are set to be regenerated.

Milton Keynes Council has put forward The Lakes Estate, Tinkers Bridge and Fishermead as the first estates to be given support in its effort to address the 'deepening divide' between the city's richest and poorest areas.

On December 16 the council's cabinet is due to accept the Neighbourhood Regeneration Strategy, and the first three areas to benefit.

In order to reverse 'the cycle of neighbourhood decline' over the next five years, the city's 19 most deprived areas - which include Fullers Slade, Springfield, Granby and Beanhill – will develop neighbourhood action plans.

'The gap between the more deprived and affluent areas of Milton Keynes is growing': Cllr Isobel McCall

The council has already allocated £240,000 to the project and hopes to attract further money from the South East England Development Agency and the Homes and Communities Agency (formerly English Partnerships).

The estates' residents will decide exactly what the money is spent on. Though Beanhill, Netherfield and Fishermead were named the city's worst estates in this year's Social Atlas, leader of the council Cllr Isobel McCall said the three areas were chosen as pilots because of their wide range of problems.

She said: "The Lakes Estate is quite old compared to the rest of the new city, Fishermead is characteristic of what people call 'doughnut estates', and the Development Corporation area of Tinkers Bridge has quite different issues that need to be addressed.

"The evidence shows the gap between the more deprived and affluent areas of Milton Keynes is growing. We clearly need to take action as quickly as possible."

Not much cycling in city of the car

THE number of people cycling to work has barely risen in 17 years.

Milton Keynes Council's target was to increase journeys by bike from three per cent in 1991 to 12 per cent in 2011. But in 2008 it remains at just four per cent.

The council was due to hear a motion last night by Conservative Cllr Debbie Brock, compelling it to improve cycling.

The motion was made in the light of the rejection of the city's bid for £10million of Government funding, due to its apparent lack of commitment to cycling.

Chairman of Milton Keynes Cycling Forum, Clive Faine, said that the number of people travelling by bike is 'not good enough'.

"Milton Keynes has got a redway system, but the problem is there's a grave difficulty in getting funding to extend or improve or even maintain it. People are stopping using them – police have stopped patrolling them, lights in underpasses are broken, and there are potholes and broken signs.

"Redways were one of the first initiatives separating people and cars, but we are allowing them to fall apart."

Cllr Douglas McCall, cabinet member for sustainable development, said: "The council has got very limited resources. Not getting the money from Cycling England is a Catch 22 situation – they rejected us for the very reason we wanted the money, to encourage more cycling."

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Reporter Laura Hannam gets some advice in bouquet making from Mary Metcalfe

Saying it with flowers

Frosts Garden Centre has opened a brand new building giving it's florist more space to flourish. MK NEWS reporter LAURA HANNAM went along to check it out and try her hand at creating a bouquet.

Tanya Welham removes thorns from a rose stem

EVERY day is splashed with colour if you are a florist and I was met with seasonal reds and golds.

The morning's delivery of 60 crates of flowers and foliage brightened up the entrance to Frosts in Woburn Sands as we stood in the nippy air on an early December day.

Florist Tanya Welham said the festive colours are coming in to help cheer us all up this Christmas.

The delivery that day included roses and exotic species to the more unusual cabbage leaves sprayed blue.

The selection is chosen by staff at the florist, sourced from flower markets in Holland - the 'centre of the horticultural universe' - and flown to the UK overnight.

The crates of colour, delivered twice a week, are carried into the workshop where they are prepared.

I was put to work checking the quality of red roses, trimming the stems and stripping the lower leaves and thorns.

Those robust and healthy enough are taken to the shop floor to be displayed and sold, while those with thinner stems are used for arrangements such as corsages.

As well as buying bouquets customers can choose from a variety of 50 different individual stems and purchase all of the accessories you need to create your own.

I had a go at putting together a hand-tied bouquet under the tutelage of Frosts' florist Mary Metcalfe.

We began by counting out the number of flowers needed for my bunch, which included purple and blue anemones, pussy willow and salvia.

I assembled the bouquet by adding one stem at a time overlapping them to create a spiral.

The salvia, a soft leafy foliage, was used to pad out the bouquet while the three long pussy willow twigs covered in beautiful cotton-like tufts gave a pretty feature sticking out above the flowers.

I felt like you needed at least two pairs of hands but I had no concept of the word 'fiddly' until I tried wiring, a technique florists use to make arrangements such as corsages or button holes.

This is a truly complex skill that involves weaving wire into leaves and flowers to connect them and mould it into the shape you want.

Mrs Welham said: "Floristry is a real art form and each florist has their own style.

"Some like working with tropical plants while others enjoy the Jane Packer style.

"We look at them as a designer and try to select the right person for each job."

In addition to having ten times more space in Frosts' new building, which opened in late November, the florist is now independent giving the staff more creative freedom.

A core range of bouquets is available to inspire customers and made-up options to suit all budgets are available in the shop for those in a hurry.

If you would rather have something different you can just say what colour and price you would prefer and the florist will create your own unique floral display.

Delivery is available seven days a week, both locally and nationally.

The new building also has a food centre offering locally sourced produce, a butcher and delicatessen and a wide range of garden care products.

Milton Keynes Partnership Committee Public Meetings

The next public meeting of the Milton Keynes Partnership Committee will take place on:

Date and time: **Monday 22nd December 2008 from 3pm**

Venue: **University Centre, 200 Silbury Boulevard, Central Milton Keynes MK9 1LT**

For an agenda and more details of the meeting either contact the Committee Secretariat at the address below or view them five working days prior to the meeting on www.miltonkeynespartnership.info

Anyone wishing to address or submit questions to the Main Committee should contact the Secretariat in **writing by 12 noon on Thursday 18th December 2008.**

Milton Keynes Partnership Committee, CBX II 414-428 Midsummer Boulevard, Central Milton Keynes MK9 2EA.

E: committees@miltonkeynespartnership.info
T: 01908 353 636

Milton Keynes Partnership Committee is the agency responsible for growth and development in the 'new city'.

Milton Keynes Partnership

Ten steps to a successful office party

DECKING the halls with boughs of holly for the office party is all very well. But after the event, employers can find it's not always the season to be jolly.

Angela Rhodes, human resources consultant from Crispin Rhodes Ltd takes a look at the potential pitfalls.

You don't have to be a party pooper to keep on the right side of the law, but as an employer you need to be aware of the potential pitfalls of the annual festive bash.

Otherwise you can find yourself facing a number of different grievances and costly claims from employees. Love them or hate them Facebook and Myspace are with us and pictures provide evidence.

Staying informed, taking good advice and putting in place some simple precautionary measures means that everyone can have a safe and enjoyable celebration.

1. REMEMBER THAT YOUR CHRISTMAS PARTY IS A WORK ACTIVITY

A 'works do' is part of work life, and the same principles apply when it comes to looking after your staff at a posh dinner dance or a night at the local ten pin bowling alley.

2. MAKE SURE FOOD AND DRINK IS SAFE AND APPROPRIATE

Whether or not you're doing your own catering, be careful with health and safety issues and sensitive to different religious codes, including those surrounding alcohol. Make sure you have a choice of food and drink, so that everyone feels comfortable, valued and respected.

3. SET BOUNDARIES

At an event where people can let their hair down, people can also be tempted to let their behaviour slide too. It's how you manage the event that makes the difference. Set out some clear guidelines and make sure everyone is aware of them before the event.

4. BE CAREFUL WHAT YOU PROMISE

A couple of drinks and an informal chat with an employee at a party can easily lead to you promising things you didn't really mean. You may not intend to create something legally binding over a glass of wine, but the employee could certainly understand it that way and call you to account in the future.

5. MAKE SURE YOU TAKE AN 'INCLUSIVE' APPROACH

Discrimination (whether intended or not) on the basis of sexual orientation, race, gender, disability, religion ,age or other strongly-held beliefs is a definite no-no. Just one example is If you use an outside venue, make sure the building and the dance floor is accessible to wheelchair users. It's details like these that can save or sink your reputation as an employer.

6. HAVE AN OBSERVER

Choose one of your managers to act as a discreet 'nanny'. If they observe someone drinking in excess or beginning to harass other staff, the observer can have a quiet word and remind that person of their responsibility to the company and to their fellow employees.

7. BE FAIR WITH THE LOGISTICS

Choose a venue that takes into account how far and wide people live .If budgets permit, you could organise transport and/or accommodation as a goodwill gesture and to reduce the temptation for people to drink and drive. Also, issue staff with details of taxi companies and self-funded accommodation options.

8. DELVE INTO THE DETAIL

If you're having a party at your own office premises, spend some time making the space party-safe. Make it difficult for people to put their drinks on top of office equipment and make sure people don't stand on swivel chairs when they're putting up the decorations!

9. SHOW THAT YOU DO NOT CONDONE HEAVY DRINKING

Act wisely when it comes to alcohol and beware of the pitfalls of the free bar. Alcohol-induced fights and other bad behaviour can often be successfully defended at a tribunal once it's known that employer provided the alcohol. Always consider the safety of employees who may not be fully sober the following day, especially if they drive or operate machinery as part of their job.

10. AND FINALLY – ENJOY THE EVENT!

Common sense strategies can save you a lot of money and hassle, both at the event itself and afterwards.

This article has been provided by Angela Rhodes, Crispin Rhodes Ltd, HR Specialists, Milton Keynes, angela@crispinrhodes.co.uk www.crispinrhodes.co.uk

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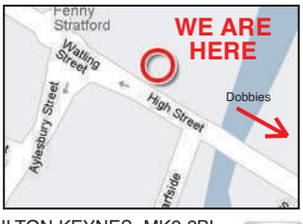

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Sport legends launch kids' skills project

Kart track venue for mechanics course launch

THREE legends of the sports world met at the city's karting track to launch a mechanics course for youngsters.

Two-time Formula One World Champion Mika Hakkinen, tennis hero Boris Becker and All Black captain Sean Fitzpatrick met young people from Milton Keynes at Daytona Race Track.

All three celebrities are members of the Laureus World Sports Academy and launched the academy's Sport for Good Foundation, funded by the MotorV8 project in Milton Keynes.

Motor V8 is a community outreach programme which aims to broaden the mechanical skills of young people to improve their employability and provide activity for them inside and outside school hours.

The youngsters included drug users, young offenders, people with physical disabilities and immigrants who find integration difficult.

Mika, Boris and Sean rolled up their sleeves and helped during practical sessions at the go-karting centre.

Top: Mika Hakkinen is mobbed as he takes a track walk with some of the children at Daytona during the launch of Laureus Sport for Good MotorV8 programme

Above: Derren Wooloff gets a ride from Mika

Above left: Tennis hero Boris Becker

Left: Mika checks out kart mechanics

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Jonathan Cropley, Samantha Thompson and David Gale from the MK NEWS receive the award from Newspaper Society president Michael Pelosi.

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:: Second place winner of the Newspaper Society's 'UK Sports Photographer of the Year Award'

:: Third place winner of the Newspaper Society's 'Best Niche Publication in the UK Award' for the MK News Christmas magazine.

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Daily signing sessions at Xmas display

SHOPPERS who visit the Christmas display at thecentre:mk on Sunday will be able to 'see' and hear the storytelling tales in deaf signing.

For several years, thecentre:mk has provided Braille signs alongside each display to enable people with visual impairment to understand and enjoy all the scenes.

In 2006 pictorial aids were introduced alongside Braille signs to enable more people to enjoy the visual and sensory experience of wandering through the display.

Now for the second year running, deaf people will have the opportunity to enjoy the animatronic characters – Grumblesocks the Wizard and the Tree's storytelling sessions.

The signing sessions will take place from 1pm through to 2.30pm.

Mail centre workers to strike for 24 hours

A STRIKE at the city's mail centre is set to delay post during the Christmas rush.

Members of the local branch of the Communication Workers Union (CWU) have voted to take industrial action against plans to close the mail centre in Dawson Road, Bletchley.

The 24-hour strike is due to be held on Friday, December 19 from 6am until 6am on Saturday, December 20.

The union is fighting plans to move the centre's processing operations to Northants from 2010 claiming up to 600 jobs will be at risk in Milton Keynes.

Paul Moffat, eastern region secretary of the CWU, said a ballot which included 56 per cent of its members came out in favour of industrial action.

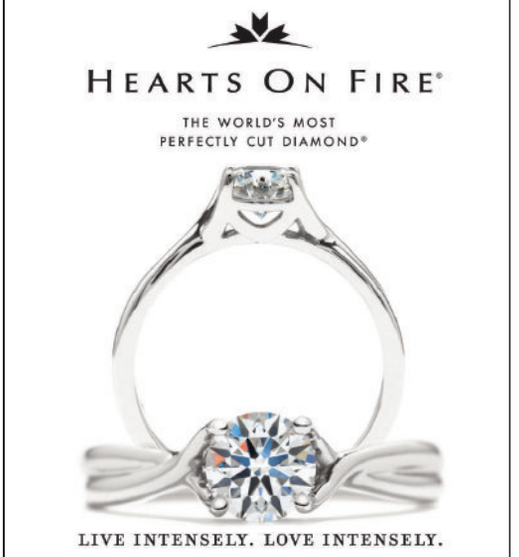
The union met with Royal Mail bosses on Monday but discussions have so far failed to reach a conclusion.

"Royal Mail has said it will not negotiate on current closures in the pipeline," said Mr Moffat. "They have backed us into this position. The strike will delay mail but we have chosen to take only one day to lessen the impact."

More than 500 people marched through Bletchley last month in an effort to save the centre.

A Royal Mail spokesman said it has not been notified by the union of the planned strike in the city.

"We continue to be focussed on getting the Christmas mail delivered," he said.



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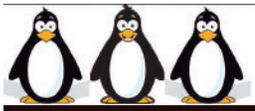

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(Gates open at 8.45am)

Kings Court Chapel
(A part of The Redeemed Christian Church of God)

Fruit-based soft drinks for drivers

MK Dons star helps promote 'mocktails' as part of drink-drive' campaign

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

AN MK Dons player is to help promote alcohol-free cocktails as an alternative to drink driving.

Footballer Paul Mitchell will be joining drivers of all ages to sample a mix of drive-safe cocktails as part of the national 'Don't Drink and Drive' Christmas campaign.

Organised by Milton Keynes Council's road safety team, the event will be held on Thursday, December 11 at Midsummer Place, Central Milton Keynes.

Footballer Paul Mitchell

In the last three years, 225 people lost their lives or were injured as a result of drink-driving in Milton Keynes.

To change the perception that non-alcoholic drinks are boring, a wide selection of mind-blowing mocktails, alcohol-free cocktails, will be made at a temporary bar during the event by a professional barman without using a single unit of alcohol.

All Midsummer Place visitors will be given an opportunity to taste the freshly-made cocktails and leaflets with easy-to-prepare mocktail recipes will be available from the Ice Gems Cheerleading squad, who will be entertaining the crowd.

Vince Morley, road safety officer at Milton Keynes Council said: "Often motorists have a perception that non-alcoholic drinks are boring and as a result choose to drink-drive.

"There is no foolproof way of knowing how much an individual can drink and still drive safely.

"We would like to encourage all drivers to choose non-alcoholic drinks during this Christmas and New Year celebrations and have a true night to remember, rather than a night to forget."

Car stolen from drive after engine was left running

A WOMAN'S car was stolen from her driveway after she left the engine running.

The incident happened at 6.50am on Wednesday morning in Saltwood Avenue, Kingsmead when the woman left her BMW running to warm it up while she went back inside the house.

The car was on a gated driveway so she believed it would be safe but the thief used the fob on the car keys to open the electric gates.

Crime prevention adviser Ed Allington said: "Thieves will be out looking for exactly this kind of opportunity on cold mornings.

"I would urge everyone with a vehicle not to leave it running or the keys in the ignition while de-icing."

Monica Harris and Mandy Caukwell in the Conniburrow office with part of the library

Charity still in the red despite support

DESPITE huge support from the community a children's charity under threat of closure is still in thousands of pounds of debt.

Conniburrow-based MK ADHD, which will have to fold in January if it does not raise more than £10,000, has received fundraising pledges from local organisations such as Sainsbury's and the Salvation Army.

Last month the charity revealed that it had been phoning storage companies because it did not have enough money to continue helping families affected by behavioural disorders.

The Attention Deficit Hyperactivity Disorder organisation owes £8,000 for last year's rent and £2,000 for its bills - as well as needing money for the next year.

Founder Monica Harris said: "It is great to hear from so many people how much they want to help us. But we are still in £8,000 debt. And what about next year's money? We've just got to keep on trying.

"More and more people need us than ever. We have had emails from people saying how much our work benefits the community. New guidelines have said that ADHD also affects adults so lots of people are relying on us. But if we don't get enough money we will be packing up next month."

Council wins euro technology award

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

THE council has picked up a European award for helping people access technology.

Milton Keynes Council is celebrating a win at the finals of the European e-inclusion awards, for bringing the benefits of better health-care and new technology to the people of the city.

The council was one of 35 finalists from across Europe and was recognised for its work connecting the community of Milton Keynes to the advantages of new technology.

The awards were announced at a European ministerial conference in Vienna.

Over the last year the council has loaned more than 680 computers to people in the city that could not afford to buy a PC and, in partnership with Microsoft, has been able to supply software to go with them.

A network of 15 drop-in Digital Service Centres offering computer access and ICT training have also opened across the city based in community facilities, such as places of worship and family centres.

This is why the council has been successful in the Cultural Diversity category of the e-inclusion awards, sponsored by the European Commission.

Cllr Phil Gerrella, cabinet member responsible for technology, said: "This award is a triumph for Milton Keynes and recognises that the council's work in helping to lift the disadvantaged in our community out of the digital slow lane is being rewarded at the highest of levels. "

Leave a light on when out

POLICE are reminding people to make sure they do not leave their house in darkness this winter.

Traditionally winter sees an increase in burglaries, especially closer to Christmas.

Milton Keynes Crime Reduction team urges residents to use light timer switches to make their houses look occupied when no one is home.

This will reduce the risk of their property being targeted by burglars - thieves are much more likely to target a house in darkness and clearly unoccupied.

Crime Reduction Advisor, Ed Allington said: "At this time of year, thieves are looking for opportunities and they will target houses in darkness.

Samba band and Brownies benefit

BROWNIES, Islamic art and a samba band are the latest project to benefit from grants.

Last month the Milton Keynes Community Foundation awarded a further £32,873 in 'grassroots grants'.

Newport Pagnell Brownies will now be able to fund a pottery evening and bowling games; MK Money and Advice can expand their service; the Wolverton samba band Lobo Tren will buy a stock of new instruments and MK Islamic Art Heritage & Culture will run art workshops.

Grassroots Grants aims to make a real and immediate difference to the work of Milton Keynes' small and local community groups. Awards are made to both new and existing projects including those supporting health issues, arts and culture, children and young people, the elderly and people with disabilities.

At the foundation's winter reception, chief executive Julia Upton said: "At a time when the financial crisis shows no sign of easing it is even more important that we all support our local charities, as they will be in the front line coping with the human fall out of recession.

"The foundation is working hard to not only maintain but to increase its funds for grant-making and with the Endowment Challenge scheme, for donors there has never been a better time to give."

■ For more information on whether your group is eligible for funding call 01908 690276 or visit www.mkcommunityfoundation.co.uk/grants.

Sally Fennemore of MKSnap, Warren Brearley, MD and Anthony Murphy, sales manager of Mercedes-Benz of Milton Keynes at the new MkSnap building with the ML -Class won on the night

Festive fayre raises £3,000 in three hours

MORE than £3,000 was raised in just three hours at the Mercedes-Benz of Milton Keynes Truly Festive Fayre in aid of MKSnap.

Over 300 people enjoyed shopping heaven for the festive season, 40 stalls and fun competitions, a bazaar of glamorous clothes, dazzling accessories, inspirational gifts and scrumptious delicacies all provided by local businesses.

Fundraising competitions including a roll-a dice competition to win a smart car; Waitrose sponsored a wine and cheese tasting and a pink champagne raffle for a case of champagne.

The retailer provided an ML-Class weekend drive won by Anne Allen from Extracare and each stallholder provided a gift to swell the Grand Draw on the night, which alone raised almost £800.

Mercedes boss Warren Brearley said: "This is the third year running that we have held this style of event for MK Snap and we are delighted to have raised almost double the money for the charity this year.

"This year the shopping experience seemed as popular with the men as with the women and we were delighted that so many people turned out to support us. We are also very grateful to the Taipan restaurant for providing an excellent oriental buffet for our guests, which added a new dimension to the event."

Santa's tour a help to grandparents' group

MILTON Keynes and Bletchley Round Table has started its festive fundraising activities with a Santa tour.

Father Christmas and his sleigh will be seen at the Bletchley Carol Service at Bletchley Park on Saturday, December 13 from 5pm.

He will also be touring Newport Pagnell Poets Estate on Sunday, December 14, Bletchley Poets Estate on Wednesday, December 17 and finally Newport Pagnell Rivers Estate on Sunday, December 21.

The tours will run from 5.30pm until 8pm.

Santa has already visited Castles Estate in Bletchley, where people donated a total of £220 to the nominated charity, The Grandparents Support Group.

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MKNEWS BRIEFS

A bit of give and take

A FUNDRAISING innovation has been launched in the county.

Buckinghamshire is one of five areas that have been chosen to pilot Cancer Research UK's new Give Take Donate scheme.

The idea is based around a website where 'Givers' donate their skills, such as guitar or yoga tuition, and allow others to take up that skill.

Rather than paying the 'Giver', the 'Taker' of the skill can then choose to make a donation to Cancer Research UK, which goes directly towards the charity's life-saving work.

To take part visit www.givetakedonate.org

Trust pipped to top award

THE local health service was pipped to the post after being shortlisted for an award.

Milton Keynes Primary Care Trust's commissioning division, known as NHS Milton Keynes, was shortlisted for the Primary Care Organisation of the Year Award in the Health Service Journal's annual awards, but was beaten to the prize by Sandwell Teaching PCT.

The shortlisting was recognition of the efforts NHS Milton Keynes has made to transform the organisation; achieve sound financial balance; engage with the public and clinicians in decision-making and negotiate contracts that include clear specifications for improving quality of care.

Do do sex on the cheap

DON'T let the credit crunch stop you practising safe sex.

This is the call of the city's health service, which is worried that as the Christmas season starts it might be tempting to skip buying condoms to save some cash.

Wearing condoms, and using them correctly, is the only way to protect against sexually transmitted infections (STIs), including chlamydia, HIV, hepatitis B and gonorrhoea.

Sue Frossell, consultant in public health at NHS Milton Keynes, said: "Make sure you splash out on a packet of condoms – at about £3 for a packet of three, it costs around the same as a pint."

Young people under the age of 25 can get free condoms and sexual health advice through the C Card scheme at Brook MK, Acorn House, 355 Midsummer Boulevard.

Free condoms are also available through family planning and sexual health clinics to people of all ages.

Road safety check nabs speeders

OFFICERS from Thames Valley Police Roads Policing department, in support of the local neighbourhood team, carried out a road safety operation recently in Stoke Hammond.

The aim of the operation was to help tackle speeding, defective vehicles and people driving with no insurance.

Residents in the Stoke Hammond area have expressed concerns about speeding in the village, through their Neighbourhood Action Group.

A number of motorists were stopped, and six fixed penalty notices were issued for excess speed, and one vehicle was seized for not having any insurance. Speeding motorists were also given the opportunity to attend speed reduction workshops, if their speed fell within the appropriate threshold.

Neighbourhood Specialist Officer PC Frank Callaghan said: "This check was part of an ongoing series of road safety checks being carried out by Roads Policing officers from the Aylesbury and Milton Keynes bases. We will continue to focus on rural communities in North Bucks in the run-up to Christmas. Officers will be clamping down on speeding, as well as checking seatbelt use, targeting uninsured and drink drivers."

Baby healthcare better

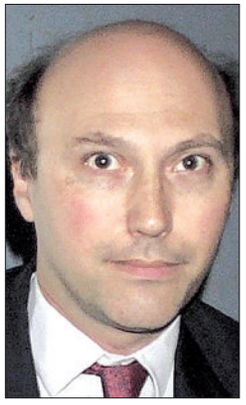
AGENCIES are working well to reduce infant mortality rates, according to a new Government team which interviewed health-care and council staff.

Work is being done to reduce the numbers of infants from deprived areas dying before their first birthday by ten per cent.

Dr Nicholas Hicks, chief executive of NHS Milton Keynes, said he was pleased with the outcome: "However there is still much work that needs to be done to ensure all infants, regardless of their social background, get the best start in life."

Getting to see a doc difficult survey finds

– but two thirds of residents are happy with their local NHS



'Trying hard to listen to what local people are telling us': Dr Nicholas Hicks, chief executive of NHS Milton Keynes

TWO thirds of residents are happy with NHS services according to a survey.

An ICM poll of people revealed 67 per cent of the 1,100 respondents said they were happy with the NHS services in Milton Keynes.

This is an increase from the 48 per cent who said they were happy in a survey done eight months ago.

A third said they find getting an appointment with a GP difficult, while three quarters of respondents reported they were happy with the services provided by their GP.

And while 36 per cent of the respondents would speak highly of the local NHS, 44 per cent said they would be neutral about it.

NHS Milton Keynes, which commissions all health services in the city, has an annual budget of more than £300million.

Dr Nicholas Hicks, chief executive of NHS Milton Keynes, said: "Overall, the results of the second wave survey are heartening. We are trying hard to listen to what local people are telling us about the improvements that they feel need to be made and putting in place measures to address them.

"NHS Milton Keynes will continue to work to improve the health of local people by ensuring they have access to convenient, safe and high-quality health services."

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Wagamama
From now until 31 December all customers will receive vouchers with their bill. The vouchers can be redeemed from 2/01/09 until 25/01/09 and include 2 main meals for 1, a free side dish for each main meal purchased or a free drink with each main. There is also a chance to find and win the golden ticket voucher worth £10!

M&S Offers
There's 20% off all Jewellery and Autograph gifting and an amazing 30% off Autograph sleepwear and lingerie. The Dine for £10 offer also runs from 11 – 14 December.

Meet chef at John Lewis
Franck Pontias from Ready, Steady, Cook fame is appearing in John Lewis on Saturday 20 December to demonstrate his cookery skills and sign copies of his new book, Terrines and Verrines. Meet him from 9.30 - 3.00 in the Kitchenware department on the first floor.

Letters to Santa
Father Christmas will reply to letters that have been posted in the pillar box in the Toy department on the first floor of John Lewis, but he needs a return address! The deadline for incoming letters is Saturday 13 December.

Minuet Petite

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Starring Legendary TV and film actor Henry Winkler as dastardly Captain Hook the bad guy you'll love to hate, Strictly Come Dancing favourite Louisa Lytton as Peter and hilarious comedian Andy Ford as Smee, this will be an adventure you will never never forget!

Peter Pan is showing at Milton Keynes Theatre from December 5 to January 18.

Hook your tickets now by calling 0870 060 6652 (booking fee) or visit www.miltonkeynestheatre.com

The tickets are for a maximum of two adults.

HOW TO ENTER

All you have to do to enter is tell us where Hook's hook is in the picture above. Send your answer on a postcard to MK NEWS, 1 Diamond Court, Fox Milne, MK15 ODU or by e-mail to competitions@mk-news.co.uk.

The first correct answer drawn out of the hat wins. The editor's decision is final and the closing date for entries is Tuesday, December 16.

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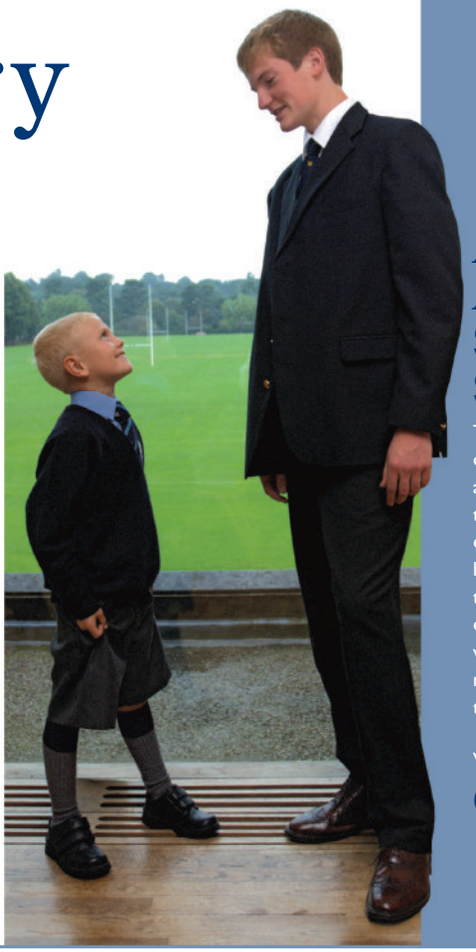
The Registrar: tel 01234 362217



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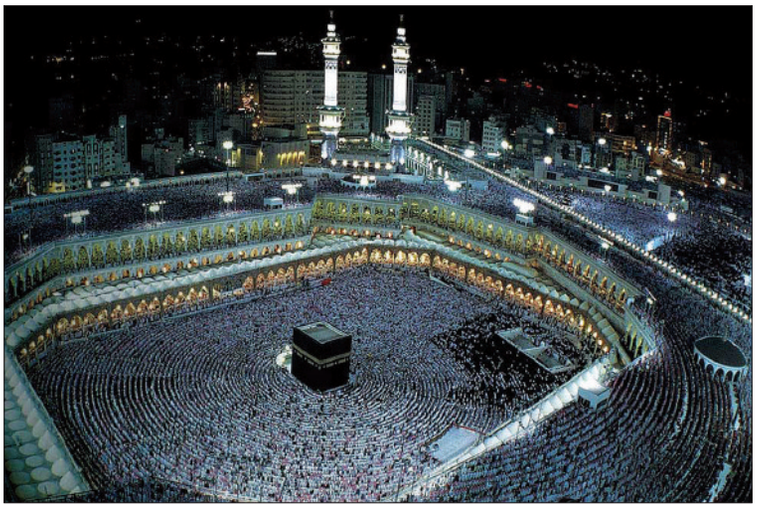

Millions of Muslims arrive to pray at the Kabah during Hajj

Muslim group members make Mecca pilgrimage

MEMBERS of a Muslim group are making the journey from Milton Keynes to Mecca this month.

Eight people from the Milton Keynes Muslim Association are taking part in the pilgrimage of Hajj, to Saudi Arabia.

It is estimated two million Muslims from all over the world will be making the journey which all followers are required to undertake once in their lifetime.

In the centre of the Sacred Mosque in Mecca is the Kabah, a large building toward which Muslims face during their prayers.

One MKMA member and former pilgrim said: "The whole Hajj experience was beautiful, from laying eyes on the Kabah for the first time to seeing all the pilgrims dressed in white, standing equal on the Mount of Arafah, all praying to God.

"I found Hajj to be a humbling experience, seeing pilgrims praying and worshipping together regardless of race, skin colour or social status. The rich and poor, men and women, young and old, people from countries all over the world, all gathered in one place to worship one God. I felt very blessed to have been on such a spiritual journey."

■ MKMA is holding its third Eid Extravaganza at Bletchley Leisure Centre on Saturday, December 13 from 11am-6pm, with stalls, food, an MK Dons football target and bouncy castle. Proceeds will go towards building the Islamic Community Centre in Coffee Hall. For more information call 07960 011559.

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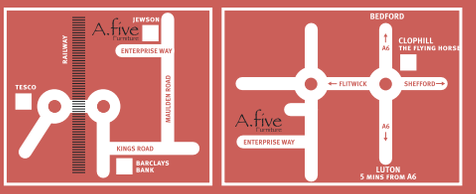

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Elaine Boddy at the launch of Love Your Body

Be happy with your Boddy

AN image consultant in Milton Keynes has launched an inspiring campaign for the city and is encouraging everyone to Love Your Body in 2009.

Elaine Boddy is challenging everyone in Milton Keynes to ignore the usual January pressures to change yourself and make impossible New Year resolutions, to stop trying to look like the perfect celebrity images we see in magazines and on television, and to start on a positive path towards recognising the beauty of you and loving the body you've got.

Driven by her own history of weight challenges and digestive issues, Elaine has worked hard to overcome them with the help of the right advice, and created Love Your Body in the hope that she can help others find the perfect solutions for their bodies, without wasting their time or money trying to find their answer.

Elaine said: "So many of my clients are unhappy with their bodies. I have struggled with weight all my life, I know how it feels not to like yourself and to have a body that doesn't work properly and it makes you feel horrible. I want to save anyone else from feeling like that. We are all lovely and unique and we only get one body, we need to be able love that body and get the most of it and enjoy every day".

The Love Your Body campaign aims to encourage you to discover the best ways to enhance your life and your health through a very strong, positive message and is supported by the website loveyourbody.me where you'll find a range of professionals who all work in the same positive vein of encouraging people to be happy and to love themselves.

Elaine launched her campaign at a special lunch held at De Vere Harben in Newport Pagnell last Wednesday.

■ Visit www.loveyourbody.me for more information.

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Engineering accolade

A SCHOOL has been praised for outstanding achievement in sustainable engineering and manufacturing.

Denbigh School was presented with The Rolls-Royce award at the Specialist Schools and Academies Trust's (SSAT) national conference in Birmingham recently.

The award highlights the work the school has done to promote the teaching and learning of engineering.

Last year Denbigh introduced an A-level engineering course studied by 15 students.

Sarah Parker, head teacher at the school, said: "Denbigh School is very proud to receive this award as it recognises the innovative approaches to teaching and learning demonstrated by our staff and students.

"We would particularly like to thank our industrial partner, Niftylift Ltd, for giving students the opportunity to work alongside experienced practitioners who are inspiring the next generation of engineers."

As part of the partnership with Niftylift Ltd, students have been given the opportunity to work on real engineering problems and engineered working prototypes of their designs. One design, which reduced the assembly time and the company's energy consumption and costs, was recently adopted and placed into production.

Elizabeth Reid, chief executive of SSAT, said: "The strong relationship Denbigh School has created with Nifty Lift will provide more young people with opportunities to succeed in education and in the workplace."

Graham Schuhmacher of Rolls-Royce, Denbigh School head teacher Sarah Parker, Nick Joyce of Niftylift and sssistant head teacher Thornton Taylor receiving the award

Key role for students in 'Staying Safe' conference

STUDENTS have played a key role in a conference focused on safeguarding children and young people.

Eighteen travel and tourism pupils from Milton Keynes College worked with the Milton Keynes Safeguarding Children Board (MKSCB) to host its third annual conference at the Jurys Inn in the city centre.

'Staying Safe in Milton Keynes – Time for Action' was attended by over 150 people from organisations including the council, Primary Care Trust, voluntary organisations, the NSPCC, schools, Thames Valley Police and Probation Services, HMP Woodhill and Oakhill STC.

The conference raised awareness of hard hitting issues that affect children and young people from bullying in the corridors of school to sexual abuse online.

During workshop sessions delegates heard how city childrenare being empowered to mediate disagreements between peers at school, what organisations are doing to end child trafficking, how Milton Keynes Council carries out its role as a corporate parent and how the college has based its own bullying strategy on the views of its own students.

Olympic ambassador visits

PUPILS at Wavendon Gate have had an Olympic visitor.

James was a Young Ambassador for the Milton Keynes School Sports Partnership as part of the British Olympic Foundation's Olympic Youth Challenge.

He was in Beijing for the games – one of only four young ambassadors to go.

Lisa Munday, deputy head teacher, said: "At a recent school assembly we covered the topic of dreams and wishes.

"We couldn't have had a better example of how we can aspire to achieve our aims and ambitions – James was an inspiration to us all."

James added: "I felt a very warm and welcoming atmosphere as soon as I entered the school, which really made me feel at home.

"I was very impressed by the politeness and maturity of all the students and I hope I have inspired them to get into sport and lead a healthier lifestyle."

James is now looking forward to continuing his successes in the field of mountain biking and, hopefully, a place in the 2012 Olympic team.

Brick in the wall

THE deputy mayor of Milton Keynes has placed the final brick in the new sixth form block at Oakgrove School.

Cllr Euan Henderson attended the topping out ceremony at the end of last month.

Head teacher Peter Barnes was also presented with a commemorative engraved trowel, to mark the landmark moment.

The event celebrated the structural completion of the final phase of building work at the school which includes sixth form areas, a new teaching block and dance studio.

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N/WORLD NW90GDO..... £742.82 £619.02
CANNON 10456G..... £729.99 £609.02
LEISURE RCM10CRS..... £849.99 £708.01
CANNON 10755G..... £1021.20 £851.00

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F.PAYKEL DD605IH..... £798.00 £665.00

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Bowl gig DVD a top Christmas seller

Fans get to re-live Linkin Park show

FANS are re-living the biggest music gig in Milton Keynes this year as the DVD of Linkin Park's show flies off the shelves.

The band's newest album Road To Revolution: Live at Milton Keynes includes a DVD from the National Bowl gig and has already proved a hit among shoppers.

One fan, Helen Warner, from Stony Stratford, said: "It brings back all the memories from a fantastic day.

"It's nice to know that a gig in Milton Keynes will be appreciated in America."

The double-disc set captures the band's June 29, 2008 show, when almost 50,000 people turned out for the city's biggest summer event.

Many of those turned out especially to see support act, rap superstar, Jay-Z, who also features on the CD.

The CD/DVD set highlights a mix of new hits, including latest single Leave Out All The Rest, classic tracks such as Breaking The Habit and Crawling and two special performances, Jigga What/Faint and Numb/Encore, featuring Grammy winning Jay-Z.

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Carer Val a Golden Wonder

FULL time carer Val Price is a winner of the Golden Wonder awards 2008 for her inspirational work running a support group to help stroke survivors and their families.

Val, whose wheelchair-bound husband Ken is a stroke survivor acts as a co-ordinator for the Milton Keynes branch of Different Strokes - a support group for stroke survivors.

Now her work helping stroke survivors return to normal life has won an Inspirational Individual honour in the Golden Wonder awards jointly run by Milton Keynes Council and Age Concern to promote the work over 55s do to benefit the community.

The other main award winner was Millie Rowe for all that she has done for the visually impaired, including her work with Sound News and with the Eye for Art Club inspiring confidence in people to try out art. Both Millie and Val receive £500 to spend on community projects of their choice.

Val and Millie are part of a group of 19 people to receive honours for their work running community groups and projects at the awards ceremony to be held from 6pm on December 8 at the Civic Offices.

> The Golden Wonders awards highlight the wonderful and often unsung work that the over 50s do in our community These winners are clearly making a difference
>
> **– Cllr Rosemary Drewett**

Other Inspirational Individuals who were recognised and thanked include:

■ Peter Hughes runs LETS, a free exchange service for goods and services, and is a director of Fairtrade community shop SUST!

■ Richard King works as a volunteer and is a member of Sathya Sai Centre which encourages people to get involved in educational, medical and social projects.

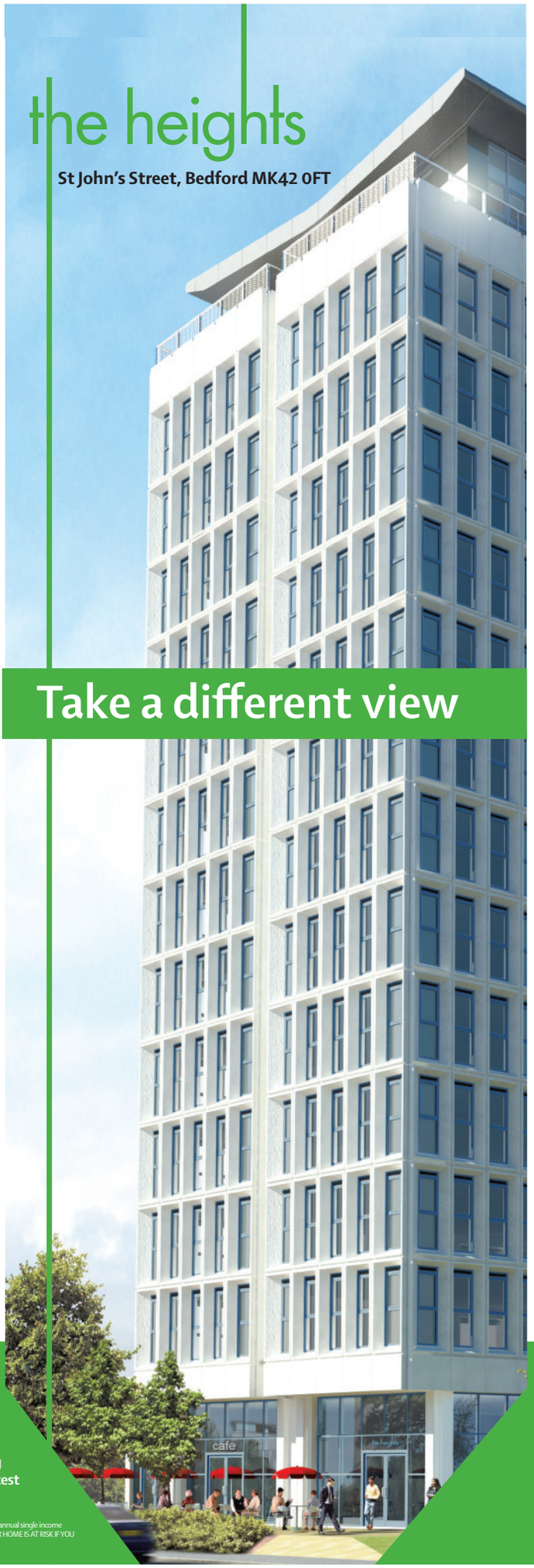
■ Community entertainers Margaret and Mick Manning are founder members of the New City Slickers, an old time musical group who sing and entertain people in housing schemes and day centres.

■" Indira Thakker is an enthusiastic lady who devotes much of her time to making and knitting clothes for those living in undeveloped countries and war zones.

In the Community Project category there were two groups to be recognised and thanked: the African Caribbean Lunch Club (Jeanette and Wesley Brown and Elaine Brown) and the Petworth House Social Club Committee (Alma Blayney, Louise and Arthur Burr, Thelma Edwards, Pam Kerr, Val Martin, Ann Stevens, Hazel Wheatcroft and Rene White).

Cllr Rosemary Drewett, cabinet member responsible for adult social care, said: "The Golden Wonders awards highlight the wonderful and often unsung work that the over 50s do in our community.

"These winners are clearly making a difference to the lives of people in Milton Keynes and as such their efforts should be applauded."



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MKNEWSBRIEFS

MK Age Concern award winners

AGE Concern Milton Keynes has picked up a national award.

The charity has been given a matrix excellence award at the Institute of Directors in London recently.

It was one of only twelve organisations chosen nationally.

Age Concern was given the award in recognition of 'an impressive range of initiatives benefitting hundreds of individuals across a wide geographical base'.

The matrix standard is a national quality standard led through the Department for Innovation, Universities and Skills (DIUS).

Jane Palmerfrom Age Concern said "The matrix journey has been a tremendous boost to our workforce. We are thrilled to have our work recognised in this way and I would like to thank Ann Lark, Carol Older and Nick Stacey who have worked hard to bring about a positive difference in the way we all work as a team."

Raffle raises Macmillan cash

A CITY resident who lost his wife to cancer has raised £520 for the Macmillan Unit at Milton Keynes Hospital.

Ronald Ramswell, his son Raymond and Sharon Shachar, held a raffle at Bletchley and Fenny Stratford Working Men's Club in memory of Lillian Ramswell, known as Lil, who was diagnosed with lung cancer and passed away in August 2008, aged 78.

Ronald, 77, said: "I know that staff did their best to make my wife comfortable during her illness.

"Cancer treatments are advancing all the time and I know that the money will be used to make a positive difference to lives. "

The Macmillan Haematology Oncology Day Unit at the hospital is vital for the treatment of local people affected by cancer.

Alison Sandaver, Macmillan Unit Manager, said: "The funds will go towards supporting the care being provided to cancer patients and help the hospital in its is fight against the cruel disease."

Kids can fly with Santa

CHILDREN and adults will have the chance to fly with Santa this Christmas.

Santa will be jumping into the Airkix indoor skydiving tunnel with customers, at the Xscape Centre, Central Milton Keynes, from December 16.

Everyone who flies will receive a present from Santa afterwards.

For more information visit www.airkix.com or call 0845 331 6549 to book a flight.

Pensioners treated to tea party

EIGHTY pensioners enjoyed a day of bingo, choir singing and tea during a Christmas tea organised by police community support officers.

Newport Pagnell PCSO Dave Huckle and his team of helpers organised the event on Wednesday at Ousedale School.

The school choir and bands provided the entertainment, Santa handed out gifts and a raffle prize donated by Anker International.

PCSO Dave Huckle said: "The students involved should feel very proud.

"It was nice to see all generations joining together and having such a great time."

Cervical cancer jabs programme

VACCINATIONS to help protect young women against cervical cancer are to be given this month.

The second dose of the Human Papillomavirus virus (HPV) vaccinations are being given to girls aged 12 and 13 in schools over the next three weeks.

Milton Keynes Primary Care Trust is implementing the vaccination programme as part of a national campaign to help protect young women against HPV, which can lead to cervical cancer.

Three doses of the vaccine given over a six month period are necessary to provide the optimum protection.

In Milton Keynes schools, the uptake for the first dose earlier in the autumn term was 86 per cent, exceeding the target of 80 per cent.

MKANNOUNCEMENTS

Birthdays

Sandra Oxley
Hapy 60th Birthday
10- 12-2008
Have a great Thyme!
Love from Juliet, Jason, Ryan, Lauren, Micheal & Derek

Happy 18th Birthday
DANIELLE SUTHERLAND

Love Mum, James, Ben and all the family XXXX

Look Who's 80
JOCK YULE
Happy Birthday

Lots of love Sylvia, Heather, Leigh, Matthew and great granddaughter Courtney XXX

BOB ELFORD

Happy 99th Birthday DAD
12th December 2008
Love and best wishes Bob, Jean and all the family

BRENT SABEY

Happy Birthday 40 today!
Lots of love Vicki, Kayleigh, Danni & Family xxx

STEPHEN GRANT

Happy 21st Birthday on 9th December Love from mum, dad, Lorraine, Aunties and all family and friends xxxxx

LEICH JAYNE FIELD
née Nightingale
Happy 50th Birthday
7th December 2008
All our Love from Mum, Lorraine, Mike and girls, Vicky, Michael and Jack, Mark, Julie and family (Australia).

Happy 21st
Princess CLARE

3rd November
Everyone looked beautiful.
Love Dad, Mum, All the family

Pasq
HAPPY 21st
6th December 2008

Love always
Lianna
xxx

MAGGIE COOPER

Happy 60th Birthday
Lots of love from all the family xxxx

BOB SAVAGE
Happy 50th Birthday
Love
Jane, Adam & Thomas

DR MICHAEL FAYEYE
Happy Birthday
To a WONDERFUL and VERY SPECIAL Father! You have done more than is expected and more than anyone could have imagined! It is thanks to you that we are the people we are today. We love you!
The gang of four

Happy 60th Birthday
YVONNE SOWERBY
Lots of love from Geoffrey, Mark, Giles, Lawrence, Sarah, Zoe and Tamsin XXX

SHAY QUIGLEY-SIMMS

A special little man our love and best wishes on your **Christening Day** Sunday 7th December
Happy 1st Birthday Monday 8th December
Love and kisses nanny, grandad and uncle Micheal Quigley xxxxxxx

MICHELLE LIGHTFOOT
21
3rd December 2008

Hope you enjoyed the party
Love Mum, Dad and Samantha

Marriages

RANDALL-STARLING
Congratulations
NEIL & HELEN
On your marriage at Woburn Sculpture Gallery on
20th November 2008
It was a great day and we hope you enjoyed your honey moon in Mauritius.
Love from the Randall family xxx

Anniversaries

PAT & JACKIE SHARP
7th December 2008

Congratulations on your
Ruby Wedding Anniversary
Love Nicky, Ade, Eric and George, Jason and Kay

In Memoriam

AMES Joan In loving memory of our dear sister-in-law Joan. Passed away 5th December 1997. Also our dear brother Len and loving husband of Joan. Passed away 31st December 2004. Always remembered by Sylvia, Kathie, Molly and family.

In Memoriam

RICHARD HORRICKS
27th February 1979 - 7th December 1996
As time unfolds another year,
Memories keep you ever near,
So many thoughts of times together,
Our memories of you will last forever.
Love
All the family

In loving memory of
DOT ROBERTS
Passed away 8th December 2007
Treasured memories of a dear mother, grandmother and a friend. Remembering you is easy, Your light will never fade.
Love from Richard Pearl and family

In memory of
GRAHAM CLAYTON
Six years on, always in our hearts, and now at the heart of the village too.
Love you, Lynne, Sam and Kelly.

LESLIE JOHN NEWMAN
In loving memory of a dear friend who died 8th December 2007
Much missed and not forgotten
Love from Vera, Tillie & family xx
Rest In Peace

RONALD JOHN HORN
12th December 2006
To hear your voice,
To see you smile,
To sit and talk with you a while,
To be together in the same old way,
Would be our dearest wish today.
Brilliant to live with,
So hard to live without.
All our love Dorothy, Linda, Adrian, Jessica and Amy.

SYLVIA & GEORGE HIRST
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Festive food on offer at thecentre: mk

Enjoy festive food while shopping

SHOPPERS have the chance to taste some festive food this Christmas.

thecentre:mk, is playing host to a festive Christmas fayre, selling heart warming food and drink to celebrate the yuletide period.

Traditional roast turkey, roast beef and pork are available, served with a choice of mini roast potatoes, rolls and stuffing.

For dessert there are crepes or roast chestnuts. Drinks include hot cider, mulled wine and hot/cold non alcoholic drinks.

There is also a daily offering of children's food.

Jackie Tracey, events manager at thecentre:mk said: "Santa Claus, log fires, stockings by the tree, traditional Christmas music and films all combine to make that perfect Christmas. However, to top off that perfect magical Christmas the food has to be wonderful. Why should it be any different when you're out shopping?"

Council awards celebrate Ofsted results

SCHOOLS, childminders, pre-schools and nurseries have been congratulated for their Ofsted results.

Services in Milton Keynes which were rated as good or outstanding in the 2007 to 2008 Ofsted inspections were officially congratulated at Acorn House in the city centre.

The awards celebration was the first of its kind for the city and deputy mayor Euan Henderson awarded certificates to pupils, teachers and child minders.

Milton Keynes Council now intends to make the awards celebration a regular event.

Cllr Henderson said: "This event was a superb opportunity to officially congratulate and recognise the hard work of our childminders, schools and nurseries.

"We're proud of all our schools and education providers, and it's no mean feat to be awarded a good and outstanding rating by Ofsted. Everyone involved should be extremely pleased with their achievement."

Twenty-one schools, 15 childminders and six others including nurseries, preschools and care clubs were congratulated.

■ For the full list visit to www.mk-news.co.uk

Christmas Park & Ride

With Christmas fast approaching, finding an empty parking space is never easy - but there is another option. the Christmas Park & Ride service is frequent and inexpensive so why not give it a try?

A return trip from both the Ecopark site in the west and The Bowl site in the east costs just £1.50. For £2.50 a multi-person saver fare is available, allowing between two and five people to travel at the same time on one ticket and parking is FREE - what a bargain!

ECOPARK

Thanks to the co-operation of the Gulliver's Land management, Milton Keynes Council is able to provide a new Park and Ride site for Christmas 2008.

Operating seven days a week, The Eco Service will provide a ten minute service at weekends and a fifteen minute service into CMK during the week between 29th November and 31st December (excluding 25th and 26th December).

A Saturday service will operate on the 24th, 29th, 30th and 31st December.

On your return journey, you can board at stops J3 (The Point) and D3 (Food Centre) for the Ecopark.

THE BOWL

Thanks to the continuing co-operation of Gaming International and English Partnerships, Milton Keynes Council is able to provide the Park and Ride site at The Bowl for Christmas 2008.

Operating at weekends only for 2008, The Bowl service will provide a twenty minute service into CMK starting the weekend of 29th/30th November up to 27th/28th December.

On your return journey, you can board at stops D4 (Food Centre) and J4 (The Point) for The Bowl.

Outside of the core Park & Ride hours shown in the timetable, Service 200 will continue to run between Milton Keynes Central Rail Station and Northfield roundabout.

For service queries, phone **0871 200 22 33**.

For lost property queries call **0844 800 44 11**.

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†See Consumers' Choice V at www.newspapersoc.org.uk

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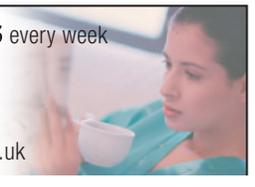

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SINGLE female, 46, 5ft 7ins, brown hair, seeks guy of similar age to share life with. **Tel No: 0911 374 0222 Box No: 350338**

ATTRACTIVE curvy, curly haired brunette, 23, seeks guy to spice up her lonely evenings. Height and looks unimportant. **Tel No: 0911 374 0222 Box No: 347676**

MARGARET young 72, divorced, 5ft 2ins, slim, dark hair, attractive, likes holidays, meals out, country drives, seeks nice gent, 65-67 for companionship. **Tel No: 0911 374 0222 Box No: 350716**

WENDY 47, blonde hair, blue eyes, honest, caring, seeks similar aged genuine, honest male for fun, maybe more. **Tel No: 0911 374 0222 Box No: 346294**

FEMALE mid 40's, dark hair, blue eyes, likes nights in, cinema, meals out, seaside, seeks genuine, kind, N/S male for friendship. **Tel No: 0911 374 0222 Box No: 347716**

LOVELY bubbly brunette, fun to know with unusual interests, seeks professional male hopefully with an open-minded personality! **Tel No: 0911 374 0222 Box No: 347672**

MRS Robinson, slim blonde, seeks her graduate. GSOH important. Likes dining in/out, movies, theatre and travel. Age 50-70. **Tel No: 0911 374 0222 Box No: 350400**

ATTRACTIVE black, professional female, 27, seeks caring, professional white male, 27-35 for 1-2-1 relationship. **Tel No: 0911 374 0222 Box No: 347686**

BEAUTIFUL independent single female, no ties seeks solvent, passionate male. **Tel No: 0911 374 0222 Box No: 347630**

JAN 43, likes outdoors, music, seeks male of similar age up to 55 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 343874**

33YR old bubbly, cuddly, genuine, N/S, 5ft 1ins, seeks romantic, honest, genuine, gentle giant for nights out or cosy nights in. **Tel No: 0911 374 0222 Box No: 340854**

BUBBLY attractive 52yr old female, dark hair, blue eyes, likes meals out, walks, swimming, theatre, seeks genuine male with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 341562**

72YR old female, fed up, GSOH, likes walks, meals out, cinema, swimming, seeks tall, genuine male of similar age for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 340840**

ELEGANT lady, no ties, many interests seeks smart mature gentleman with old fashioned values for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 347656**

YOUNG 58yr old female, blonde, curvy, divorced, 5ft 2ins, GSOH, N/S, likes country walks, reading, shopping, clothes, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 345510**

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SNOW White 58, seeks Grumpy for leaf kicking, dancing in the kitchen, wine sipping, fireside snuggling, smiling yet? **Tel No: 0911 374 0222 Box No: 347664**

VIVACIOUS cuddly, bubbly female, loves life, seeks tall handsome male to be adventurous with. **Tel No: 0911 374 0222 Box No: 347644**

72YR old female, likes gardening, walks, meals out, holidays, seeks genuine gent of similar age for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 347016**

DEE 45, black female, 5ft 6ins, size 18, caring, professional, seeks caring male, 48 plus for a loving relationship. **Tel No: 0911 374 0222 Box No: 345844**

SINCERE female, attractive, young 60's, N/S, GSOH, varied interests, seeks similar gent, 50-60's for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 350716**

WENDY 47, blonde hair, blue eyes, honest, caring, seeks similar aged genuine, honest male for fun, maybe more. **Tel No: 0911 374 0222 Box No: 346294**

PISCES mum, 39, wants sweet, chilled, funny Nirvana angel as a good friend, lover, soul mate and father figure. **Tel No: 0911 374 0222 Box No: 325410**

HONEST caring, attractive female, 37, black, 5ft 2ins, likes nights in/out, seeks similar male, 37-45 for LTR. **Tel No: 0911 374 0222 Box No: 320296**

CURVACEOUS petite brunette, brown eyes, loves music, seeks tall, attractive male for relationship. **Tel No: 0911 374 0222 Box No: 347618**

ATTRACTIVE 72yr old lady, 5ft 2ins, slim, dark hair, likes walks, seeks kind, caring male, 65-70 for friendship/relationship. **Tel No: 0911 374 0222 Box No: 340554**

FEMALE young 60's, 5ft 6ins, attractive, blond, blue eyes, medium build, cuddly, warm, loving, N/S, GSOH, seeks loving, caring male, 50's-60's for friendship/relationship. **Tel No: 0911 374 0222 Box No: 314752**

UGLY duckling single mum, 32, seeks male, 35-45 for fun and friendship. **Tel No: 0911 374 0222 Box No: 339408**

PETITE attractive female, 55, likes sports, dance, walks, seeks honest male, 54-60 for friendship, maybe more. Ballroom dancer a bonus. **Tel No: 0911 374 0222 Box No: 337196**

STEPH 49, attractive, 5ft 9ins, N/S, GSOH, varied interests, easygoing, seeks 6ft male, 43-51 for fun, laughter, maybe more. **Tel No: 0911 374 0222 Box No: 298732**

GENUINE attractive, slim female, GSOH, 5ft 2ins, late 30's, N/S, seeks male for fun, love and laughter. **Tel No: 0911 374 0222 Box No: 307129**

LADY 60, good company, good dress sense, good looking, car owner, seeks slim male with car to share life's pleasures. **Tel No: 0911 374 0222 Box No: 305733**

YOUNG looking female, 43, slim, caring, loyal, likes cinema, meals out, seeks male, 38-43 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 304156**

20YR old female, 5ft 6ins, black, attractive, GSOH, sincere, seeks fun, white male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 279460**

FEMALE 34, blonde hair, blue eyes, seeks male, 35-40 for love and romance. **Tel No: 0911 374 0222 Box No: 271646**

ATTRACTIVE widow, 61, size 14, caring, Christian, N/S, likes walks, coast, cinema, theatre, seeks committed Christian male with similar interests for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 336116**

PROFESSIONAL black female, 40, single mum, slim, hardworking, honest, GSOH, seeks romantic, honest, reliable white guy for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 335750**

WANTED! 6ft plus male, 45-55 who is kind, considerate with GSOH for tall, attractive lady aged 47. **Tel No: 0911 374 0222 Box No: 307019**

SINGLE mum, 46, OHAC, seeks special male to share good times with, maybe more. **Tel No: 0911 374 0222 Box No: 333566**

27YR old brunette, slim, curvy, GSOH, seeks honest, romantic male for dates, possible LTR. **Tel No: 0911 374 0222 Box No: 329192**

WIDOW young looking/feeling 72, GSOH, loves gardening, walking, meals in/out, easy to please, seeks genuine male. **Tel No: 0911 374 0222 Box No: 328388**

YOUNG 60's female, blonde hair, blue eyes, 5ft 6ins, medium build, warm, loving, GSOH, N/S, seeks sincere, loving male, 50-60's for friendship/relationship. **Tel No: 0911 374 0222 Box No: 327532**

54YR old lady, likes simple things, seeks loving, caring male, 50-55 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 315380**

GENUINE kind 58yr old blonde, likes meals out, cosy nights in, seeks honest male, 55-65 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 312804**

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72YR old widow, fed up, N/S, own home, driver, likes gardening, swimming, walks, seeks gent of similar age for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 339240**

BLONDE female, seeks male, 35 plus for fun and friendship. **Tel No: 0911 374 0222 Box No: 342874**

YOUNG curvy female, likes nights in/out, seeks male, 20-35 for friendship, fun and good times. **Tel No: 0911 374 0222 Box No: 257586**

WIDOWER 59, 5ft, N/S, cuddly, seeks N/S male, 59-75 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 341932**

WIDOW 40, caring, attractive, like meals out, seeks gent for kisses and cuddles, maybe more. **Tel No: 0911 374 0222 Box No: 341900**

SANDRA 46, fun loving, single mum, seeks male to love and hug. **Tel No: 0911 374 0222 Box No: 339590**

ATTRACTIVE female, 40's, seeks N/S male of similar age for a LTR. **Tel No: 0911 374 0222 Box No: 338610**

PRETTY petite female, 50's, dark hair, blue/green eyes, seeks caring guy, 46-50 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 339348**

ATTRACTIVE 61yr old female, 5ft 6ins, N/S, likes cinema, gardening, meals out, home life, seeks genuine male, 60 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 338394**

BILLY widowed, lonely, bubbly, seeks intelligent male, 50-60's for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 268396**

FEMALE early 50's, seeks male, 50-59 for friendship. **Tel No: 0911 374 0222 Box No: 338344**

TWO 40 something rock chicks, seeks two rock Gods to go to rock concerts with and have fun. **Tel No: 0911 374 0222 Box No: 338270**

MAY 60, one careful owner, likes walks, TV, music, cooking, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 315816**

KATH 51, homely, smoker, fed up of being alone, seeks romantic, honest male. **Tel No: 0911 374 0222 Box No: 319698**

ATTRACTIVE intelligent, professional female, 50, GSOH, 5ft 9ins, medium build, seeks attractive male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 336992**

GOOD conversation, laughter and sharing. Curvy 42yr old seeks gentleman who is intelligent and enjoys a wine with friends. **Tel No: 0911 374 0222 Box No: 334442**

51YR old female, disillusioned, seeks kind, considerate gent to restore faith in men. **Tel No: 0911 374 0222 Box No: 332148**

ISABELLA blonde hair, blue eyes, fun loving, slim, petite, seeks honest, tender, N/S male, 35-55 with GSOH. **Tel No: 0911 374 0222 Box No: 349192**

PRETTY fit, blonde female, 58, seeks attractive male, 50's for clubs, fun and friendship. **Tel No: 0911 374 0222 Box No: 290410**

BLONDE female, seeks gent 35 plus for fun and friendship. **Tel No: 0911 374 0222 Box No: 348900**

ATTRACTIVE fun loving lady 49, likes music, reading, seeks kind, honest, romantic hero. **Tel No: 0911 374 0222 Box No: 347486**

CAROLINE beautiful therapist, mum of three, seeks emotionally independent, gorgeous, loving man for lively connection. **Tel No: 0911 374 0222 Box No: 347320**

39YR old female, single mum, seeks fun loving, outgoing male for nights in/out, socialising, maybe more. **Tel No: 0911 374 0222 Box No: 344656**

ATTRACTIVE 40yr old blonde, caring, kind, N/S, GSOH, likes clubs, pubs, cinema, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 343984**

CHARLOTTE 44, likes sunshine, travel, cinema, meals out, TV, seeks loyal, trustworthy male with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 332750**

47YR old petite female, smoker, likes reading, walks, animals, seeks male, 42-55 to share life with. **Tel No: 0911 374 0222 Box No: 305968**

JOSIE 55, single mum, 5ft 4ins, smoker, brown hair/eyes, likes music, nights in/out, seeks similar aged male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 327560**

ATTRACTIVE female, black origin, tall, genuine, fun, seeks male, 38-55 for love and friendship. **Tel No: 0911 374 0222 Box No: 322144**

FEMALE 53, 5ft 6ins, short dark hair, hazel eyes, nice figure, likes dancing, pubs, clubs, seaside, seeks male, 49-53 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 321296**

ROCK chick 24, seeks hunky dude, 25 plus for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 321154**

MELANIE 44, single mum, easygoing, likes meals out, walks, cinema, bowling, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 318410**

FUN loving 51yr old female, seeks tall, sincere male, 47-60 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 316910**

ATTRACTIVE dizzy blonde, early 40's, seeks funny, romantic, caring male, 36-47 to make her laugh. **Tel No: 0911 374 0222 Box No: 243260**

LADY likes meals out, walks, swimming, seeks male, 40 plus for fun and friendship. **Tel No: 0911 374 0222 Box No: 314406**

37YR old female, 5ft 2ins, single mum, seeks special male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 313454**

FEMALE 54, GSOH kind and fun, WLTM male 50-60 for company, conversation, fun and possible LTR. **Tel No: 0911 374 0222 Box No: 313444**

61YR old female, 5ft 6ins, medium build, dark hair, likes music, dancing, reading, cinema, theatre, seeks gent, 58-64 for friendship. **Tel No: 0911 374 0222 Box No: 312584**

FEMALE late 40's, slim, brown eyes, 5ft 5ins, seeks fun loving, slim gent with GSOH, full head of hair for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 312602**

single men

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50YR old male, 5ft 7ins, brown eyes, black hair, loving, caring, seeks nice female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 350786**

MALE GSOH, 56, OHAC, N/S, likes drives, meals out, shows, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 330004**

RETIRED male, 5ft 10ins, smart, well dressed, N/S, seeks lady for relationship. **Tel No: 0911 374 0222 Box No: 350270**

WIDOWER 62, 5ft 10ins, medium build, sincere, trustworthy, likes travel, meals out, reading, seeks sincere lady for friendship, outings and travel. **Tel No: 0911 374 0222 Box No: 341882**

32YR old male, N/S, likes pubs, clubs, seeks similar aged female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 348774**

ALAN young 59, slim, 5ft 7ins, tactile, likes music, theatre, cinema, outdoors, gardening, seeks female for LTR. **Tel No: 0911 374 0222 Box No: 350424**

HONEST divorced dad, medium build, likes pubs, meals out, seeks curvy female for fun and friendship. **Tel No: 0911 374 0222 Box No: 345178**

SIMON young looking 43, self employed, likes countryside, coast, seeks pretty stunning girlfriend. **Tel No: 0911 374 0222 Box No: 350848**

PAUL 55, 5ft 10ins, blue eyes, brown hair, solvent, kind, caring, considerate, likes country walks, nights in, music, seeks similar female for LTR. **Tel No: 0911 374 0222 Box No: 350698**

33YR old male, medium build, blue eyes, GSOH, seeks honest, trustworthy female for dates, possible LTR. **Tel No: 0911 374 0222 Box No: 350632**

FIT attractive, honest male, seeks N/S female, 35-50 who can dance or is keen to learn. **Tel No: 0911 374 0222 Box No: 350626**

37YR old male, 5ft 11ins, slim, honest, GSOH, romantic, likes pubs, meals out, socialising, gym, seeks female, 25-45. **Tel No: 0911 374 0222 Box No: 339378**

MALE 38, seeks honest, loyal, warm-hearted female, 30-42 for friendship and love. **Tel No: 0911 374 0222 Box No: 345192**

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GENUINE honest male, seeks similar attractive female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 345024**

MALE 31, 5ft 5ins, green eyes, kind, caring, seeks female, 21-35 for LTR. Any race/nationality. **Tel No: 0911 374 0222 Box No: 344446**

TALL slim, romantic, honest guy, 39, seeks genuine female, 30-40. **Tel No: 0911 374 0222 Box No: 331702**

ENGLISH man, 62, loving, caring, divorced, bad eyes, likes travel, socialising, seeks slim female for companionship, possible LTR. **Tel No: 0911 374 0222 Box No: 343920**

DAVID creative, passionate, adventurous, educated, intelligent, argumentative, affectionate, seeks companionship and true love. **Tel No: 0911 374 0222 Box No: 348162**

39YR old male, honest, kind, caring, GSOH, reliable, seeks similar female for friendship, possible relationship. **Tel No: 0911 374 0222 Box No: 347562**

MALE 62, loving, caring, slim, divorced, partially sighted, likes socialising, football, travel, seeks slim lady for companionship and LTR. **Tel No: 0911 374 0222 Box No: 347440**

HEADING South but still glamorous? Creative pagan male, 49, seeks crazy, old hippy lady, 50 plus for alternative fun. **Tel No: 0911 374 0222 Box No: 347376**

GENUINE male, 34, young, honest, caring, slim, athletic, seeks female, 24-36 for honest, loving, tender relationship. **Tel No: 0911 374 0222 Box No: 342510**

28YR old male, honest, caring, GSOH, likes nights in/out, seeks similar female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 347024**

TALL male, 43, OHAC, no ties, likes countryside, meals out, nights in, seeks similar female. **Tel No: 0911 374 0222 Box No: 346626**

MALE 6ft 6ins, slim, fit, late 40's, seeks 50 plus cuddly lady for good times and romance. **Tel No: 0911 374 0222 Box No: 346580**

MALE 40, GSOH, 6ft 2ins, caring, fun, seeks female for relationship. **Tel No: 0911 374 0222 Box No: 328732**

EASYGOING male, 42, down to earth, 5ft 7ins, likes most things, seeks similar female to share good times. **Tel No: 0911 374 0222 Box No: 338582**

MALE 38, likes countryside, seeks country loving female, 30-42. **Tel No: 0911 374 0222 Box No: 338454**

LONELY male, sincere male, 38, seeks genuine female for love and commitment. **Tel No: 0911 374 0222 Box No: 338414**

PAUL 47, own business, likes clay pigeon shooting, horse riding, cycling, country pubs, seeks N/S female, under 45. **Tel No: 0911 374 0222 Box No: 338068**

JACK 58, 5ft 10ins, divorced, grey hair, green eyes, solvent, likes socialising, DIY, quad racing, seeks attractive, presentable female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 342226**

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MALE 38, likes countryside, seeks country loving female, 30-42. **Tel No: 0911 374 0222 Box No: 340580**

ATTRACTIVE 45yr old male, 5ft 9ins, seeks gorgeous female, 35-45 with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 246937**

MALE 5ft 9ins, medium build, likes travel, meals out, seeks mature female for fun and friendship, maybe more. **Tel No: 0911 374 0222 Box No: 345564**

NIGEL attractive 41, caring, new to area, seeks caring, honest lady, any age. **Tel No: 0911 374 0222 Box No: 307149**

JACK 58, 5ft 10ins, divorced, grey hair, green eyes, solvent, likes socialising, DIY, quad racing, seeks attractive, presentable female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 342226**

BARRY 64, widower, N/S, seeks female of similar age and circumstances for genuine companionship. **Tel No: 0911 374 0222 Box No: 340454**

friends-gay

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LONELY gay male 20, seeks genuine male, with GSOH for nights in/out. **Tel No: 0911 374 0222 Box No: 280820**

DAVID early 60's, 5ft 10ins, stocky, seeks bi male for fun and friendship. **Tel No: 0911 374 0222 Box No: 305853**

adult interests

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WEDNESDAY
December 10

BBC1

6.00 Breakfast (T) **9.15** Hospital Heroes (T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News; Weather) **11.00** Buy It, Sell It, Bank It? (T) **11.45** Cash in the Attic (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News at One (T) **1.30** BBC Regional News (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (R/T) **6.00** BBC News at Six; Weather (T) **6.30** BBC Regional News (T)

7.00 **The ONE Show** (T)
7.30 **Dom's on the Case: Hospital Charges** Five-part series in which Dom Littlewood uncovers and investigates serious problems within the National Health Service. (R/T)
7.57 **BBC News and Regional News**
8.00 **Little Dorrit** Costume drama based on the Charles Dickens novel. (T)
8.30 **Wild About Your Garden** Nick Knowles attempts to give urban spaces a reverse makeover. (T)
9.00 **Jack: A Soldier's Story** In Afghanistan, the Queen's Company, Grenadier Guards experienced some of the fiercest fighting since World War II, leaving two of their unit dead. (R/T)
10.00 **BBC News** (T)
10.25 **BBC Regional News** (T)
10.33 **BBC Weather** (T)
10.35 **The National Lottery Draws**
10.45 **Medium** (T)
11.30 **FILM: Phantoms** (1998) Suspenseful thriller in which two sisters return to their Colorado home town only to find that the whole population has been wiped out by a mysterious force. Stars Peter O'Toole. (T)
1.00 Weatherview (T) **1.05** Sign Zone: Stephen Fry in America (R/T) **2.05** The American Future: A History, by Simon Schama (R/T) **3.05** The People's Hospital (R/T) **3.35** Indian Food Made Easy (R/T) **4.05** Helicopter Heroes (R/T) **4.50** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **11.00** Wildlife on Two (R/T) **11.30** The Daily Politics (T) **1.00** See Hear (T) **1.30** Working Lunch (T) **2.00** Gardeners' World Top Tips (T) **2.30** Nature's Top 40 (T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (R/T) **4.30** Step Up to the Plate (T) **5.15** Bargain Hunt Famous Finds (T) **6.00** Eggheads (T) **6.30** Strictly Come Dancing - It Takes Two (T)

7.00 **Top Gear** Motoring news and views from the usual team. (R/T)
8.00 **Oceans: Mediterranean Sea** An exploration of the profound effect that man is having on the Mediterranean Sea. (T)
9.00 **Heroes** The eclipse continues to impact the Heroes' abilities, as Elle and Sylar face off against a vengeful H.R.G. while Claire struggles to survive. (T)
9.45 **Heroes Unmasked** Whether creating the future or the revisiting the past, building a set or adapting a location, designing Heroes is both vast and varied. (T)
10.00 **Outnumbered** Mum and Dad try to negotiate the living hell that is being trapped in a foreign airport with young children. (R/T)
10.30 **Newsnight** In-depth investigation and analysis of the stories behind the day's headlines with Kirsty Wark. (T) (Followed by Weather)
11.20 **After Rome: Holy War and Conquest** Boris Johnson travels around Europe to continue his investigation into the early beginnings of what some people now call 'the clash of civilisations'. He begins by looking at the crusades, and the way they are viewed in the west and in the Muslim world today. At every turn of his journey, Boris finds that the real history is a good deal more subtle and interesting than the fictions that have grown up around it. (R/T)
12.20 Long Way Down (R/T) **1.20** Joins BBC News **4.50** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Meridian News and Weather (T) **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** House Guest (T) **2.30** Dickinson's Real Deal (R/T) **3.15** Spin Star (T) (Followed by Local Weather) **4.00** Rosemary Shrager's School For Cooks (T) **5.00** Golden Balls (T) **6.00** Meridian Tonight (T) **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Pollard and David realise that Nicola may not be on their side. (T)
7.30 **Coronation Street** Molly is miserable - and convinced of Tyrone's infidelity. (T)
8.00 **The Bill** Jo recognises a teenage overdose victim as Kelly Porterfield, a girl she had previously arrested for soliciting. (T)
9.00 **Cops With Cameras** Britain's police record their daily battle on the front line of crime. (T)
10.00 **News at Ten and Weather** Mark Austin and Julie Etchingham present a round-up of the day's news, followed by the national weather forecast and the latest news and weather in your region. (T)
10.40 **Numb3rs** Don investigates when two young women die from overdoses. Their deaths look like suicides, but other evidence points to a serial killer. (T)
11.40 **Nightwatch With Steve Scott: Crime** Cameras follow fire crews, paramedics, ambulance teams and the doctors and nurses of real-life ER as they make split-second, life-or-death decisions and fight to save lives. (R/T)
12.35 Quantum of Solace: Planning Bond's Downfall... and Other Stunts **1.00** Heist (R/T) **1.50** Loose Women (R) **2.35** The Jeremy Kyle Show (R/T) **3.30** ITV Nightscreen **5.00-5.55** CITV **5.55** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** Planet Cook (T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **7.55** Everybody Loves Raymond (R/T) **8.25** The Class (R/T) **8.55** Fat March USA (T) **9.55** Charmed (R/T) **10.55** Charmed (R/T) **11.50** Supporting Acts (R/T) **12.00** News at Noon (T) **12.30** Eating For Britain (R/T) **12.45** Supernanny USA (R/T) **1.40 FILM: Went The Day Well?** (1942) War thriller starring Leslie Banks, Valerie Taylor and Marie Lohr. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)
7.55 **3 Minute Wonder** (T)
8.00 **The Home Show** In the last episode of the series architect George Clarke tackles a house in Surrey with a beautiful view but the drabbest of interiors. (T)
9.00 **The Devil's Whore** In the final episode of epic Civil War drama Sexby is arrested and exiled after he refuses to fight for Cromwell. (T)
10.05 **Desperate Housewives** Julie returns to Wisteria Lane with her new boyfriend in tow. Gabrielle finds out the truth about Mrs Hildebrand; Katherine makes a confession to Susan and a reporter is sniffing around Bree. (T)
11.05 **The Inbetweeners** The boys call Jay's bluff and decide that they will go to the Camber Sands meeting of the Caravan Club. (T)
11.40 **Balls Of Steel** Mark Dolan introduces a selection of riotous performances from his team of comedians all battling to win the Balls of Steel trophy. (R/T)
12.30-1.00 4Music **1.00** T-Mobile Transmission: Collaborations **1.10-1.40** 4Music **1.40 FILM: The Last Mitterand** (2005) Drama starring Michel Bouquet. (T) **3.45** Hill Street Blues (R) **4.30** Countdown (R/T) **5.15** British Triathlon Grand Prix 2008 (R/T) **5.45** The Hoobs (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Behind Closed Doors (R/T) **12.30** Five News (T) **12.45** Going for Gold (T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Going for Gold Extra (T) **3.10** **FILM: Jane Doe: Vanishing Act** (2005) Mystery thriller starring Lea Thompson, Joe Penny and William R Moses. (T) **5.00** Five News with Matt Barbet (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Vets in Action (T)

7.00 **Five News at 7** National and international news. (T)
7.30 **Highland Emergency** Documentary series following the work of the emergency services in the Highlands of Scotland. (T) (Followed by five news update)
8.00 **Combat Chefs** Documentary series that profiles the men and women responsible for feeding the 120,000 British troops stationed overseas. Major Harry Lomas is furious when he finds that his chefs have been cutting corners in the kitchen. (T)
9.00 **Dangerous Adventures for Boys** Series in which famous dads and their sons embark on exhilarating adventures. (T)
10.00 **The Cheryl Cole Factor** As this year's 'X Factor' draws to a close, this documentary examines the popularity of Cheryl Cole, a reality TV star who has conquered controversy to become one of the hottest properties in British pop culture. (T)
11.05 **Police Interceptors** The police dog unit is called into action to chase a thief. The pursuit of a Range Rover leads the interceptors to a haul of stolen cars. And tensions run high when the cops are put on intruder alert. (R/T)
12.05 PartyPoker.com Women's World Open II **1.35** NHL **4.20** FIM Motocross - Benelux **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY1

6.00am Good Morning Sports Fans **6.30** Good Morning Sports Fans **7.00** Brainiac: Science Abuse **8.00** UK Border Force **9.00** Cold Case **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Stargate Atlantis **1.00** Project Runway **2.00** UK Border Force **3.00** Cold Case **4.00** Stargate Atlantis **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** The Boy Who Will Never Grow **10.00** Serial Killers Uncovered **11.30** Toughest Villages In Britain **12.30am** Street Wars **1.30** Stargate SG-1 **2.20** Stargate SG-1 **3.10** Vanity Insanity **3.35** Vanity Insanity **4.00** Real A & E **4.25** Real A & E **4.50** Bite Size Brainiac **5.10** Guilty!

ITV2

6.00am Emmerdale **6.30** Airline USA **7.05** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Emmerdale **10.00** Judge Judy **10.30** Judge Judy **11.00** Judge Judy **11.30** Airline **12.00pm** Emmerdale **12.30** Planet's Funniest Animals **1.00** Airline USA **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.15** The Montel Williams Show **6.00** Judge Judy **6.30** Judge Judy **7.00** Smallville **8.00** Here Come The Boys **9.00** **FILM:** Terminator 2: Judgment Day **11.45** Coronation Street **12.15am** **FILM:** The Bourne Identity **2.35** Teleshopping **5.35** ITV2 Nightscreen

BBC3

7.00pm Doctor Who Confidential at Christmas **8.00** Doctor Who **8.50** Doctor Who Confidential **9.00** The Last Millionaire **10.00** Heroes **10.45** Family Guy **11.10** Family Guy **11.30** Last Man Standing **12.30am** The Last Millionaire **1.25** Clone **1.55** Doctor Who Confidential at Christmas **2.55** Dog Borstal **3.55** Last Man Standing

BBC4

7.00pm World News Today **7.30** Nation on Film **8.00** Francesco's Venice **9.00** The Medici: Makers of Modern Art **10.00** **FILM:** The Beat That My Heart Skipped **11.45** The Medici: Makers of Modern Art **12.45am** Francesco's Venice **1.45** Nation on Film **2.15** Jazz Britannia **3.15** The Medici: Makers of Modern Art

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MUSIC REVIEWS

RUN
Leona Lewis

THIS is one of those songs that ends completely differently to the way it starts.

For the first two and a half minutes or so, it is little short of magnificent. It's quiet, it's slow, La Lewis is giving an understated performance that shows that she can really sing (and I mean REALLY sing) and it blows Snow Patrol's original out of the water. I had goose-bumps listening to it.

Seriously, I loved the first two and a half minutes and that's no small praise, especially in the direction of a product of the X-Factory production line.

HOWEVER (see that? this is such a big however, I had to put it in capital letters) once the instrumental break kicks in, the band decides it's time to show what they can really do, so out go the quiet, subtle tones that the song demands and in comes a wall of sound that smashes everything in its path, except for Leona Lewis and a choir that has, like the shopkeeper, appeared as if by magic.

Now, I've got nothing against choirs, but when they appear on a single it's usually for a purpose, and that's to carry on singing the song normally (well, as normally as you can when there are about 30 of you singing a Snow Patrol song) while the lead singer goes off and does 'what feels right' and 'what comes naturally' and 'what we know she's capable of'.

In other words, she wails a lot.

Mariah Carey does this sort of thing and dogs from miles around prick up their ears and start running towards the high-pitched squeal.

Leona Lewis fares better, she has no option but, for me, the words should convey the emotion, not the singer.

If the lyrics are good enough, the song will worm its way into your affections and it'll actually work better because you're not being distracted by what the singer's doing to their voicebox.

I want to be thinking 'this song really means something to me because of what the singer's saying', not 'did she really just cover the entire musical scale during the course of singing one word?'.

The result is that the second half of the song is nowhere near the quality of the first half, and that's a shame.

The song should've built up during the course of the proceedings gradually rather than the go for broke approach that's been employed.

The first half of the song is so good it makes most of the Top 40 look rather ordinary in comparison, so my advice is to listen to that and then nip off and make a cuppa during the second half.

However, after all that there is one major plus point to Leona Lewis releasing Run, and that is that she didn't release Chasing Cars. I don't know about you, but I've had a gutful of that song and if I never hear it again I'll be very happy.

WALK THE DINOSAUR
Jim Bowen

THIS really is awful. He's a good sport for trying his hand at the pop music lark, but the end result is something of a car crash.

The tune's OK, it's the star.

He wisely speaks his lines but, despite his best efforts, he's so far out of his depth on this one it should've been produced by the RNLI.

Jim Bowen has been a comedian and a TV presenter, but sadly he will not be a pop star.

SIMON DARNELL

FILM REVIEWS

Odeon 0871 2244 007 Cineworld 0871 200 2000

Jennifer Connelly as Dr Helen Benson and Keanu Reeves as Klaatu star in The Day The Earth Stood Still, in cinemas from Friday

THE DAY THE EARTH STOOD STILL
Jennifer Connelly, Keanu Reeves
From Friday
A REMAKE of the 1951 classic sci-fi film about an alien visitor and his giant robot counterpart who visit Earth.

DEAN SPANLEY (U)
Jeremy Northam, Sam Neill, Bryan Brown, Peter O'Toole
From Friday
IN1930s London, gentleman Fisk (Northam) attends a lecture about reincarnation with his father. Spotting a clergyman (Neill) there, Fisk becomes curious about his views and invites him to dinner, during which Dean Spanley hints of a previous life. Intrigued, Fisk determines to find out more.

MADAGASCAR: ESCAPE 2 AFRICA (PG)
Ben Stiller
Now showing
ATTEMPTING to reach home, the quartet of New York zoo animals and assorted hangers-on crash-land on the African mainland. As the wily penguins set about another escape plan, Alex the lion (Stiller) re-discovers his heritage.

TRANSPORTER 3 (15)
Jason Statham, Robert Knepper, Justin Rodgers Hall, Eriq Ebouaney
Now showing
ICE-COOL driver Frank Martin (Statham) is forced into action when a terrorist (Knepper) straps a bomb to his wrist and insists he transport the kidnapped daughter (Rudakova) of a politician to a rendezvous. Should be easy – until Frank falls for the girl.

THE SECRET LIFE OF BEES (12A)
Dakota Fanning, Queen Latifah, Jennifer Hudson, Sophie Okonedo, Paul Bettany, Alicia Keys
Now showing
SOUTH Carolina, 1964. Haunted by the death of her mother, 14 year-old Lily (Fanning) seeks solace with her housekeeper Rosaleen (Hudson). When the pair go on the run after Rosaleen is racially attacked, they find refuge with the bee-keeping Boatwright sisters.

THE CHILDREN (15)
Rachel Shelley, Hannah Tointon, Eva Sayer, Jeremy Sheffield, Eva Birthistle, Rafiella Brooks
Now showing
A FAMILY holiday takes a terrifying turn when the children develop murderous designs

LAKEVIEW TERRACE (15)
Samuel L Jackson, Patrick Wilson, Kerry Washington
Now showing
INTER-RACIAL couple Chris (Patrick Wilson) and Lisa (Kerry Washington) buy a home in upscale LA and earn the disapproval of Abel Turner (Samuel L Jackson), the widowed black beat cop next door, who has strict 'rules' about things – and ways to enforce them.

THE GIRL IN THE PARK (15)
Sigourney Weaver, Kate Bosworth, Alessandro Nivola
Now showing
TRAUMATISED by the disappearance of her daughter 15 years ago, Julia (Sigourney Weaver) meets a streetwise young woman who seems strangely familiar. Could this be the missing girl?

CHANGELING
Angelina Jolie, John Malkovich, Jason Butler Harner, Jeffrey Donovan
Now showing
IN Los Angeles in 1928, a desperate mother (Angelina Jolie) is searching for her missing son only for him to be mysteriously returned to her a few months later. However, she soon discovers that he's not her little boy at all.

WHAT JUST HAPPENED? (15)
Robert De Niro, Sean Penn, Catherine Keener, John Turturro, Bruce Willis
Now showing
SHACKLED with a star vehicle that culminates in the gangland execution of a cute dog, Hollywood producer Ben (De Niro) tries to save his career while battling ex-wives, whacked-out directors, arrogant stars and the industry itself.

FLAWLESS (12A)
Michael Caine, Demi Moore
Now showing
A RETIRING janitor (Caine) convinces a bored executive (Moore) to help steal a handful of diamonds from their employer, the London Diamond Corporation.

IGOR (PG)
Molly Shannon, Eddie Izzard, Jay Leno, John Cusack
Now showing
ANIMATED fable about a hunch-backed evil scientist's assistant who aspires to become a scientist himself, much to the displeasure of the rest of the evil science community.

AUSTRALIA
Nicole Kidman, Hugh Jackman, Lady Sarah Ashley, David Wenham,
Now showing
AS the Second World War approaches, an English aristocrat inherits a ranch in Northern Australia. When cattle barons plot to take her land, she is forced to flee with her herd. Meanwhile, Japanese forces are mobilising for an attack.

COMPETITION

MK NEWS has teamed up with Cineworld at the Xscape to offer readers the chance to win a pair of tickets to see the film of their choice. We have two pairs to give away.
Tell us in what year the original The Day The Earth Stood Still was made?
Answers by e-mail to: competitions@mk-news.co.uk
Please include your name, address and daytime telephone number.
Closing date Tuesday, December 16.

FILM REVIEW: TRANSPORTER 3

THERE are some things in life we really should not like but somehow we do.

I have many such guilty pleasures: the X Factor, Eastenders, custard creams and that bank advert with the guy in the swimming pool tube ride.

I have the same problem with the transporter films.

They are a bit duff and like some sort of B-movie that David Carradine would have been in if it were 1975. Dammit though I like them.

Jason Statham grunts and whispers and wears nice suits and beats people up in a stylish way.

He did this in the first Transporter film and then did it some more in the second one and blimey if he isn't having another go at it in film numero three.

The plot is the same as before – he's a getaway kinda driver guy with morals and gets mixed up with some nasties and sorts them out a treat for an hour and a half.

That's all there is to it really.

I think these films probably work because they don't try and pretend to be anything more than they are (Guy Ritchie take note).

Switch your brain off and enjoy this silly film.

PAUL STEPHENSON

THURSDAY
December 11

BBC1

6.00 Breakfast (T) **9.15** Hospital Heroes (T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News; Weather) **11.00** Buy It, Sell It, Bank It? (T) **11.45** Cash in the Attic (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News at One (T) **1.30** BBC Regional News (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News at Six; Weather (T) **6.30** BBC Regional News (T)

7.00 The ONE Show (T)

7.30 EastEnders The square is in shock following the revelations about Tony, and Denise is forced to defend Lucas when residents decide to take matters into their own hands. (T)

7.57 BBC News and Regional News

8.00 Little Dorrit The costume drama based on the Charles Dickens novel concludes. (T)

9.00 Apparitions A sinister apparition of the Virgin Mary haunts a Muslim family who seem to have a connection to Michael. Father Jacob realises he will lose Michael's soul forever unless he can convince the family that the apparition is a fake. (T)

10.00 BBC News The latest national and international news, with reports from BBC correspondents around the world. (T)

10.25 BBC Regional News (T)

10.33 BBC Weather (T)

10.35 Question Time David Dimbleby chairs the political debate in Birkenhead. (T)

11.35 This Week A political review of the week presented by Andrew Neil. (T)

12.20 Skiing Weatherview (T) **12.25** Sign Zone: Panorama (R/T) **12.55** Watchdog (R/T) **1.25** Countryfile (R/T) **2.20** An Island Parish (R/T) **2.50** Helicopter Heroes (R/T) **3.35** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **11.00** CBBC **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Real Rescues (T) **2.00** Gardeners' World Top Tips (T) **2.30** Nature's Top 40 (T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (R/T) **4.30** Step Up to the Plate (T) **5.15** Bargain Hunt Famous Finds (T) **6.00** Eggheads (T) **6.30** Strictly Come Dancing - It Takes Two (T)

7.00 James May's 20th Century During the 20th century teenagers evolved to the point of almost becoming a separate species. (R/T)

7.30 James May's 20th Century James May investigates how the high-rise urban living condition was created. (R/T)

8.00 The Hairy Bakers' Christmas Special Christmas is coming, the geese are getting fat, and the Hairy Bakers are embarking on their first ever Christmas special. (T)

9.00 Never Mind the Buzzcocks Comedy pop quiz with host Simon Amstell, regular team captain Phill Jupitus, special guest team captain Omid Djalili and other guests. (T)

9.30 The Graham Norton Show Graham Norton presents comedy monologues, celebrity chat, eccentric stories and characters, and home-grown weirdness from the great British viewing public. (T)

10.00 Lead Balloon Sitcom about ex-celebrity comedian Rick Spleen. (T)

10.30 Newsnight (T) (Followed by Weather)

11.20 Louis Theroux: Law and Disorder in Johannesburg Louis Theroux travels to Johannesburg, where the residents find themselves increasingly besieged by crime. (R/T)

12.20 Seven Days (T) **1.05** Seven Days (T) **1.50** Joins BBC News **3.35** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Anglia News and Weather (T) **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** House Guest (T) **2.30** Dickinson's Real Deal (R/T) **3.15** Spin Star (T) (Followed by Local Weather) **4.00** Rosemary Shrager's School For Cooks (T) **5.00** Golden Balls (T) **6.00** Anglia Tonight (T) (Followed by Weather) **6.30** ITV Evening News and Weather (T)

7.00 Emmerdale Nicola makes a stand at the choir competition, but is it enough to save the church? Lily's nerves get the better of her at the hospital. The Kings are forced to put their properties up for sale. (T)

8.00 The Bill Jo spends the night outside Jen's home to protect her from Andy. (T)

9.00 James Bulger - A Mother's Story: Real Crime A look at one of the most shocking cases in criminal history. (T)

10.00 News at Ten and Weather Mark Austin and Julie Etchingham present a round-up of the day's news, followed by the national weather forecast and the latest news and weather in your region. (T) (Followed by Local News and Weather)

10.40 Comedy Classics: On the Buses (R/T)

11.40 Anglia Late Editon Late-night talk on the hot political topics of the week and issues affecting the east of England. Presented by John Francis and Emma Hutchinson.

12.10 Nightwatch With Steve Scott: Mystery (R/T) **1.05** Motorsport UK (T) **1.30** Quincy, ME (T) (Followed By ITV News Headlines) **2.20** Loose Women (R) **3.10** The Jeremy Kyle Show (R/T) **4.05** ITV Nightscreen **5.00-5.45** CITV **5.45** Meg and Mog (R/T) **5.55** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** Planet Cook (T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **7.55** Everybody Loves Raymond (R/T) **8.30** The Class (R/T) **8.55** Fat March USA (T) **9.55** Charmed (R/T) **10.55** Charmed (R/T) **11.50** Supporting Acts (R/T) **12.00** News at Noon (T) **12.30** 3 Minute Wonder (R/T) **12.35** Supernanny USA (R/T) **1.30 FILM: Ladies In Lavender** (2004) Drama starring Judi Dench, Maggie Smith and Daniel Bruhl. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 Channel 4 News Includes sport and weather. (T)

7.55 3 Minute Wonder (T)

8.00 A Place in the Sun: Home or Away The motorbike made Eason family rom Bristol need a bigger home and more land to ride their bikes. (R/T)

9.00 The Pregnant Man The story of Thomas Beatie and his wife Nancy, who have become one of the world's most controversial sets of parents. Thomas was born a girl, Tracy, and has undergone gender re-alignment surgery - but retains a womb which allowed him to get pregnant when he and Nancy, who can't have children, decided to start a family. (T)

10.00 Star Stories: Heather Mills A satirical look at Heather Mills story and her life with Paul McCartney. (T)

10.35 Russell Brand's Ponderland (R/T)

11.10 Fonejacker (T)

11.40 The Law of the Playground The Law of the Playground takes a light-hearted look at the stuff we all used to get up to at school. (R/T)

12.10-1.10 4Music **1.10** Coming Up: The Thai Bride (R/T) **1.45 FILM: The Diary Of A Chambermaid** (1946) Drama starring Reginald Owen. (T) **3.15** Upstairs Downstairs Love (R/T) **4.15** Hill Street Blues (R) **5.00** Countdown (R/T) **5.45** The Hoobs (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Behind Closed Doors (R/T) **12.30** Five News (T) **12.45** Going for Gold (T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Going for Gold Extra (T) **3.10 FILM: Christy: Choices of the Heart: Part 1** (2001) First of a two-part adventure starring Lauren Lee Smith, Diane Ladd and Stewart Finlay-McLennan. (T) **5.00** Five News with Matt Barbet (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Vets in Action (T)

7.00 Five News at 7 National and international news. (T)

7.30 How Do They Do It? Robert Llewellyn examines the feats of science and engineering behind everyday life. (T) (Followed by five news update)

8.00 Secrets of Egypt: Sphinx Historical documentary series probing the secrets of Ancient Egypt. This instalment examines some intriguing new theories as to how, when and why the Great Sphinx of Giza was built. (T) (Followed by five news at 9)

9.00 FILM: Bad Santa (2005) Black comedy about an alcoholic conman who regularly robs department stores every Christmas Eve by working as a resident Santa Claus. Comedy starring Billy Bob Thornton, Tony Cox and Lauren Graham. (T)

11.05 Danger Men: Gale Force Construction Six-part series examining some of the most dangerous jobs in the world. In Montana, construction workers are responsible for building huge turbines at one of the biggest wind farms in the US. (R/T)

12.05 Quiz Call **4.00** UEFA Cup Classics **4.45** Wildlife SOS (R/T) **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY1

6.00am Good Morning Sports Fans **6.30** Good Morning Sports Fans **7.00** Brainiac: Science Abuse **8.00** UK Border Force **9.00** Cold Case **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Stargate Atlantis **1.00** Project Runway **2.00** UK Border Force **3.00** Cold Case **4.00** Stargate Atlantis **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** Noel's Are You Smarter Than a Ten-Year-Old? **9.00** Bones **10.00** Cold Case **11.00** Fringe **12.10am** Road Wars **1.10** Stargate SG-1 **2.00** Stargate SG-1 **2.55** Vanity Insanity **3.20** Vanity Insanity **3.45** Real A & E **4.10** Real A & E **4.35** Bite Size Brainiac **4.45** America's Dumbest Criminals **5.10** Guilty!

ITV2

6.00am Coronation Street **6.30** Emmerdale **7.05** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Emmerdale **10.30** Judge Judy **11.00** Judge Judy **11.30** Airline **12.00pm** Coronation Street **12.30** Emmerdale **1.00** Airline USA **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.15** The Montel Williams Show **6.00** Judge Judy **6.30** Judge Judy **7.00** Smallville **8.00** Divas II **9.00 FILM:** The Bourne Identity **11.20 FILM:** The Bourne Supremacy **1.25am** Teleshopping **4.25** ITV2 Nightscreen

BBC3

7.00pm Best of Top Gear **8.00** Last Man Standing **9.00** Kill It, Cook It, Eat It: Christmas Special **10.00** EastEnders **10.30** The Real Hustle: High Stakes **11.00** Family Guy **11.25** Family Guy **11.45** Kill It, Cook It, Eat It: Christmas Special **12.45am** Last Man Standing **1.40** The Real Hustle: High Stakes **2.10** The Last Millionaire **3.10** How to Rob a Bank **4.10** Dog Borstal

BBC4

7.00pm World News Today **7.40** The New Avengers **8.30** Beeching's Tracks **9.00** Growing Babies **10.00** A Revolution in Childhood **11.30 FILM:** The Beat That My Heart Skipped **1.15am** Growing Babies **2.15** A Revolution in Childhood **3.45** Growing Babies

FRIDAY
December 12

BBC1

6.00 Breakfast (T) **9.15** Hospital Heroes (T) **10.00** Homes under the Hammer (R/T) **11.00** Buy It, Sell It, Bank It? (T) **11.45** Cash in the Attic (T) **12.15** Bargain Hunt (R/T) **1.00** BBC News at One (T) **1.30** BBC Regional News (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (R/T) **6.00** BBC News at Six; Weather (T) **6.30** BBC Regional News (T)

7.00 The ONE Show (T)

7.30 A Question of Sport Sue Barker hosts the sports quiz. (T)

7.57 BBC News and Regional News

8.00 EastEnders Roxy receives the results of the DNA test, but is it the news she has been expecting? (T)

8.30 Parents of the Band Drama about a 1980s one-hit wonder who starts managing his son's band. (T)

9.00 Have I Got News for You Another edition of the popular news quiz. (T)

9.30 Gavin and Stacey (R/T)

10.00 BBC News (T)

10.25 BBC Regional News (T)

10.33 BBC Weather (T)

10.35 Live at the Apollo The cream of British stand-up comedy cut loose at London's world famous Hammersmith Apollo. (T)

11.20 National Lottery Euromillions Draw (T)

11.25 Not Going Out Lee is becoming increasingly riled by Guy's constant presence in the flat. (R/T)

11.55 FILM: Trespass (1992) Two Arkansas firemen learn from a dying man that he hid a stash of gold in a disused warehouse 50 years earlier in an East St Louis ghetto. Stars Bill Paxton, Ice-T and William Sadler. (T)

1.35 Weatherview (T) **1.40** Sign Zone: James May's Big Ideas (R/T) **2.40** Horizon: Jimmy's GM Food Fight (R/T) **3.40** Helicopter Heroes (R/T) **4.25** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **11.00** CBBC **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Real Rescues (T) **2.00** Gardeners' World Top Tips (T) **2.30** Nature's Top 40 (T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (R/T) **4.30** Step Up to the Plate (T) **5.15** Bargain Hunt Famous Finds (T) **6.00** Eggheads (T) **6.30** Strictly Come Dancing - It Takes Two (T)

7.00 Last Orders: Calling Time on Pubs? Up and down the UK up to five pubs are closing every day, leading many to ask if the future of this British institution is in real jeopardy. (T)

7.30 Fossil Detectives Series in which lecturer Hermione Cockburn leads a team of fossil experts. (R/T)

8.00 Gardener of the Decade (T)

9.00 RAF at 90 Seen through the eyes of those who fought, and are about to fight, at the sharp end of the RAF's toughest battles, this film reveals the joys flying can bring. (T)

10.30 Newsnight In-depth investigation and analysis of the stories behind the day's headlines with Kirsty Wark. (T)

11.00 Newsnight Review Round-table arts discussion series with Martha Kearney. Regular critics include Tom Paulin, Germaine Greer, Allison Pearson, Bonnie Greer, Ian Hislop and Ekow Eshun. (T)

11.35 Strictly Baz: A Culture Show Special A look at the cinematic visionary, Baz Luhrmann. The director of Strictly Ballroom, Romeo and Juliet and Moulin Rouge, Luhrmann deals in colour, romance and spectacle. (T)

12.20 Seven Days (T) **1.05** Seven Days (T) **1.50 FILM: A Game for Vultures** (1979) War drama starring Richard Harris, Richard Roundtree and Joan Collins. (T) **3.35** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** London Today (T) **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** House Guest (T) **2.30** Dickinson's Real Deal (R/T) **3.15** Spin Star (T) (Followed by Local Weather) **4.00** Rosemary Shrager's School For Cooks (T) **5.00** Golden Balls (T) **6.00** London Tonight (T) **6.30** ITV Evening News and Weather (T)

7.00 Emmerdale Nicola faces the village's wrath. As Anna offers more help to the Kings, will Matthew divulge his role in Donald's death? (T)

7.30 Coronation Street Steve feels the strain of playing the bad boyfriend. (T)

8.00 Airline Two passengers who missed their flights to Basel the previous day are furious to discover only one of them has had their flight transferred by supervisor Nathan. (R/T)

8.30 Coronation Street Tony receives an accusation by voice mail - but hides it from Carla. Tyrone's lies have devastating consequences. Eileen's father sets his sights on Rita. (T)

9.00 Midsomer Murders A family feud dating back to WWI comes to a head after the unveiling of a war memorial in Midsomer Parva, when a retired colonel is found dead. (R/T)

11.00 The Late News and Weather (T)

11.45 FILM: Mad Dog and Glory (1992) Comedy drama about a timid police photographer dubbed Mad Dog by his colleagues, who inadvertently saves the life of a local crime boss. Stars Robert De Niro, Uma Thurman and Bill Murray. (T)

1.25 Planet Rock Profiles (T) **2.20 FILM: Head over Heels** (2001) Romantic comedy starring Monica Potter. (T) **3.45** ITV Nightscreen **5.00** CITV **5.55** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** Planet Cook (T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **7.55** Everybody Loves Raymond (R/T) **8.25** The Class (R/T) **8.55** Fat March USA (T) **9.55** Charmed (R/T) **10.55** Charmed (R/T) **11.50** Supporting Acts (R/T) **12.00** News at Noon (T) **12.30** Channel 4 Racing from Cheltenham (T) **2.55** One Last Consonant Please Carol (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 Channel 4 News Includes sport and weather. (T)

7.35 Unreported World (T)

8.00 Come Dine with Me This week's culinary competition comes from Blackburn, where demanding diner Stephen Mahon could be more than the others bargained for as he sets out turn the dining tables to his favour. (T)

9.00 Gordon Ramsay: Christmas Cookalong Live Gok Wan joins Gordon in the studio to cook the perfect festive feast. (T)

10.00 4Music: Peter Kay Presents Geraldine Mcqueen's Christmas Video Exclusive (T)

10.05 The IT Crowd Jen asserts herself as manager after being hailed as "Employee of the Month" and makes powerful enemies in Moss and Roy. (T)

10.40 The World's Greatest Stand Up Live footage from one of the world's largest and most prestigious comedy events. (T)

11.45 Star Stories: Heather Mills Another chance to see the latest episode of the tongue-in-cheek comedy series. (R/T)

12.20-1.10 4Music **1.10** Russell Crowe's South Sydney Story **2.10** Goalissimo (T) **3.05** British Triathlon Grand Prix 2008 (R/T) **3.30** Adrenalin Rush (R/T) **4.00** Transworld Sport (R/T) **4.55** Countdown (R/T) **5.40** Making It (R) **5.45** The Hoobs (R/T)

FIVE

6.00 Milkshake! **10.30** Trisha Goddard (T) **11.30** Behind Closed Doors (R/T) **12.30** Five News (T) **12.45** Going for Gold (T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Going for Gold Extra (T) **3.10 FILM: Christy: Choices of the Heart: Part 2** (2001) Second of a two-part adventure starring Lauren Lee Smith, Diane Ladd and Stewart Finlay-McLennan. (T) **5.00** Five News with Matt Barbet (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Vets in Action (T)

7.00 Five News at 7 National and international news. (T)

7.30 Demolition Squad Documentary series following the work of the company Controlled Demolition. (R/T) (Followed by five news update)

8.00 World's Strongest Man Super Series Exclusive coverage of the World's Strongest Man Super Series - the international tour of strength athletics that acts as a qualifier for the World's Strongest Man competition. (T) (Followed by five news at 9)

9.00 NCIS Drama series following a team of special agents who investigate crimes connected to Navy and Marine Corps personnel. The disappearance of a Navy commander reveals a plot to compromise a highly classified security project. (R/T)

10.00 Law and Order: SVU The murdier of a cleaning lady puts detectives on the trail of a rapist who is targeting illegal immigrants. (T)

11.00 Law and Order: SVU A woman is attacked and her baby is thrown out of a speeding car, leading cops to uncover a tangled web of drug dealing and murder. (T)

12.00 Quiz Call **4.00** Wildlife SOS (R/T) **4.25** The Royal Institution Christmas Lectures (R/T) **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY1

6.00am Good Morning Sports Fans **6.30** Good Morning Sports Fans **7.00** Brainiac: Science Abuse **8.00** UK Border Force **9.00** Cold Case **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Stargate Atlantis **1.00** Project Runway **2.00** UK Border Force **3.00** Cold Case **4.00** Stargate Atlantis **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Wayne Rooney's Street Striker **10.00** Tv's 50 Hardest Men **12.00am** Road Wars **1.00** Stargate SG-1 **1.50** Stargate SG-1 **2.40** Vanity Insanity **3.05** Vanity Insanity **3.30** Real A & E **3.55** Real A & E **4.20** Scare Tactics **4.45** America's Dumbest Criminals **5.10** Guilty!

ITV2

6.00am Emmerdale **7.05** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Emmerdale **10.30** Judge Judy **11.00** Judge Judy **11.30** Airline **12.00pm** Emmerdale **1.00** Airline USA **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.15** The Montel Williams Show **6.00** Judge Judy **6.30** Judge Judy **7.00** Robyn: The Hot Desk **7.15** The X Factor **8.30** The X Factor - The Result **9.00 FILM:** The Bourne Supremacy **11.10** Coronation Street **11.40** Coronation Street **12.10am FILM:** 8 Mile **2.20** Teleshopping **5.20** ITV2 Nightscreen

BBC3

7.00pm Doctor Who **7.50** Doctor Who Confidential **8.00** The Real Hustle: High Stakes **8.30** The Real Hustle: High Stakes **9.00** Britain's Missing Top Model **10.00** EastEnders **10.30** Family Guy **10.55** Family Guy **11.15** Two Pints of Lager and a Packet of Crisps **11.45** Two Pints of Lager and a Packet of Crisps **12.15am** Grownups **12.45** Summer Heights High **1.10** The Real Hustle: High Stakes **1.40** Britain's Missing Top Model **2.40** Two Pints of Lager and a Packet of Crisps **3.10** Two Pints of Lager and a Packet of Crisps **3.35** Grownups **4.05** Clone

BBC4

7.00pm World News Today **7.30** BBC Radio 3 Choir of the Year 2008 **9.00** Legends: Roy Orbison **10.00** Roy Sings Orbison **10.30** Who is Kurt Wallander? **11.30** Charlie Brooker's Screenwipe **12.00am** The New Avengers **12.50** The Avengers **1.40** BBC Radio 3 Choir of the Year 2008 **3.10** Legends: Roy Orbison

CLUBS AND PUBS

OCEANA
Xscape 670976
Three different clubs in one with the Rhythm Room, Ice House Reykjavik and New York Disco. Two bars, Russia Bar and Parisian Boudoir, plus VIP suites, booths. Over 18s Sunday-Thursday, over 19s Fridays and over 20s Saturdays. Dress code is smart casual.

SPICE LOUNGE DISCOTHEQUE
Theatre District 237400
REVAMPED under a new retro identity the Spice Lounge is now a disco venue. Party music from the 80s, 90s and the noughties. Open on Friday and Saturdays only. 9am-2am. Over 21s only.

THE LIVING ROOM
thehub:mk 608643
MUSIC from a local musician on the baby grand piano every night at the swank bar. The Living Room features an upmarket restaurant and an outdoor terrace overlooking the central piazza. Food is served from midday until late.

REVOLUTION
Xscape 679875
VODKA cocktail bar. Monday Madness: Indie to beat driven house. Tuesday: Two-for-one on 56 cocktails. Wednesday: What the funk? - Soul, funk and house. Thursday: Vanity - Indie, rock and hip hop upstairs. Friday: Beatcheck - New soundclash, new DJs, and new tunes. Saturday: I Love Vodka - funky commercial house. Sunday: Acoustic sessions. Dress code is smart casual.

OPUS
Theatre District john@opusmk.com
A BOUTIQUE bar with live DJs playing a mixture of house and chart tracks over two floors. Fridays DJ Rich Cole spins R'n'B, chart hit and requests on the bottom floor, while Matt Oakey plays funky house and electro upstairs. www.opusmk.com for guest list entry. Dress code is casual cool.

LLOYDS NO 1
Theatre District 558905
POPULAR bar on two levels with a large dance floor and giant disco ball. DJs play into the early hours at weekends. Free entry. Drinks and food are reasonably priced.

BUDDHA BLUE
Theatre District 241243 info@buddhablue.co.uk
A MIX of garage, baseline and R'n'B are played at the youngest night club in the Theatre District. Entry is £7 before midnight, £10 after. VIP is £15. Dress code is smart.

BLUEPRINT
Station Square 677840 info@blueprintbars.com
ULTRA stylish independent bar. Great selection of wines, beers and 35 cocktails to choose from.

SNO!BAR
Xscape 0871 222 5670
BAR with metal and alternative music on Thursdays. Sound sessions and guest promoters on Friday. Mix of hip hop and break beat feature on Saturdays with live DJs. 8pm until the early hours. Over 18s only.

FIRST BASE
Xscape 295222
SPORTS bar with regular DJs and live bands playing music from pop and rock to RnB and dance at the weekend, pool tables, and a big screen TV for matches. Casual dress.

SLUG AND LETTUCE
Theatre District 395147
BAR that offers wide range of bottled and draught beers from around the world, quality wines and classic cocktails. Outdoor seating.

ALL BAR ONE
Midsummer Boulevard 397216
STYLISH cosmopolitan bar aimed at people who enjoy great drinks and food in a contemporary environment.

CRAUFORD ARMS
Wolverton 313864
PUB with live music on Fridays. £4. Doors 7.30pm.

THE CANNON
Newport Pagnell 211495
PUB with a beanbag-filled candlelit chill out space. An open mic night Thursday.

THE PITZ 660392

STREETLIGHT MANIFESTO
Plus Random Hand and Dan Pothurst
Friday, December 12
US kings of ska folk rock Streetlight Manifesto formed four years ago in New Jersey.
The seven guys intended to put out one album and disappear.
Seven guys, seven different musical backgrounds, seven different personalities, one band, one unique and unmistakable voice.
One part rock, one part ska, with influences from latin, klezmer, folk, world, funk, jazz and classical thrown in, the band redefined what most people expected from a ska band.
Three albums later, and after countless worldwide tours, the guys are still at it, still performing shows filled with sweat drenched fans, all dancing and singing along at the top of their lungs. And the Streetlight boys wouldn't have it any other way.
Tickets £9. Doors 7.30pm.

THE STABLES 280800

PALEDAY & STONE HALO
Thursday, December 11. 8.45pm
THE Stables links up with leading agency Dawson Breed Music to bring you the stars of tomorrow today. Paleday are like a new Bee Gees with Chic riffs, Mika quirkiness and a Scissor Sisters edge catchy melodies and a groove that just won't let go! Stone Halo are like a funk-rock version of The Who, Led Zep and the Chilli Peppers, mixing everything that's exciting about rock with everything that's funky about 70s soul. Please note this is a standing gig.
Tickets £9.50 on advance, £11.50 on the door.

PHILLIP DYSON
Friday, December 12. 8pm
INTERNATIONAL concert pianist Phillip Dyson returns to The Stables as part of his 50th Birthday Tour celebrations. Recognised as one of Britain's most sought-after and innovative concert pianists, his rapport with audiences, brilliant technique and innate sensitivity constantly win him the highest praise. The performance will include music by Scott Joplin, Billy Mayerl and George Gershwin, featuring The Entertainer, Maple Leaf Rag, I Got Rhythm and Rhapsody In Blue.
Tickets £12, £14.50

RHIANNON GIDDENS & SXIP SHIREY
Friday, 12 December, 8.45pm
GIDDENS (female voice of African-

Concert pianist Phillip Dyson

American string band The Carolina Chocolate Drops) and Shirey (legendary underground folk guitarist and composer) play their instruments as if they were one, weaving melody and rhythm from many influences - Appalachian, opera, Gaelic, hip-hop - and with a bag of tricks including triple-extended penny whistles, mutant harmonicas and human beatboxing.
Tickets £9.50 in advance, £11.50 on the door

ENGLISH SERENATA – WALKING IN THE AIR
With The English Serenata Youth Choir
Sunday, December 14. 7.30pm
A Christmas celebration in words and music that's guaranteed to get the festive spirit flowing! Featuring Howard Blake's The Snowman, narrated by RSC actor Jeffery Dench, along with favourite carols such as Noel, Hark the Herald Angels Sing, O Little Town and Joy To The World, with spoken word taken from Dickens, Betjeman and Dylan Thomas. A real Christmas treat.
Tickets £19.50, £21.50, family £60 (4 seats including a minimum of 2 children)

KOSHKA: RUSSIAN WINTER & GYPSY FIRE
Tuesday, December 16. 8pm
GYPSY super-trio Koshka bring a seasonal flavour from Russia this December. Vibrant, enthralling Gypsy music - played with outrageous bravura - is interspersed with Russian tales and anecdotes giving an insight into the traditions of Christmas in a culture very different to our own.
Tickets £13.50, meal deal £23.50

BEN WATERS BIG BAND
With support the Spike Drivers
Wednesday, December 17. 8pm
BEN Waters is widely acknowledged as one of the most exciting boogie woogie piano players in Europe today, with his live shows being compared to Jerry Lee Lewis, Jimi Hendrix and Little Richard (who he's supporting in Vienna this autumn).
Tickets £14, £16

STANTONBURY THEATRE

SNOW WHITE
December 23 to January 4
PRESENTED by Milton Keynes Amateur Operatic Society who have a deserved reputation for spectacular, magical pantomimes.
Beauty they say is only skin deep - and in the case of Wicked Queen Anastia it's certainly true.
When she finds out that Snow White is now the fairest of them all, things get very ugly indeed.
A retelling of the classic fairy tale, complete with a handsome Prince, magic mirrors, evil transformations, plenty of jokes and silliness and of course seven lovable characters.
Check the website www.mkaos.co.uk for full details of dates and times.
Tickets are just £12 for adults and £8 for children and concessions.
Call the box office on 07765 084193.

MK THEATRE

Andy Ford as Smee

PETER PAN
Until January 18
DO you believe in fairies? Fly away with MK Theatre this Christmas on a spectacular journey of wonder and excitement into the magical world of Neverland.
Join Peter, Wendy and the Lost Boys on their captivating adventure to save Tinkerbell from the villainous Captain Hook, his bumbling sidekick Smee and their crew of dastardly pirates. It will be a thrilling ride of laughter and joy combined with stunning special effects, sumptuous sets and costumes and a good helping of fairy dust.
This year's cast features iconic American actor Henry Winkler as the dastardly Captain Hook, star of Eastenders, The Bill and Strictly Come Dancing Louisa Lytton playing peter and funny man Andy Ford as Smee.
For tickets details call 0870 060 6652

COMPETITION

Win a King's College Choir CD

WIN a CD that captures the quintessential sound of Christmas.
All over the world, King's College Choir, Cambridge, is recognised as one of the finest exponents of the church music tradition.
The choir itself dates back to the fifteenth century and its latest release through EMI TV aims to continue the tradition of this deeply historic institution. The truly life-affirming sound made by the sixteen choristers and fourteen choral scholars at King's is brought together here on this 2CD set.
Featuring a wide variety of carols, including Once in Royal David's City, O Come, All Ye Faithful, and The Holly and the Ivy' this release more than any other is the definitive evocation of Christmas.
It also features a wealth of newly recorded material, including Ding Dong Merrily On High, In The Bleak Midwinter and See Amid The Winters Snow conducted by Stephen Cleobury, making this a truly unique collection.
MK NEWS has TEN CDs to give away
To win all you have to do is e-mail us the answer to this simple question: Which century does the choir date back to?
Send answers with your name, address and phone number to: competitions@mk-news.co.uk
Closing date for entries Friday, December 12 . First ten drawn out of the hat win.

SATURDAY
December 13

BBC1

6.00 Breakfast (T) **10.00** Saturday Kitchen (T) **11.30** Indian Food Made Easy (R/T) **12.00** BBC News (T) **12.10** Football Focus (T) **1.00** UK Snooker Championship (T) **4.30** Final Score (T) **5.20** BBC News (T) **5.35** Regional News and Weather (T) **5.40** Hole in the Wall (R/T) **6.10** Strictly Come Dancing (T)

7.10 **Merlin** The fantasy romp concludes, with Gaius troubled over sightings in Camelot of a Questing Beast, a creature conjured from the nightmares of a long dead king. (T)

7.55 **The National Lottery Draws**

8.05 **Casualty** Adam struggles to come to terms with events in his life. Under pressure, Toby makes a bold statement about his night with Ben. (T)

8.55 **Strictly Come Dancing** Bruce Forsyth and Tess Daly host a special live show with the results from the semi-final of the celebrity ballroom dancing competition. (T)

9.40 **Outnumbered** A Croatian babysitter has a night to remember when Mum and Dad manage to escape for a meal together. (T)

10.10 **BBC News** (T)

10.30 **Match of the Day** Ray Stubbs presents Premier League highlights, which include a fascinating clash between Tottenham Hotspur and Manchester United at White Hart Lane. (T)

11.50 **FILM: Ace Ventura: When Nature Calls** (1995) Comedy sequel about the zany private detective who specialises in locating missing pets. Ace Ventura travels to Africa to search for a kidnapped sacred albino bat, which reputedly has the power to restore peace between two warring tribes. Stars Jim Carrey. (T)

1.15 Weatherview (T) **1.20** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** TMi (T) **10.30** Gina's Laughing Gear (R/T) **10.55** Prank Patrol Pocketsize (R/T) **11.00** The Secret Show (R/T) **11.15** The Story of Tracy Beaker (R/T) **11.45** Eliot Kid (R/T) **12.00** Malcolm in the Middle (R/T) **12.45** Mission Beach USA (T) **1.15** Sound (T) **1.45** Revealed (T) **2.00** The Sky at Night (R/T) **2.20 FILM: King Rat** (1965) Drama starring George Segal. (T) **4.30** UK Snooker Championship (T) **5.40** Rick Stein's Food Heroes Christmas Special (R/T) **6.10** The Hairy Bakers' Christmas Special (R/T)

7.10 **A Life on the Box: Arthur Lowe** Presented by Terry Wogan this compilation programme celebrates the unique talent of Arthur Lowe, including interviews with those who knew him, together with clips from TV programmes. (R/T)

7.55 **Missing Presumed Wiped** (R/T)

8.25 **Dad's Army in Colour** Ian Lavender presents a restored episode of Dad's Army shown for the first time in almost 40 years in colour. (T)

9.00 **Comedy Connections** The series charting the history of the best of British comedy looks at Dad's Army. (T)

9.40 **Have I Got a Bit More News for You** Extended version of the popular news quiz. (R/T)

10.20 **Never Mind the Buzzcocks** Comedy pop quiz with host Simon Amstell. (R/T)

10.50 **The Peter Serafinowicz Show...Best Of** (T)

11.35 **Blondie: One Way Or Another** Mark Radcliffe narrates a documentary about New York band Blondie, from their Bowery beginnings at CBGB's in 1974 to their controversial induction into the Rock 'n' Roll Hall of Fame. (R/T)

12.50 UK Snooker Championship Highlights (T) **1.40** Snooker Extra (T) **3.40 FILM: Intacto** (2001) Drama starring Leonardo Sbaraglia. (T) **5.25** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** CITV: Captain Mack (R/T) **9.40** Emu (T) **9.55** Bernard (R/T) **10.10** My Life as a Popat (T) **10.40** Coronation Street Omnibus (T) **1.15** ITV News and Weather (T) **1.20** London Today (T) **1.25 FILM: The Sting** (1973) Oscar-winning drama starring Paul Newman, Robert Redford and Robert Shaw. (T) **3.40** Midsomer Murders (R/T) **5.40** London Tonight (T) **5.55** ITV News and Weather (T) **6.10** New You've Been Framed! (T) **6.40** Harry Hill's TV Burp (T)

7.10 **The X Factor** The final of this year's X Factor: only three acts remain to compete for a one million pound recording contract and the chance of a dream come true. (T)

8.40 **The Girls Aloud Party (New)** Pop sensations Girls Aloud invite us to their very own party. The girls will sing some of their classic songs and there will be exclusive performances of some new songs from their latest album. (T)

9.40 **The X Factor - The Result** It is decision time for the three X Factor finalists. (T)

10.40 **FILM: True Lies** (1994) Explosive comedy thriller about a US undercover agent who draws his frustrated wife into his dangerous world in a bid to give her the excitement she craves. For her the experience of battling fanatical terrorists is totally unexpected, as she believes she is married to a computer salesman, and not an action man. (T)

11.40 **ITV News and Weather**

11.55 **FILM: True Lies** (1994) Conclusion of tonight's comedy thriller starring Arnold Schwarzenegger, Jamie Lee Curtis and Tom Arnold. (T)

1.35 FILM: Mayerling (1969) Drama starring Omar Sharif. (T) **4.00** ITV Nightscreen **5.00** CITV: Jim Jam and Sunny (R/T) **5.10** Jim Jam and Sunny (R/T) **5.20** Engie Benjy (R/T) **5.35** Captain Mack (R/T) **5.45** Planet Sketch (R/T) **5.55** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** Planet Cook (T) **7.00** Goalissimo (R/T) **8.00** The Morning Line (T) **8.50** T4: Orange Unsignedact (R/T) **9.55** Friends (R/T) **10.25** Shockwaves Album Chart Show: Sugababes Special (T) **10.55** Friends (R/T) **11.30** Movie Special **12.00** Reaper (R/T) **12.55** 101 Challenges (T) **1.45** Channel 4 Racing From Cheltenham and Doncaster (T) **3.55 FILM: Close Encounters Of The Third Kind** (1977) Sci-fi drama starring Richard Dreyfuss. (T) **6.30** Channel 4 News (T)

7.00 **Iraq: The Legacy** Political commentator Peter Oborne returns to Iraq in a follow-up to his Dispatches film. (T)

8.00 **A River Cottage Christmas Feast** It's Christmas and Hugh is preparing for River Cottage HQ's final event of the year. The plan is to shoot, harvest, gather and cook enough food to furnish the tables for a magnificent medieval festive banquet. Hugh's own fattened geese and ducks inspire the centrepiece for the feast: a ten-bird roast of medieval origin. (T)

9.00 **The Devil's Whore** Another chance to see the final episode of the epic Civil War drama. Sexby is arrested and exiled after he refuses to fight for Cromwell. (R/T)

10.05 **FILM: Sideways** (2004) Miles Raymond, a failed writer and divorcé who teaches junior high school English takes his best friend, former hot actor Jack, on a weeklong drive up to California's wine country. There they explore the nature of their failures and question their relationships. Drama, starring Paul Giamatti, Thomas Haden Church and Virginia Madsen. (T)

12.35 FILM: The Power Of The Game (2006) Documentary. **2.30** Midnight Madness 2008 (R) **4.00** Grudge Match (R/T) **4.15** Hill Street Blues (R) **5.00** Countdown (R/T) **5.45** The Hoobs (R/T)

FIVE

6.00 Sunrise **7.00** Milkshake! **10.00** The Gadget Show Christmas Stocking (R/T) **11.00** World's Strongest Man Super Series (R/T) **12.00** Polar Bear Adventure with Nigel Marven (R/T) **1.00 FILM: The Angel of Pennsylvania Avenue** (1997) Depression-era festive drama starring Diana Scarwid, Robert Urich and Tegan Moss. (T) **3.00 FILM: I Love Trouble** (1994) Old-fashioned romantic comedy starring Julia Roberts, Nick Nolte and Saul Rubinek. (T) **5.20 FILM: The Muppet Christmas Carol** (1992) Comedy starring Michael Caine, Steven Mackintosh and Robin Weaver. (T) **6.50** Five News and Sport (T)

7.10 **NCIS** The team investigates when marine recruiters are targeted by a sniper. (R/T)

8.00 **NCIS** A naval dentist is murdered after stopping to help a motorist in need of assistance. (R/T)

9.00 **CSI: NY** Mac and Danny investigate when a delusional ex-con who was building an ark is found dead on top of a bed of cash. (R/T)

10.00 **CSI: NY** Mac and Stella try to tie popular illusionist Luke Blade to a string of magic-trick-inspired murders. Meanwhile, Danny goes to Montana to support Lindsay as she testifies against the man who murdered her friends. (R/T)

11.00 **The FBI Files** Documentary series charting the work of the FBI's crime lab. This instalment details the battle to bring down the violent drug gangs that ruled the streets of Chicago in the 1980s. As they targeted El Rukns, a particularly dangerous gang, police uncovered a bizarre terrorist plot. (T)

12.00 Quiz Call **4.00** Wildlife SOS (R/T) **4.30** The Royal Institution Christmas Lectures (R/T) **5.15** The Royal Institution Christmas Lectures (R/T)

SATELLITE

SKY1

6.00am The Lion Man **6.30** The Lion Man **7.00** Gladiators **8.00** The Lion Man **8.30** The Lion Man **9.00** Soccer AM **12.00pm** Wayne Rooney's Street Striker **1.00** Stargate Atlantis **2.00** Don't Forget The Lyrics **3.00 FILM:** The Librarian: Return to King Solomon's Mines **4.50** Bite Size Brainiac **5.00** The Simpsons **5.30** The Simpsons **6.00** Noel's Are You Smarter Than a Ten-Year-Old? **7.00** Futurama **7.30** Futurama **8.00** UK Border Force **9.00** Road Wars **10.00** Road Wars **11.00** Street Wars **12.00am** Prison Break **1.00** Road Wars **1.50** Mile High **2.40** Mile High **3.30** Vanity Insanity **3.55** Vanity Insanity **4.20** Real A & E **4.45** Real A & E **5.10** Guilty!

ITV2

6.00am Coronation Street Omnibus **8.15** Emmerdale Omnibus **10.40** Britannia High **11.45 FILM:** Back to the Future Part III **1.55pm** Emmerdale Omnibus **2.25** Xtra Factor Results **3.10** Xtra Factor: Best and Worst 2007 **4.10** Xtra Factor: Best and Worst 2007 **5.10** Xtra Factor: Best and Worst 2007 **6.10** Xtra Factor: Winner's Story 2007 **7.10** Superhuman: World's Smallest People **8.10** Planet's Funniest Animals **8.40** Xtra Factor **9.40** Planet's Funniest Animals **10.10** No Heroics **10.40** Xtra Factor Results **11.40** Katy Brand's Big Ass Songs 2008 **12.45am** The X Factor **2.15** Xtra Factor **3.10** The X Factor - The Result **4.05** Xtra Factor Results **5.00** Teleshopping

BBC3

7.00pm The Real Hustle: High Stakes **7.30** The Real Hustle: High Stakes **8.00** Top Gear **9.00 FILM:** The Last Seduction **10.50** Family Guy **11.15** Family Guy **11.35** Two Pints Outtakes **12.05am** Two Pints of Lager and a Packet of Crisps **12.35** The Real Hustle: High Stakes **1.05** The Real Hustle: High Stakes **1.35** The Last Millionaire **2.30** Two Pints Outtakes **3.00** Two Pints of Lager and a Packet of Crisps **3.30** Clone **4.00** The Last Millionaire

BBC4

7.00pm Crowdie and Cream **8.00** Tess of the D'Urbervilles **9.00** Carluccio and the Leopard **10.00** Inspector Montalbano **11.55** Mad Men **12.45am** Tess of the D'Urbervilles **1.45** Carluccio and the Leopard **2.45** Inspector Montalbano

SUNDAY
December 14

BBC1

6.00 Breakfast (T) **7.35** Match of the Day (R/T) **9.00** The Andrew Marr Show (T) **10.00** Christmas Voices **(New)** (T) **11.00** Countryfile (T) (Followed by Weather for the Week Ahead) **12.00** BBC News (T) **12.05** Cash in the Attic (R/T) **12.35** 'Allo 'Allo! (R/T) **1.00** Diagnosis Murder (R/T) **1.45** EastEnders (R/T) **3.40** Merlin (R/T) **4.25** Songs of Praise (T) **5.05** BBC News (T) **5.20** Regional News and Weather (T) **5.30** Little Dorrit (R/T)

7.00 **Sports Personality of the Year** Live from the Echo Arena in Liverpool, Sue Barker, Gary Lineker and Jake Humphrey present a celebration of the best moments from an extraordinary year of sport, climaxing with the presentation of the Sports Personality of the Year award. (T)

9.00 **Wallander** On Midsummer's Eve, three teenagers wearing fancy dress are murdered in a secluded wood. (T)

10.30 **BBC News** (T)

10.50 **Spooks** Drama series about the British Security Service. With the Russians launching a nuclear strike on London, the only person who can help the team in this desperate hour is the traitor amongst them. With the Russians hunting them down, the team usher their traitor through London in a desperate bid to reach the codes, and the bomb, in time. (R/T)

11.50 **FILM: The Ghost and the Darkness** (1996) Adventure drama based on the true story of the confrontation between two Europeans and a pair of lions that obstructed the progress of a railway line in East Africa during the 1890s. Stars Michael Douglas, Val Kilmer and Tom Wilkinson. (T)

1.30 Weatherview (T) **1.35** Sign Zone: Holby City (R/T) **2.35** Survivors (R/T) **3.35** After Rome: Holy War and Conquest (R/T) **4.35** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** Escape from Scorpion Island (T) **10.00** Something for the Weekend (T) **11.30** Rachel's Favourite Food at Home (R/T) **12.00** Animal Park (R/T) **1.00** European Cross Country Championships (T) **2.45** UK Snooker Championship (T) **5.30** One Man and His Dog (T) **6.10** Long Way Down (R/T)

7.10 **Natural World** Every time we weigh up which bottle of wine to buy, we hold the fate of nightingales, rare black storks, secretive wild cats and one of the world's most remarkable trees in our hands. (T)

8.00 **Coast** Neil Oliver and the team take a journey around the coast of the UK. (R/T)

9.00 **Top Gear** Motoring news and views from the usual team. (T)

10.00 **Match of the Day 2** Adrian Chiles presents highlights of the day's two Barclays Premier League games - Chelsea v West Ham and Portsmouth v Newcastle. (T)

10.50 **The Graham Norton Show Uncut** Graham Norton presents comedy monologues, celebrity chat, eccentric stories and characters, and home-grown weirdness from the great British viewing public. Star of The Mummy films Brendan Fraser joins Graham for a chat, and Alesha Dixon will be performing. (T)

11.35 **Heroes** The eclipse continues to impact the Heroes' abilities, as Elle and Sylar face off against a vengeful HRG while Claire struggles to survive. In Haiti, Peter and Nathan join forces with the Haitian to battle his brother Baron Samedi. (R/T)

12.20 UK Snooker Championship Highlights (T) **1.10** Snooker Extra (T) **3.10** Joins BBC News **4.35** Inside Sport (R/T) **5.05** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** CITV: Art Attack (R/T) **9.50** Prove It! (R/T) **10.10** Finger Tips (T) **10.30** Finger Tips (T) **10.50** Planet Sketch (R/T) **11.00** The Championship (T) **12.00** ITV News and Weather (T) **12.10** London Today (T) **12.20** Britannia High Behind the Scenes (T) **1.20** The X Factor (R/T) **2.50** The X Factor - The Result (R/T) **3.50** London Tonight (T) **4.05 FILM: Star Wars: Episode II - Attack Of The Clones** (2002) The second prequel to the classic Star Wars trilogy follows the fortunes of Jedi Knight Obi-Wan Kenobi starring Ewan McGregor, Natalie Portman and Hayden Christensen. (T)

7.00 **Britannia High** Tensions rise as the school prepares for the end of year showcase. It's the big performance that the students have been working towards, and all of them are desperate to shine. (T)

8.00 **The Royal (New)** Stella and Frankie start to plan a future together - but their dreams are jeopardised when they get caught up in a major incident in the town. (T)

9.00 **The Old Curiosity Shop** Derek Jacobi heads an all-star cast in this new adaptation of Charles Dickens' classic story. Nell and her grandfather live in the Old Curiosity Shop, a veritable Aladdin's Cave of treasures. (R/T)

11.00 **ITV News and Weather**

11.15 **The Priests (New)** Documentary following three musical Catholic priests from Northern Ireland as they sign a one million pound recording contract, make their first album and perform a gala concert. (T)

12.15 Britain's Love Story (R/T) **1.05** Heist (R/T) **1.55** 60 Minute Makeover (R/T) **2.45** Antiques Auction (R/T) **3.10** Antiques Auction (R/T) **3.35** ITV Nightscreen **5.00** CITV: Jim Jam and Sunny (R/T) **5.20** Engie Benjy (R/T) **5.35** Captain Mack (R/T) **5.45** Planet Sketch (R/T) **5.55** ITV Early Morning News (T)

FOUR

6.10 Planet Cook (T) **6.30** Transworld Sport (T) **7.25** Adrenalin Rush (T) **7.50** The Great North Swim (R) **8.45** T4: Friends (R/T) **9.20** Hollyoaks Omnibus (R/T) **11.50** Orange Unsignedact (T) **12.50** Relentless (T) **1.40** Friends (R/T) **2.10** Girls Aloud Special: Under The Skin (T) **3.15** Girls Aloud: Tangled Up Live From The O2 (T) **4.15** The Simpsons (T) **4.45** The Simpsons (T) **5.10** Deal Or No Deal (T) **6.00** Channel 4 News (T)

6.15 **FILM: Elf** (2003) Buddy was a baby in an orphanage who stowed away in Santa's sack and ended up at the North Pole. Later, as an adult human who happened to be raised by elves, Santa allows him to go to New York City to find his birth father, Walter Hobbs. Comedy, starring Will Ferrell. (T)

8.00 **Peter Kay's Britain's Got The Pop Factor And Possibly A New Celebrity Jesus Christ Soapstar...** Another chance to see Peter Kay's spoof of reality talent shows such as The X-Factor and Britain's Got Talent. (R)

9.55 **4Music: Peter Kay Presents Geraldine Mcqueen's Christmas Video**

10.00 **The Sunday Night Project** The Sunday Night Project, presented by Justin Lee Collins and Alan Carr, is packed full of regular comedy strands and games. (T)

11.05 **FILM: Wolf** (1994) A man driving alone at night on a New England Highway, finds a wolf laying down in the middle of the road. When he stops to find out what's happening, the wolf bites him and run away. Days before this man begins to feel some strange changes on his body, until he converts in a werewolf. Stars Jack Nicholson. (T)

1.30 FILM: Only Yesterday (1991) Drama starring Miki Imai. (T) **3.50 FILM: Little Norse Prince** (1968) Fantasy starring Yukari Asai. (T) **5.15** Countdown (R/T)

FIVE

6.00 Milkshake! **10.00** Secrets of Egypt: Sphinx (R/T) **11.00** Fire Storm: Perfect Disaster (R/T) **12.00** Megastructures (R/T) **1.00 FILM: Before Winter Comes** (1969) Drama starring David Niven, Topol and Anna Karina. (T) **3.00** Zoo Days (R/T) **3.15 FILM: Blizzard** (2003) Christmas fantasy starring Brenda Blethyn, Zoe Warner and Jennifer Pisana. (T) **5.15 FILM: Firefox** (1982) Cold War espionage thriller in which a pilot is called back from retirement and sent on a dangerous mission behind Soviet lines. The burned-out Vietnam vet is called into action for his hotshot pilot skills and fluent Russian, with the objective of stealing a thought-controlled fighter plane from the Soviets. Stars Clint Eastwood, Freddie Jones and David Huffman. (T)

7.45 **Five News** National and international news. (T)

8.00 **FILM: 50 First Dates** (2004) Romantic comedy in which a playboy vet attempts to court a woman who suffers from a severe case of short-term memory loss. The Casanova faces the challenge of wooing her again each day. Stars Adam Sandler, Drew Barrymore and Rob Schneider. (T)

10.00 **FILM: Lethal Weapon 4** (1998) Third sequel in the long-running action adventure series, in which the ill-matched cop duo of Riggs and Murtaugh find themselves up against the Chinese Triads and their vicious leader. As Murtaugh becomes involved with helping a family of illegal Chinese immigrants, Riggs finds out he is about to become a father. Spectacular action is complemented by some impressive martial arts choreography and the usual wise-cracking script. Stars Mel Gibson. (T)

12.35 Muhammad Ali Special **1.10** NFL **4.20** Now Is the Time: Night of Combat - Kick Boxing **5.15** The Royal Institution Christmas Lectures (R/T)

SATELLITE

SKY1

6.00am Hour of Power **7.00** Gladiators **8.00** Noel's Are You Smarter Than a Ten-Year-Old? **9.00** Malcolm in the Middle **9.30** Road Wars **10.30** WWE: Armageddon Preview **11.00** WWE: Experience **12.00pm** Malcolm in the Middle **12.30** Malcolm in the Middle **1.00** Malcolm in the Middle **1.30** Malcolm in the Middle **2.00** Cold Case **3.00** Robbie Williams Live: A Close Encounter **4.30** Futurama **5.00** Futurama **5.30** Futurama **6.00** Futurama **6.30** Wayne Rooney's Street Striker **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00 FILM:** Beverly Hills Cop II **11.00** Bones **12.00am** Road Wars **1.00** Road Wars **1.55** Mile High **2.50** Vanity Insanity **3.15** Vanity Insanity **3.40** America's Dumbest Criminals **4.05** Bite Size Brainiac **4.20** Real A & E **4.45** Real A & E **5.10** Guilty!

ITV2

6.00am Emmerdale Omnibus **8.40** Xtra Factor Results **9.40 FILM:** Back to the Future Part III **11.50** Emmerdale Omnibus **2.40pm** Coronation Street Omnibus **5.30** The X Factor **7.00** Superhuman: Genius **8.00** The X Factor - The Result **9.00** Xtra Factor Results **10.00 FILM:** About a Boy **12.05am FILM:** 8 Mile **2.10** Teleshopping **5.10** ITV2 Nightscreen

BBC3

7.00pm Dog Borstal **8.00** Don't Tell the Bride **9.00** The Last Millionaire **10.00** Family Guy **10.25** Family Guy **10.45 FILM:** The Last Seduction **12.30am** Clone **1.00** The Last Millionaire **2.00** Don't Tell the Bride **2.55** How to Rob a Bank **3.55** Dog Borstal

BBC4

7.00pm The Medici: Makers of Modern Art **8.00 FILM:** The Leopard **11.00** Carluccio and the Leopard **12.00am** Charlie Brooker's Screenwipe **12.30** Mark Lawson Talks to Quentin Blake **1.30** The Medici: Makers of Modern Art **2.30** Charlie Brooker's Screenwipe **3.00** Mark Lawson Talks to Quentin Blake

MONDAY
December 15

Rally Action
See highlights of the 2008 Wales Rally GB

Tonight at 9.00pm
Sky 410 - Virgin Media 521

BRITISH EUROSPORT

BBC1

6.00 Breakfast (T) **9.15** Hospital Heroes (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** Buy It, Sell It, Bank It? (T) **11.45** Cash in the Attic (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News at One (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News at Six (T) **6.30** Regional News and Weather (T)

7.00 The ONE Show (T)
7.30 Watchdog Nicky Campbell, Julia Bradbury and Paul Heiney present the latest consumer news and advice from the Watchdog office. (T)
7.57 BBC News and Regional News
8.00 EastEnders As the Jacksons struggle to cope with the fallout of Tony's actions, Bianca makes an upsetting discovery. (T)
8.30 Panorama (T)
9.00 Crimewatch Kirsty Young and the team work with the police to appeal for help in cracking unsolved cases and bringing criminals to justice. (T)
10.00 BBC News at Ten (T)
10.25 Regional News and Weather
10.33 BBC Weather (T)
10.35 Crimewatch Update Updates on recently-featured cases. (T)
10.45 A Question of Sport Sue Barker hosts the light-hearted sports quiz. (R/T)
11.15 Inside Sport (T)
11.45 FILM: Into the Sun (2005) Action comedy. A serious Air Force pilot is less than thrilled when he is pulled from his normal duties and asked to escort a young movie star around the base as part of his research for a new film role. Stars Anthony Michael Hall and Deborah Moore. (T)

1.20 Weatherview (T) **1.25** Sign Zone: Little Dorrit (R/T) **1.55** Little Dorrit (R/T) **2.55** Helicopter Heroes (R/T) **3.40** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.00** CBBC **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** UK Snooker Championship (T) **5.15** Flog It! Ten of the Best (T) **6.00** Eggheads-Celebrity Special (T) **6.30** Strictly Come Dancing - It Takes Two (T)

7.00 UK Snooker Championship With the last 16 line-up complete, Rishi Persad introduces live coverage as the second round gets underway. Matches are the best of 17 frames, played over two sessions. (T)
8.00 University Challenge Jeremy Paxman asks the questions. (T)
8.30 Nigella's Christmas Kitchen Nigella Lawson enjoys the run-up to Christmas and prepares her Christmas larder in advance. (T)
9.00 World War II Behind Closed Doors Joseph Stalin was a tyrant responsible for the death of millions, yet he was also a vital ally of Britain and America during the Second World War. How was it possible for Churchill and Roosevelt to deal with one tyrant in order to help beat another, Adolf Hitler? (T)
10.00 Have I Got News for You Another edition of the popular news quiz, with guest panellists joining Ian Hislop, Paul Merton, and special guest presenter, Jerry Springer. (R/T)
10.30 Newsnight (T)
11.20 Louis Theroux: Gambling in Las Vegas Louis Theroux heads to Las Vegas, the fastest growing city in America, to take a look at the pastime that made it famous and meet the gamblers, the high rollers and the casino men who keep this town in the middle of the desert green with money. (R/T)

12.20 UK Snooker Championship Highlights (T) **1.10** Snooker Extra (T) **3.10** Joins BBC News **3.40** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** The Best of This Morning (T) **11.30** Christmas Cooks Challenge **(New)** (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** House Guest... at Christmas (T) **2.30** Dickinson's Real Deal (R/T) **3.15** Spin Star (T) (Followed by Local Weather) **4.00** Rosemary Shrager's School For Cooks (T) **5.00** Evacuees Reunited **(New)** (T) **6.00** London Tonight (T) **6.30** ITV Evening News and Weather (T)

7.00 Emmerdale Matthew discovers that Donald has had the last laugh. (T)
7.30 Coronation Street A murderous Tony pays Maria a visit. Michelle is increasingly infuriated by Steve's behaviour. (T)
8.00 Airline (R/T)
8.30 Coronation Street Carla is stunned by Tony's revelations. (T)
9.00 Taggart (New) Preparations are underway for a new museum in the former mining community of Garsden on the outskirts of Glasgow. (T)
10.00 News at Ten and Weather (T)
10.40 Death on the Bay: Real Crime (New) Programme investigating the deaths of twenty-three Chinese cockle pickers on Morecambe Sands. (T)
11.40 Police, Camera, Action Alastair Stewart and Adrian Simpson look at some of Britain's roads and highways that have been identified by some of Europe's leading experts on road safety as potentially lethal. (R/T)

12.35 UEFA Champions League Weekly (T) **1.05** Nightwatch With Steve Scott: Crime (R/T) **2.00** Loose Women (R) **2.45** Moving Day (R/T) **3.40** ITV Nightscreen **5.00** CITV: Jim Jam and Sunny (R/T) **5.10** Jim Jam and Sunny (R/T) **5.25** Engie Benjy (R/T) **5.35** Captain Mack (R/T) **5.45** Miffy And Friends (R/T) **5.55** ITV Early Morning News (T)

FOUR

6.00 Cubeez (R/T) **6.10** The Hoobs (R/T) **6.35** Planet Cook (T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Everybody Loves Raymond (R/T) **8.25** The Class (R/T) **8.55** Fat March USA (T) **9.55** Charmed (R/T) **10.45** Charmed (R/T) **11.45** Great British Brands (R) **12.00** News at Noon (T) **12.30** Science Scams (R/T) **12.45 FILM: The Man who Would Be King** (1975) Action, starring Sean Connery. (T) **3.15** A Place by the Sea (T) **4.15** Deal Or No Deal: Scrooge Vs. Santa (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 Channel 4 News (T)
7.55 3 Minute Wonder (T)
8.00 The Ascent Of Money Property is the English-speaking world's favourite form of investment. But the phrase "safe as houses" means something special in the world of finance. Professor Niall Ferguson explains how we got hooked on the idea of a property-owning democracy, and how the sub-prime market brought our current global crisis. (T)
9.00 Catastrophe Sixty-five million years ago the planet was rocked by a massive event when, seemingly out of nowhere, dinosaurs were suddenly wiped off the face of the Earth. Tony Robinson investigates how without this devastating catastrophe shaping the way the world was to develop, humans would not be here today. (T)
10.00 Chosen A story of the sexual abuse of boys by teachers in Britain's private schools. For 30 years the boys, and the men they became, stayed silent, nursing the dark secret of the abuse they suffered. (T)

12.05-1.35 4Music **1.35 FILM: The Luzhin Defence** (2000) Drama, starring John Turturro. (T) **3.25** Unreported World (R/T) **3.50** Hill Street Blues (R) **4.40** UK School Games (R) **5.35** Cubeez (R/T) **5.45** The Hoobs (R/T)

FIVE

6.00 Milkshake! **9.00** Trisha Goddard (R/T) **10.00** Zoo Days (R/T) **10.30** The Family Recipe (R/T) **10.40 FILM: Picking Up and Dropping Off** (2003) Comedy starring Scott Wolf, Amanda Detmer and Rachelle Lefevre. (T) **12.30** Five News (T) **12.45** Going for Gold (T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Going for Gold Extra (T) **3.05 FILM: Santa Who?** (2000) Comedy starring Leslie Nielsen, Max Morrow and Tommy Davidsond. (T) **5.00** Five News with Matt Barbet (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Vets in Action (T)

7.00 Five News at 7 National and international news. (T)
7.30 Rough Guide to Trips of a Lifetime Travel series presented by Julia Bradbury and Toby Amies. (T) (Followed by five news update)
8.00 The Gadget Show Consumer technology show presented by Jason Bradbury, Suzi Perry, Dallas Campbell and Jon Bentley. (T) (Followed by five news at 9)
9.00 Sex, Drugs and Rock 'n' Roll: The 60s Revealed Documentary series featuring never-before-seen footage of iconic figures from the 1960s. (T)
10.00 FILM: Ballistic: Ecks vs Sever (2002) Hi-tech action thriller in a pair of former government agents and bitter rivals must form an uneasy alliance to thwart a terrorist. The ex-agents must track down a rogue agent in possession of a highly destructive gadget. Stars Antonio Banderas, Lucy Liu and Gregg Henry. (T)
11.50 Police Interceptors: Special Edition Special edition of the documentary series profiling the work of a high-speed police interception unit in Essex. (T)

12.20 Special Forces Heroes (R/T) **1.20** NFL **4.45** Race and Rally UK **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY1
6.00am Good Morning Sports Fans **6.30** Good Morning Sports Fans **7.00** Gladiators **8.00** UK Border Force **9.00** Cold Case **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Stargate Atlantis **1.00** Project Runway **2.00** UK Border Force **3.00** Cold Case **4.00** Stargate Atlantis **5.00** Wayne Rooney's Street Striker **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** Futurama **9.00** Road Wars **10.00** Road Wars **11.00** Street Wars **12.00am** Road Wars **1.00** Road Wars **1.50** Stargate SG-1 **2.40** Stargate SG-1 **3.30** America's Dumbest Criminals **3.55** America's Dumbest Criminals **4.20** Vanity Insanity **4.45** Vanity Insanity **5.10** Guilty!

ITV2
6.00am Coronation Street **6.30** Coronation Street **7.00** Emmerdale **7.30** Airline USA **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Coronation Street **10.30** Emmerdale **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Coronation Street **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.15** The Montel Williams Show **6.00** Judge Judy **6.30** Judge Judy **7.00** Smallville **8.00** Xtra Factor: Best and Worst 2008 Part One **9.00 FILM:** About a Boy **11.05** Coronation Street **11.35** Coronation Street **12.05am FILM:** Bridget Jones: The Edge Of Reason **2.15** Teleshopping **5.15** ITV2 Nightscreen

BBC3
7.00pm Doctor Who **7.45** Doctor Who **8.30** Clone **9.00** Little Britain **9.30** Summer Heights High **10.00** EastEnders **10.30** Kill It, Cook It, Eat It: Christmas Special **11.30** Family Guy **11.55** Family Guy **12.15am** Summer Heights High **12.40** Clone **1.10** Last Man Standing **2.10** Kill It, Cook It, Eat It: Christmas Special **3.10** The Real Hustle: High Stakes **3.40** Last Man Standing

BBC4
7.00pm World News Today **7.30** Top of the Pops: 1968 **8.00** The Hard Sell **8.30** Only Connect **9.00** Growing Babies **10.00** Inspector Montalbano **11.35** Legends: Roy Orbison **12.35am** Roy Orbison And Friends: A Black And White Night **1.40** Growing Babies **2.40** Inspector Montalbano

TUESDAY
December 16

BBC1

6.00 Breakfast (T) **9.15** Hospital Heroes (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** Buy It, Sell It, Bank It? (T) **11.45** Cash in the Attic (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News at One (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News at Six (T) **6.30** Regional News and Weather (T)

7.00 The ONE Show (T)
7.30 EastEnders Suzy's escape plans are thrown into jeopardy by Archie. (T)
7.57 BBC News and Regional News
8.00 Holby City Ric receives a photo of his grandson in the post, and must juggle his Director of Surgery duties with detective work in order to track Michelle down. (T)
9.00 Survivors Suspicions are aroused when visionary spiritual leader John turns up mysteriously at the survivors' door with his ragged group of passionate disciples. (T)
10.00 BBC News at Ten (T)
10.25 Regional News and Weather
10.33 BBC Weather (T)
10.35 FILM: Die Hard With A Vengeance (1995) Third in the series of high-speed action thrillers about maverick New York cop John McClane. This time the death-defying lawman, suspended from the force, goes up against a madman who is threatening to detonate bombs all over Manhattan. McClane pulls out all the stops as he races against the clock to save the city. Stars Bruce Willis, Jeremy Irons and Samuel L Jackson. (T)

12.35 Weatherview (T) **12.40** Sign Zone: See Hear (T) **1.10** Oceans: Red Sea (R/T) **2.10** Oceans: Atlantic Ocean (R/T) **3.10** Helicopter Heroes (R/T) **3.55** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **11.00** CBBC **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** UK Snooker Championship (T) **5.15** Flog It! Ten of the Best (T) **6.00** Eggheads-Celebrity Special (T) **6.30** Strictly Come Dancing - It Takes Two (T)

7.00 UK Snooker Championship By the end of the evening, the quarter-final line-up will be complete. Rishi Persad introduces live coverage from the opening frames of the night's second-round matches. (T)
8.00 Indian Food Made Easy Anjum Anand presents simple recipes for delicious, healthy Indian food. (T)
8.30 Nigella's Christmas Kitchen Nigella Lawson enjoys the run-up to Christmas and prepares her Christmas larder in advance. (R/T)
9.00 Hyson: Where's My Robot? Danny Wallace really wants a robot. He wants it to walk like him and talk like him. It's what scientists have been promising us for generations but it's a promise so far unfulfilled. (T)
9.50 Coast Mark Horton visits the majestic Isles of Scilly to find the ancient tombs on these 'Isles of the Dead'. (R/T)
10.00 The Culture Show Lauren Laverne, Mark Kermode and Andrew Graham-Dixon look at back at some of the highlights of the Culture Show in 2008. (T)
10.30 Newsnight (T) (Followed by Weather)
11.20 Louis Theroux: Under the Knife Louis Theroux pulls back the folds of plastic America and gets under the skin of the plastic surgery patients that crowd the clinics of Beverly Hills. (R/T)

12.20 UK Snooker Championship Highlights (T) **1.10** Snooker Extra (T) **3.10** Joins BBC News **3.55** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** The Best of This Morning (T) **11.30** Christmas Cooks Challenge (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** House Guest... at Christmas (T) **2.30** Dickinson's Real Deal (R/T) **3.15** Spin Star (T) (Followed by Local Weather) **4.00** Rosemary Shrager's School For Cooks (T) **5.00** Evacuees Reunited (T) **6.00** Anglia Tonight (T) **6.30** ITV Evening News and Weather (T)

7.00 Emmerdale Lee suspects Andy of sabotage. Victoria gets the blame for Aaron's mischief making. (T)
8.00 Who Wants to Be a Millionaire? Ten hopeful contestants compete in the 'fastest finger first' round for a place in the hotseat opposite Chris Tarrant, and the chance to walk away with the top prize of one million pounds. (T)
9.00 Sleep Walkers: Secrets of the Night (New) Programme following the extraordinary stories of sleepwalkers - you would not believe the things that people get up to in the middle of the night. (T)
10.00 News at Ten and Weather (T)
10.40 Life on The Line Police and paramedics, doctors and detectives tell their own stories as cameras follow their working days on the front line as they lock up villains and rescue casualties. (T)
11.10 FILM: The Thing (1982) An isolated group of American scientists in the Antarctic come across the frozen remains of an alien organism. Stars Kurt Russell, A Wilford Brimley and TK Carter. (T)

1.10 Heist (R/T) (Followed By ITV News Headlines) **1.55** Loose Women (R) **2.45** The Jeremy Kyle Show (T) **3.40** ITV Nightscreen **5.00-5.55** CITV **5.55** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** Planet Cook (T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Everybody Loves Raymond (R/T) **8.30** The Class (R/T) **9.00** The Class (R/T) **9.30** Will & Grace (R/T) **10.00** Ugly Betty (R/T) **10.50** Ugly Betty (R/T) **11.45** In Your Dreams (R/T) **12.00** News at Noon (T) **12.30** Science Scams (R/T) **12.40 FILM: Raid on Entebbe** (1976) Drama, starring Peter Finch. (T) **3.15** A Place by the Sea (T) **4.15** Deal Or No Deal: Scrooge Vs. Santa (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 Channel 4 News Includes sport and weather. (T)
7.55 3 Minute Wonder (T)
8.00 How to Look Good Naked Gok meets up again with teacher Becky Newman who hated her big bum. Gok got her shaking her booty down his catwalk, but will Becky still be loving her derriere? (T)
9.00 Country House Rescue (T)
10.00 Man Hunters This documentary follows the lives of three gigolos their relationship with their clients. But the physical side of things isn't always on the agenda as John, who markets himself to older women, explains. The film meets several women who pay for sex as they explain what they're really looking for. (T)
11.10 The Sunday Night Project Another chance to see The Sunday Night Project presented by Justin Lee Collins and Alan Carr. Packed full of regular comedy strands and games, tonight the comedy duo are joined by Tom Jones, who guest hosts and also performs his new single live. (R/T)

12.10 Pokerstars.com European Poker Tour **1.15** KOTV Classics (T) **2.10** FIVB Beach Volleyball (T) **3.05** Adrenalin Rush (R/T) **3.30** KOTV (T) **4.00** Freesports on 4 (T) **4.25** Freesports on 4 (R/T) **4.50** UK School Games (R) **5.45** The Hoobs (R/T)

FIVE

6.00 Milkshake! **9.00** Trisha Goddard (R/T) **10.00** Zoo Days (R/T) **10.30** The Family Recipe (R/T) **10.40 FILM: More Than Meets the Eye: The Joan Brock Story** (2003) Drama starring Carey Lowell, Jon Ted Wynne and Dylan Walsh. (T) **12.30** Five News (T) **12.45** Going for Gold (T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Going for Gold Extra (T) **3.10 FILM: All I Want for Christmas** (2007) Drama starring Gail O'Grady, Jimmy 'Jax' Pinchak and Greg Germann. (T) **5.00** Five News with Matt Barbet (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Vets in Action (T)

7.00 Five News at 7 National and international news. (T)
7.30 Highland Emergency Documentary series following the work of the emergency services in the Highlands of Scotland. (T) (Followed by five news update)
8.00 Combat Chefs Documentary series that profiles the men and women responsible for feeding the 120,000 British troops stationed overseas. (T)
9.00 CSI: Miami The CSIs question a string of suspects after a bogus 911 call results in the death of an innocent man. (T)
10.00 CSI: NY Mac and Stella investigate the death of a woman at the French Consulate, while Danny and Lindsay try to find out who killed an up-and-coming chef with a corkscrew. (R/T) (Followed by five news update)
11.00 CSI: NY New York-based spin-off of the crime drama series. Stella investigates the death of an armour-suited man who was found impaled on a lance in Central Park. (R/T)

12.00 The FBI Files (R/T) **1.00** Boxing Classic **1.25** NBA Basketball **3.55** Boxing USA **4.45** Motorsport Mundial **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY1
6.00am Good Morning Sports Fans **6.30** Good Morning Sports Fans **7.00** Gladiators **8.00** UK Border Force **9.00** Cold Case **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Stargate Atlantis **1.00** Project Runway **2.00** UK Border Force **3.00** Cold Case **4.00** Guinness World Records Smashed! **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** Stargate Atlantis **9.00** Ross Kemp on Gangs **10.00** Prison Break **11.00** Inside: Gangs Behind Bars **12.00am** Road Wars **1.00** Road Wars **1.50** Stargate SG-1 **2.40** Stargate SG-1 **3.30** America's Dumbest Criminals **3.55** America's Dumbest Criminals **4.20** Vanity Insanity **4.45** Vanity Insanity **5.10** Guilty!

ITV2
6.00am Coronation Street **6.30** Coronation Street **7.00** Emmerdale **7.30** Airline USA **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Coronation Street **10.30** Emmerdale **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Coronation Street **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.25** Sally Jessy Raphael **5.10** Xtra Factor: Best and Worst 2008 Part One **6.10** Judge Judy **6.35** Judge Judy **7.00** Smallville **8.00** Xtra Factor: Best and Worst 2008 Part Two **9.00 FILM:** Bridget Jones: The Edge Of Reason **11.10 FILM:** Pretty Woman **1.35am** Teleshopping **4.35** ITV2 Nightscreen

BBC3
7.00pm Doctor Who **7.45** Doctor Who Confidential **8.00** Doctor Who **8.45** Doctor Who Confidential **9.00** Last Man Standing **10.00** EastEnders **10.30** Grown Ups **11.00** Family Guy **11.25** Family Guy **11.45** Clone **12.15am** Last Man Standing **1.10** Grown Ups **1.40** Small Dark Places **2.05** Clone **2.35** Dog Borstal **3.35** The Last Millionaire

BBC4
7.00pm World News Today **7.30** Versailles Stories **8.00** Legends: Humphrey Lyttelton **9.00** I'm Sorry I Haven't a Clue **9.30** Only Connect **10.00** The Cult of... Survivors **10.30** Charlie Brooker's Screenwipe **11.00** Kenneth Williams - Fantabulosa! **12.20am** Charlie Brooker's Screenwipe **12.50** Legends: Humphrey Lyttelton **1.50** Only Connect **2.20** Kenneth Williams - Fantabulosa! **3.40** Only Connect

MK TAKEAWAYS

YOUR WEEKLY GUIDE TO THE BEST TAKEAWAYS IN MILTON KEYNES

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All Food cooked with authentic recipes to achieve the real taste of Caribbean)
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Drink Can (p.apple,black grape, cola champagne, fruit punch)	80p
Ginger Beer	80p
Maurby	80p
Supermalt	£1
Irish Moss	£2
Caribbean Punch	£1.50

Side Dishes

Rice & Peas	£2
Boiled Rice	£1.50
Coleslaw	80p
Salad	80p
Cabbage & Callaloo	80p
Hard Food (Yam, sweet potato, green banana & boiled dumpling)	£2

Meals

	Sml	Lrg
Curry Chicken	£5	£7
Pork Meal	£5	£7
Curried Goat	£5	£7
Brown Stew Chick	£5	£7

Oxtail Meal	£5	£7
Fish Meal	£4.50	£6
Ackee& Salt fish	£5	£6

Appetisers

Patties (all types)	£1.20
Roti (choice of filling)	£3.50
Fried Dumpling	50p
Fried Plantain	£1
Salt Fish	£1
Fried Chicken	£1.20
Jerk Chicken	£3.50
Burger	£1.80
Cheese Burger	£2
Chicken Burger	£1.80
Chicken Nuggets	£1.50
Chips	£1

Desserts

Banana Cake, Ginger Cake, Cherry Cake, Cocounut Cake, Carrott Cake

All Only	£1
Banana & Boiled Dumpling	£2
Banana Fritter	80p

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Curry Dishes – Chicken or Lamb	£4.00
Korma Dishes – Chicken or Lamb	£4.00
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Achari Dishes – Chicken or Lamb	£4.00
Chicken or Lamb Jalfrezi	£4.00
Madras Dishes	£4.00
Vindaloo Dishes	£4.00

BIRYANIS

Chicken or Lamb Biryani	£4.50

CHEFZ SPECIALS

Chicken Tikka Masala	£4.00
Garlic Chilli Chicken	£4.00
Rhogan Josh	£4.00

BASMATI RICE AND NAAN BREAD

Pilau Rice	£2.60
Shada Rice	£2.50
Naan	£1.50
Keema Naan Bread	£1.80
Chilli Naan Bread	£1.50
Garlic Naan Bread	£1.70
Tandoori Roti	£0.60

ACCOMPANIMENTS

Chutneys	£0.60
Mixed Green Salad	£1.50
Raitha (cucumber or mixed)	£1.60

DESERTS

Apple Pie	90p
Fudge Cake	£1.60
Strawberry Cheesecake	£1.50
Chocolate Pudding & Custard	£1.60
Haagen Daaz 100ml/500ml	£1.70/£4.50

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Hawaiian-Cheese, Tomato, Ham, Mushrooms & Pineapple Pepperoni-Cheese, Tomato & Pepperoni Vegetarian-Cheese, Tomato, Mushrooms, Olives,Onion,Sweetcorn, Peppers & Pineapple Seafood-Cheese,Tomato,Tuna, Prawns & Anchovies	£9.50	£11.50	£15.95
Chicken Kiev Pizza-Cheese, Tomato,Mushrooms, Chicken & Garlic Butter Bolognese-Cheese, Tomato,Bolognese, Onion, Peppers Hot & Spicy-Cheese, Tomato, Pepperoni, Spicy Beef,Chilli,Onion & Peppers Meat Feast-Cheese, Tomato,Pepperoni, Spicy Beef,Salami,Chicken & Ham Chicken Tikka-Cheese, Tomato, Chicken Tikka & Peppers Kebab Pizza-Cheese, Tomato, Doner Kebab & Peppers	£11.50	£12.95	£17.95
Create Your Own Pizza Extra Toppings	75p	95p	£1.15

MEGA GRILL PACK
LARGE DONNER KEBAB, LARGE SHISH & CHICKEN KEBAB, 4 X PITTA BREADS & 2 FRIES, 2 SAUCES & COLESLAW, 1.5 LT BOTTLE OF POP
£14.95

GRILL PACK
LARGE DONER KEBAB, SHISH KEBAB, CHICKEN KEBAB, 3X PITTA BREAD, COLESLAW, FRESH SALAD
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16" PIZZA OF CHOICE, GARLIC BREAD, ONION RINGS,COLESLAW, 1.5 LT BOTTLE OF POP
£14.95

PIZZA PACK
12" PIZZA OF CHOICE, GARLIC BREAD, COLESLAW, 1.5 LT BOTTLE OF POP
£10.95

Garlic Bread	£2.00	BBQ Ribs	£3.50
Garlic Bread & Cheese	£2.50	Meat & Chips	£3.50
Doner Kebab	£4.20	Chicken & Chips	£3.20
Shish Kebab	£4.95	Chicken Nuggets & Chips	£3.50
Chicken Kebab	£4.95	Garlic Mushrooms & Dips	£2.00
House Special Kebab	£5.95	French Fries	£1.00
	1/4lb / 1/2lb	Onion Rings	£1.30
Beefburger & Chips	£3.20 / £3.80	Ice Cream 500ml	£3.95
Cheeseburger & Chips	£3.40 / £4.20	Can of Drink	£0.55
Veggie Burger & Chips	£3.20 / £3.80	Bottle of Drink	£1.60
Chicken Burger & Chips	£3.50		
Fresh Salad	£1.50		

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	med 10"	large 12"	super 16"
MARGHERITA Cheese & tomato	£8.00	£10.00	£14.00
ALL TIME CLASSIC Ham* & Mushroom	£9.00	£11.00	£15.00
HAWAIIAN DREAM Ham* & Pineapple	£9.00	£11.00	£15.00
OLDE ENGLISH Beans & sausage	£9.50	£11.50	£14.50
ALL DAY BREAKFAST Ham* sausage & onion	£9.00	£11.00	£15.00
BEEFEATER spicy beef, mushroom & onion	£11.00	£13.00	£17.00
MEDITERRANEAN Tuna, prawns, fresh tomato, anchovies	£11.00	£13.00	£17.00
PRONI PRAIRIE double pepperoni	£11.00	£13.00	£17.00
WILD WEST BBQ BBQ sauce, BBQ chicken, onion, peppers	£11.00	£13.00	£17.00
MEAT EATER pepperoni, spicy beef, ham* chicken, salami	£11.00	£13.00	£17.00
NEW YORKER salami, pepperoni, sausage, spicy beef	£11.00	£13.00	£17.00
VEGETARIAN mushroom, onion, peppers, sweetcorn, fresh tomato	£11.00	£13.00	£17.00
VEGI FANTASTIC fresh garlic, onion, olives, peppers, aubergine, herbs	£11.00	£13.00	£17.00
ORIENTAL chinese chicken, pineapple, peppers	£11.00	£13.00	£17.00
CHICKEN TIKKA tandoori chicken, mushroom, peppers, sweetcorn	£11.00	£13.00	£17.00
CALZONE ROLLED PIZZA spicy beef, sausage, ham*, mushroom	£11.00	£13.00	£17.00
VENICE SPECIAL pepperoni spicy beef, ham* mushroom, onion, peppers, sweetcorn	£11.00	£13.00	£17.00
AMERICAN HOT pepperoni, onion, chillies, peppers	£10.00	£12.00	£16.00
VEGI MAX HOT mushroom, onion, peppers, jalapenos, sweetcorn	£10.00	£12.00	£16.00
CHICKEN HOT tandoori chicken, mushroom, chillies, peppers	£10.00	£12.00	£16.00

Food rating from MK Council ★★★★

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FREE 1.5 Litre Soft Drink with every order over £16

Side Orders

Garlic Bread (4 pieces)	£1.75
Onion Rings (10 pieces)	£1.80
Garlic Mushrooms & Dip	£2.80
Potato Skins (5 pieces)	£3.00
Potato Wedges	£2.60
French Fries	£1.20

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Special Offer 1
Order over £12.50
RECEIVE FREE
2 Chicken Tikka (st) or
2 Onion bhajee (st) 1 Bombay
Potato, Mint Sauce & Onion Salad

Special Offer 2
Order 2 Balti Dishes
RECEIVE FREE
2 Papadoms, 2 Chicken Tikka (st) or 2 Onion Bhajee (st) 2 Bombay Potato, 2 Pilau Rice, 2 Nan, 2 Soft Drink, Mint Sauce & Onion Salad
(offer avaliable until 31 December 08)

Starters

Onion Bhajee	£2.05
Garlic Mushroom	£2.35
Chicken Tikka Roll	£2.50
Prawn Puree	£2.95
Veg Samosa	£2.05

Tandoori Specialities

Chicken Tikka	£5.15
Chicken Shashlick	£7.15
Tandoori Chicken 1/2	£4.15

Traditional Dishes

	Chk	Meat	Prawn
Korma	£4.15	£4.15	£4.70
Rogan	£4.15	£4.15	£4.70
Bhoona	£4.15	£4.15	£4.70
Pathia	£4.15	£4.15	£4.70
Vindaloo	£4.15	£4.15	£4.70
Dansak	£4.15	£4.15	£4.70

Tikka Special Curry Dishes

Chicken or Lamb Tikka Korma	£6.55
Chicken or Lamb Tikka Curry	£6.45
Chicken or Lamb Tikka Methi	£6.55
Chicken or Lamb Tikka Sana	£6.55

Chef's Recommendation

Tikka Chicken or Lamb Palak	£5.55
Tikka Chicken or Lamb Chicken	£5.55
Tikka Chicken or Lamb Donia	£5.55
Tandoori Chicken Somsom	£5.55

Balti Dishes

Balti Prawn Phall	£9.95
Balti Chicken Curry	£7.50
Balti Mixed Veg Bhajee	£8.50
Balti Tandoori Chicken (on the bone)	£7.50

Set MEALS

1 Person £7.50
1 Chicken Tikka (st), 1 Chicken Tikka Massala, 1 Bombay Potato, Pilau Rice, 1 Popadom.

2 Person £14.50
2 Onion Bhajee, 1 Chicken Korma, 1 Meat Rogan, 1 Mushroom Bhajee, 2 Pilau Rice, 1 Nan, 2 Popadoms, 1 Mango Chutney.

4 Persons £29.50
4 Chicken Tikka (st), 1 Chicken Rogan, 1 Meat Dupiaza, 1 Chicken Tikka Massala, 1 Prawn Sag, 1 Vegetable Curry, 1 Mushroom Bhajee, 4 Pilau Rice, 4 Nan, 4 Popadoms.

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The management reserves the right to withdraw or amend any offer at anypoint. No collection dicount or special offer applies to set meals.

CURRY DEAL
ANY CURRY PLAIN OR PILAU RICE PLAIN NAAN, CAN OF DRINK
£6.00

PIZZA DEAL
ANY 2 LARGE PIZZAS, 2 LARGE CHIPS AND A BOTTLE OF DRINK
£14

PAPS PIZZA FAMILY FEAST
ANY 2 LARGE PIZZAS, 2 LARGE CHIPS, ANY SIDE ORDER AND A BOTTLE OF DRINK
£15

CHICKEN DEAL 1
6 PIECES OF CHICKEN, 4 CHIPS
£8

CHICKEN DEAL 2
8 PIECES OF CHICKEN, 4 CHIPS 4 CHIPS, 2 APPLE PIES AND A BOTTLE OF DRINK
£12

CHICKEN DEAL 3
4 PIECES OF CHICKEN, ANY 2 MEDIUM PIZZA, 2 CHIPS AND BOTTLE OF DRINK
£15

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BURGER DEAL
CHICKEN BURGER OR QUARTERPOUNDER, CHIPS, CAN OF DRINK AND 2 DIPS
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MK TAKEAWAYS

YOUR WEEKLY GUIDE TO THE BEST TAKEAWAYS IN MILTON KEYNES

PAPA LUIGI Dial-a-Pizza! EST'83

PICK 'n' MIX PIZZA!

FREE DELIVERY
TO ALL MILTON KEYNES AREAS BASED ON A MINIMUM FOOD ORDER OF £7.00

Tomato, Cheese, Tuna, Prawn, Anchovies, Chicken, Beef, Sausage, Bacon, Pineapple, Ham, Salami, Pepperonni, Chicken Tikka, Olives, Mushrooms, Corn, Onions, Pepper, Garlic, Jalepeno, BBQ Sauces	9" STANDARD	12" STANDARD	12" DEEP PAN MEGA	EXTRA LG 15" STANDARD
CHEESE & TOMATO BAS plus ANY 2 DIFFERENT TOPPINGS	9.50	10.50	12.00	15.00
CHEESE & TOMATO BAS plus ANY 4 DIFFERENT TOPPINGS (ADDITIONAL TOPPINGS £1)	9.80	11.00	13.00	16.00
CHEESE & TOMATO BAS plus ANY 8 DIFFERENT TOPPINGS	10.30	12.00	14.00	17.00

MEAL DEALS

Chicken Burger & Chips	3.95
1/2 Pound Beefburger & Chips	3.95
2 Pieces Chicken & Chips	3.50
3 Pieces Chicken & Chips	4.50
4 Pieces Chicken & Chips	5.50
Extra Piece of Chicken	1.00
Steak (8oz Sirloin) with Chips, Mushrooms & Salad	9.00
Large Doner Kebab	4.50
Small Doner Kebab	3.50

PIZZA MENU

(ADDITIONAL TOPPINGS £1)

Tomato, Cheese, Tuna, Prawn, Anchovies, Chicken, Beef, Sausage, Bacon, Pineapple, Ham, Salami, Pepperoni, Chicken Tikka, Olives, Mushrooms, Corn, Onions, Pepper, Garlic, Jalepeno, BBQ Sauces	9" Standard	12" Standard	12" Deep Pan Mega	Extra Lg 15" Standard
1. PAPA LUIGI SPECIAL	9.80	11.00	13.00	16.00
2. MILANESE Tomato, Cheese, Ham, Mushrooms	9.50	10.50	12.00	15.00
3. HAWAIIAN Tomato, Cheese, Ham, Pineapple	9.50	10.50	12.00	15.00
4. HOT & SPICY Tomato, Cheese, Peppers, Jalepeno, Salami, Garlic	9.80	11.00	13.00	16.00
5. VEGI SPECIAL Tomato, Cheese, Peppers, Corn, Mushrooms, Pineapple, Olives, Onion	9.80	11.00	13.00	16.00
6. PESTATORE Tomato, Cheese, Tuna, Prawns, Anchovies	9.80	11.00	13.00	16.00
7. NEW YORKER Tomato, Cheese, Onion, Salami, Beef, Chicken Tikka, Onions, Pepper	10.30	12.00	14.00	17.00
8. MIGHTY MEATY Tomato, Cheese, Salami, Beef, Chicken, Ham, Bacon, Sausage	10.30	12.00	14.00	17.00
9. CHICKEN TIKKA MASSALA Tomato, Cheese, Chicken Tikka, Onions, Pepper	10.30	12.00	14.00	17.00
10. MEAT LOVERS Tomato, Cheese, Double Salami, double Pepperoni, Double Ham, Double Beef	12.00	14.00	16.00	19.00
11. BBQ BONANZA Cheese, BBQ Sauce, Red Onion, Spicy Beef, Sausage	9.80	11.00	13.00	16.00
12. TEXAN BBQ Tomato, Cheese, Onion, Peppers, BBQ Chicken, Bacon	9.80	11.00	13.00	16.00
13. PEPPERONI FEAST Double Mozzarella, Double Pepperoni	9.80	11.00	13.00	16.00

SIDE ORDERS

French Fries	1.20
Coleslaw	1.40
Garlic Bread	1.50
Garlic Bread with Mozzarella Topping	2.50
Prawn Cocktail	2.70
Garlic Mushrooms	1.70
Salad	1.50
Chicken Dippers (6pcs)	3.00
Combo Chicken Dipper (6pcs) Potato Wedges & 3 Dips	4.90
Potato Wedges	2.00
Dips 2 Potato Skins filled with Mozzarella & BBQ Dip	0.35
BBQ Chicken Wings (6pcs) & Dip	3.50
Hot Chicken Wings (6pcs) & Dip	3.50
Onion Rings (10pcs)	2.00
NEW BBQ Spare Ribs	4.50

DESSERTS

Cheesecake	1.50
Gateaux	1.50
Ice Cream Ben & Jerry's ask for flavours	3.95
Chocolate Fudge Cake	1.50

DRINKS

Coke/Diet Coke Pepsi Orange Fanta	1.95
Coke/Orange/Lemonade cans	0.60

*BUY ONE - GET ONE FREE!

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PIZZA MENU

BUY 1 GET 1 FREE		10"	12"	15"
1	CHEESE & TOMATO	8.90	10.90	12.90
2	HAWAIIAN Pineapple & Turkey	9.50	12.50	15.50
3	PEPPERONI FEAST Onion, Muchrooms & Pepperoni	9.50	12.50	15.50
4	OCEAN FEAST Tuna, Prawns, Anchovies & Tomatos	9.50	12.50	15.50
5	CHICKEN FEAST BBQ Sauce, Plain Chicken, Mushrooms & Peppers	9.50	12.50	15.50
6	AMERICANA Onion, Pepperoni, Beef, Green Chillies & Peppers	9.50	12.50	15.50
7	MEXICANA Chicken Tikka, Jalepenos, Peppers, & Pineapple	9.50	12.50	15.50
8	TASTY VEGGIE Onion, Mushroom, Sweetcorn, Peppers, Olives & Tomatos	9.50	12.50	15.50
9	MEAT FEAST Beef, Pepperoni, Turkey & Chicken Tikka	9.50	12.50	15.50
10	TASTY SPECIAL Onion, Chiken, Green Chillies, Peppers & Tomatoes	10.00	13.00	16.00
11	TASTY FULL HOUSE Beef, Pepperoni, Peppers, Sweetcorn, Onion & Turkey	10.50	13.50	16.50
12	FREE CHOICE Choose 4 Toppings - Choose a Base from Tomato, BBQ, Garlic Mayo & Chilli	10.50	13.50	16.50
13	DONER PIZZA Doner Meat, Onions & Jalepenos	9.50	12.50	16.00
14	GRAND TANDOORI CHICKEN Topping, Red Onion, Green Chilli, Tandoori Chicken, Garlic Sauce & Fresh Coriander	9.50	12.50	16.00
15	CHICKEN BBQ PIZZA BBQ base, Onion, Turkey Meat & BBQ Chicken	9.50	12.50	16.00
16	ORIENTAL EXPRESS Sweetcorn, Green Pepper, Chinese Chicken & Red Onion	9.50	12.50	16.00

KEBABS

Served with Pitta Bread	MEDIUM	LARGE
CHICKEN TIKKA KEBAB	3.10	4.20
LAMB TIKKA KEBAB	3.30	4.20
DONNA KEBAB	3.00	3.80
MIXED KEBAB		4.50
DONNA IN A BUN		2.50
CHICKEN TIKKA Served with fresh naan	4.20	4.90
LAMB TIKKA Served with fresh naan	4.20	4.90
LAMB DONNER Served with fresh naan	4.50	5.00
SEEK KEBAB Served with fresh naan	3.50	4.00
MIXED CHICKEN & LAMB Served with fresh naan	--	5.00
CHICKEN DONNA Served with fresh naan	4.50	--

TOPPINGS

EXTRA TOPPINGS: Onion, Muchroom, Sweetcorn, Green Chilli, Jalepeno, Pineapple, Tomato, Chicken Tikka, Plain Chicken, Pepperoni, Beef, Tuna, Anchovies & Prawns.

	10"	12"	15"
EXTRA TOPPINGS	0.70	0.90	1.00
STUFFED CRUST	0.90	1.20	1.90
CHEESE PEPPERONI CRUST	1.00	1.30	2.00

BURGERS

VEGGIE BURGER	2.50
SPICY BEAN BURGER	2.50
FISH BURGER	2.50
CHICKEN FILLET BURGER	2.50
1/4 POUNDER BURGER	2.50
WITH EGG	+0.40
1/2 POUNDER BURGER	3.50

PASTA

SPAGHETTI BOLOGNESE Served with Garlic Bread	£3.95
MEAT LASAGNE Served with Garlic Bread	£3.95
VEGGIE LASAGNE Served with Garlic Bread	£3.95

EXTRAS

NAAN BREAD	1.10
PITTA BREAD	0.50
FREASH SALAD	1.00
COLESLAW	1.00

PARTY DEAL
2 x Lg pizzas, garlic bread, chicken wings & potato wedges + bottle of drink £19.99

SIDE ORDERS

JALAPENO CREAM CHEESE 6 Pieces	3.50
BREADED MOZZARELLA STICKS 8 Pieces	3.95
GARLIC BREAD 2 Sticks	1.70
GARLIC BREAD WITH CHEESE 2 Sticks	2.20
POTATO WEDGES 1 Portion	2.95
POTATO TWISTER 1 Portion	2.95
BBQ WINGS 8 Pieces	3.95

DESSERTS

TOFFEE TENNESSEE PIE	1.95
BANOFFEE PIE	1.95
STRAWBERRY CHEESE CAKE	1.95
HAAGEN DAZS	4.00

Choc Chip, Vanilla, Coookes & Cream, Strawberry Cheesecake

MK 367768 BUY 1 GET 1 FREE (PIZZAS ONLY)

Buy 1 Get 1 Free! (collection only. please mention offer).

Vegetarian

Cheese & Tomato	£6.95	£8.95	£9.95
Vegetarian Hot Mushrooms, Onions, Green Peppers	£8.95	£11.95	£13.95
Vegetarian Mushrooms, Onions, Green Peppers & Sweetcorn	£8.95	£11.95	£13.95
Spinocolli Mushrooms, Onions, Broccoli, Spinach, Fresh Garlic	£8.95	£11.95	£13.95

Traditional

Hawaiian Ham & Pineapple	£7.95	£10.35	£12.95
Ham & Mushroom	£7.95	£10.35	£12.95
Beef One Ground Beef, Onions & Mushrooms	£8.95	£11.45	£13.95
Chinese Chinese Chicken, Mushrooms & Sweetcorn	£8.95	£11.45	£13.95
Classic Bacon, Mushrooms & Fresh Tomato	£8.95	£11.45	£13.95

Hot Stuff

American Hot Peppers, Onions, Chillies, Green Peppers	£8.95	£11.95	£13.95
Chicken Hot Tandoori Chicken, Green Chillies, Fresh Tomato, Mushrooms	£8.95	£11.95	£13.95
Mexican Passion Mexican Chicken, Red Peppers, Pineapple & Jalapeno Peppers	£8.95	£11.95	£13.95
Mexicana Spicy Beef, Onions, Sliced Tomato & Green Chillies	£8.95	£11.95	£13.95
Hot Tator Ground Beef, Onion, Green Peppers & Jalapeno Peppers	£8.95	£11.95	£13.95

Family Favourites

Pepperoni Plus, Double Pepperoni, Mushrooms & Onions	£8.95	£11.95	£13.95
BBQ Original Chicken, Green Peppers, Fried Onion & Special BBQ Sauce	£8.95	£11.95	£13.95
Meaty One Ham, Pepperoni, Beef, Spicy Pork	£8.95	£11.95	£13.95
Sea Food Prawns, Anchovies, Tuna & Fresh Tomato	£8.95	£11.95	£13.95
Free Choice Any 4 toppings of your choice	£8.95	£11.95	£13.95
Late Breakfast Smokey Sausage, Bacon, Salami & Fried Onion	£8.95	£11.95	£13.95

GoGo Special

Green Peppers, Mushrooms, Onions, Ham, Beef & Pepperoni	£9.95	£12.95	£14.95
Alligator Pepperoni, lamb, Beef, Bacon, Garlic Sausage, Salami Meatball Feast BBQ Sauce, Meatballs, Pepperoni, Bacon, Garlic Sausage, Smokey Sausage	£9.95	£12.95	£14.95
	£9.95	£12.95	£14.95

Stuffed Edge Surcharges

Stuffed Edge with Cheese/with cheese & Pepperoni/ with Garlic & Herbs	£1.00	£1.20	£1.40

Extra Toppings

Create your own pizza by using a Cheese and Tomato as a base then add your choice of toppings from the following

£0.90	£1.00	£1.10				
Meat Toppings	Chicken Toppings	Seafood Toppings	Vegetable Toppings			
Pepperoni, Salami	Tandoori Chicken	Tuna	Pineapple, Mushrooms,			
Garlic Sausage	Chinese Chicken	Anchovies	Sweetcorn, Green Peppers			
Smokey Sausage	Plain Chicken	Prawns	Red peppers, Onions,			
Ham, Spicy Pork	Mexican Chicken		Fresh Tomato, Green Chillies			
Beef			Aubergine, Fresh Garlic,			
			Jalapeno peppers, Black			
			Olives, Spinach, Broccoli			

Starters

Garlic Bread (4pcs)	£1.70	With Cheese (4pcs)	£2.20
Cheesy Garlic Pizza Bread (7")	£3.50	Breaded Mozzarella Sticks (8pcs)	£3.95
Potato Twisters (Per Portion)	£2.95	Potato Wedges (Per Portion)	£2.95
Potato Wedges (Per Portion)	£2.95	Potato Skins (5pcs) with cheese	£3.95
Pototo Skins (5pcs) with cheese	£4.95	Jalapeno Peppers Cream cheese (6pcs)	£3.95
Onion Rings (10 rings)	£2.50		
Dips, garlic & Mayonnaise, BBQ, Chilli, Sour Cream, Garlic & Herb			£0.30
Spicy Chicken Wings (8pcs)	£3.95	BBQ Wings (8pcs)	£3.95
Chicken Nuggets (6pcs)	£2.50	Southern Fried Mr Chicken (6pcs)	£3.95
BBQ Ribs (1.2 rack)	£3.95		

Pasta

Spaghetti Bolognese	£4.95	Vegetable Lasagne	£4.95
Meat Lasagne	£4.95	Chicken & Mushroom Pasta	£4.95

Salad

Salad Bar Onion, lettuce, fresh tomato, cucumber, coleslaw, ham, sweetcorn, green peppers, olives, cheese, tuna, chicken			£3.50
Green Salad	£2.50	Coleslaw	£1.50

Ice Cream

Haagen Daas 500ml, Vanilla, Choc Chips, Strawberry & Cream, Cookies & Cream, Baileys & Cream			£3.95
House Ice Cream, Dairy, Strawberry, Chocolate, Caramel Coffee			£4.95

Desserts

Tennessee Toffee Pie	£2.50	Chocolate Fudge Cake	£2.50
Strawberry Cheese Cake	£2.50	Banoffi Pie	£2.50

Cold Drinks

Coke, 7-UP, Fanta, Diet Coke (Can)	£0.70	Bottle	£1.70

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Any Large 12" Pizza*
FREE GARLIC BREAD
(4 pieces)
FREE POTATO TWISTERS
ONLY £11.95

SPECIALS

Twin Deal
Any 2 medium Pizzas• (10.5")
Any 2 starters, 2 dips
& 2 cans of soft drink.
only £16.95
(save up to £4.00)

Big Deal
Any large 12" Pizza*, 8 pcs Chicken Wings, 4 pcs Garlic Bread, Bottle of Soft Drink.
£14.95 (save up to £4.00)

Triple Choice
Any 3 Pizzas*
3 Medium £17 - 3 Large 12" £22
3 Supersize 15" pizzas £27

Lunchtime Special
11.30 - 4.30 Mon - Thurs
One Cheese & Tomato Pizza with a choice of 3 toppings & 4 pcs Garlic bread.
Medium £6.00 (plus one can of drink) - Large £8.00 (plus two cans of drink)

2's Special
Any 2 Pizzas*
10.5" - £13.90
12"- £16.90 15"- £18.90

Double Deal
Any 2 large 12" Pizzas, 2 Dips
2 Starters & Bottle of soft drink.
£20.95 (save up to £6.00)

Beat the clock! only £10.95
Any Large 12" Pizza*, 8 pcs Chicken Wings, 4 pcs Garlic Bread & 1 Bottle of drink. If ordered and delivered before 4pm Mon-Thurs (save up to £7.65)

Free Haagen-Dazs Ice cream with every order of £15.95
Offer cannot be used with any other offer

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DAILYLIFE

THURSDAY

EXPLORING music. Illustrated talk on Gerald Finzi. MK City Church. 7.45pm. Come and listen to Adrian Boynton talk about this composer of true genius, Gerald Finzi. Refreshments will be served and there will be an opportunity to ask questions. Admission £3.50, student £1 at the door.

FRIDAY

CAROLS in the Churchyard. 6-7pm. St Martins Churchyard, Aylesbury Street, MK2. Everyone is welcome to join this community carol singing event. The Fenny Stompers Jazz band are playing the music. Mulled wine and mince pies will be available, (tea and coffee available in the church). Father Christmas with sweets for the children. Bring your lantern or a torch.

SATURDAY

FESTIVAL of Christmas, Bletchley Park. Join in the festive fun and see the spectacular lantern parade. Entertainment includes CK Gospel Choir, Woburn Sands Band, Nativity Play, Santa and his sleigh. Festive fayre, children's fairground rides. Adults £2 – children £1. (Free entrance coupon in winter issue of 'Open Door' the parish newsletter of WB Council).
Contact: 01908 646063 for further details.
www.westbletchleycouncil.gov.uk

MK Charity Santa Run 08, Campbell Park. For children's charity Keech Cottage which supports terminally ill children. This event aims to see hundreds of Santa's running around the Campbell Park 5k course. Registration opens at 10am. For a £10 entry fee you will be provided with a Santa Suit, running number and medal on completion of the course. Runners are highly encouraged to gain sponsorship for the event. Everyone who raises £15 or more above the entry fee will receive a free Santa Run 08 T-Shirt.
www.mkfunrun.co.uk

PARTY like a pirate, Milton Keynes Theatre. Join up for a Pirate Party that will be action packed with drama games, story telling and a hunt around the theatre for some hidden treasure. A prize will be given for the best fancy dress. 5-7years £6. 2-3.30pm.
Contact: 0870 060 6652

CAROLS by Candlelight family concert. St Peter & St Paul Parish Church, High Street, Newport Pagnell. 7pm. Ariella String Trio Featuring, Milton Keynes Youth Chorale (musical director David Kirby-Ashmore) Programme to include: Vivaldi, Corelli, Bach, Armstrong-Gibbs and lots of family carols. Free entrance donations in support of the church organ fund.

WHOSE Turn? Comedy Improvisation show MADCAP, Creed Street, Wolverton. An evening of improvised comedy and laughs as our team of local comics are given daft games to play using situations suggested by you, the audience. Doors 7.30pm for 8pm start. Tickets £6 or £7.50 on the door. Call 01908 605502 to book. Not suitable for under 16s.
Contact: David on 01908 605502

SUNDAY

CHRISTMAS Crafts and Lanterns. 12-2pm. Make a lantern to light up the night or have some festive fun getting crafty for Christmas. Campbell Park Pavilion, Campbell Park. £2.50. Booking essential call 01908 255379.

CAROLS in the Woods. 4-5.30pm. A magical evening of carol singing in the beautiful setting of Linford Wood, Milton Keynes. Warm up with some mulled wine and mince pies. Car park on Breckland, off H3 Monks Way. Free. For further information call 01908 255379 or visit www.theparkstrust.com

HULA Animal Rescue's Christmas Open Day. Salford Road, Aspley Guise. Meet Santa and help find his missing reindeer. Xmas gifts, toys and books, farm animals and much more. Adults: £2 accompanied children free

LIVE music, in the theatre at Woughton Leisure Centre (1pm). Free entry.

PARKLIFE

Crafty Christmas and carols by starlight

THERE is plenty to do this Christmas thanks to the Parks Trust.

Join rangers from in Milton Keynes, for a wonderful winter walk with lanterns, a workshop to make natural Christmas decorations or go a-wassailing in the woods and sing traditional carols.

The Parks Trust's popular annual outdoor carols will take place in beautiful Linford Wood and Willen Lake, Milton Keynes.

Ancient trees and shimmering waters provide a magical atmosphere underneath the stars for traditional carols.

These free carol services run from 4-5.30pm on December 14 at Linford Wood and December 21 at Willen Hospice, North Willen Lake.

Booking is not essential please come dressed for the weather and bring a lantern.

Families can work together to make festive decorations and lanterns. The fun takes place on Sunday, December 14, between 12 and 2pm at Campbell Park Pavilion, Campbell Park, Milton Keynes.

A charge of £2.50/person will be made for materials.

Booking is essential call The Parks Trust on 01908 255379.

Alternatively take a winter stroll with The Parks Trust's rangers to collect green goodies to make a wreath or decorate your home.

The walk and wreath making take place in Campbell Park, Milton Keynes, on Sunday, December 21, between 12 and 3pm.

A charge of £2.50/person will be made and booking is essential.

Call The Parks Trust on 01908 255379.

PETERPAN OH YES IT IS

PETER PAN

MK Theatre
Until January 18
Review by Andy Handley

FROM the moment you walk into the MK Theatre foyer you are transported into a wonderful world of pirate ships and panto.

Henry Winkler's Captain Hook is a long way from the rum-swilling swashbuckling pirate that would make you shiver your timbers, but as soon as the star of the show steps on stage, this very boo-able Hook is an instant hit.

As Peter Pan (Louisa Lytton) whisks Wendy, Michael and John off to Neverland, the theatre is transformed into a wonderland with masterful set changes that whisk you away from a dreary London to a world of adventure.

Older panto goers waited for Henry to become The Fonz and they were notdisappointed.

A roar went out from the crowd when Hook slipped into Happy Days mode.

Andy Ford had old and young alike in stitches as he gagged his way through the show as the loveable Smee, more an able seaman than a pirate.

It's clear that all the cast are having fun as the gags rolled on board the Jolly Roger, the Lost Boys marched with purpose, the Indians danced with charm and the songs kept coming.

All the 'it's behind you' and 'oh no it isn't's are there as you would expect.

The crocodile gets Hook, the Lost Boys are saved, the pirates defeated and all are soon back home returned safe and sound to a charming and cuddly Nana.

All you have to do is sit back and and enjoy it.

Oh yes, and believe in fairies.

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Dance Classes starts 5th Jan
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Adrian Marsh School of Dance Bringing Dance to Your Doorstep
New Dance classes starting in
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MK PROPERTY

December 10, 2008 | FREE inside MKNEWS | www.mk-news.co.uk

Taylors' staff outside their CMK showroom are ready for the three-day national property sale

Staff ready to help you buy or sell in national three-day sale

COUNTRYWIDE, which owns Taylors and Wilson Peacock, has announced a three-day property sale for homes across the region.

Properties featuring in the sale – from tomorrow until Saturday, December 13 – include a range of modern and traditional apartments, terraced, semi-detached and detached family homes all available at discounted prices.

Countrywide, the UK's largest estate agency network, is hosting the UK-wide end-of-year property sale – the first of its kind to be coordinated across 1,000 branches.

The event is designed to boost the local housing market by helping more people access and move up the property ladder.

Pete Wallace, MD, said: "This is a window of opportunity for first time buyers, families, landlords and investors – buyers are welcome to arrange viewings and make offers.

"This is a golden opportunity to help sellers tie up their house sales before Christmas. The three-day event will attract buyers from across the region to kick-start the local housing market.

"Buyers have a chance to buy a beautiful home at a reduced price. The timing of the event is crucial as many home owners would like to sell by the end of the year."

To find out more about the properties being reduced or how you can place your property in the sale please call or e-mail the manager at your nearest branch.

Experienced staff from across the Taylors and Wilson Peacock networks will be available to provide specialist advice free of charge in support of the event. Interested buyers will then be accompanied by experienced property experts to view homes.

Additionally, customers who are interested in purchasing can speak to a qualified mortgage consultant with access to a wide range of mortgage products and lenders. There is no charge for their advice and recommendation service.

Countrywide plc is the UK's largest and most successful estate agency Group, with more than 1,000 associated branches across the UK. The Group sold £14.5billion worth of property in 2007 and arranged more than £7billion mortgages.

As a leading provider in mortgage services, estate agency, lettings, surveying, land and new homes, corporate property management, auctions, franchising and legal services, our network of expertise assists customers throughout the UK and overseas.

■ If you are interested in attending the event or would like to find out more, please contact: Gemma Stacey, PR and employee communications manager

Tel: +44 (0)7515753344

Or e-mail: gemma.stacey@countrywideplc.co.uk

When you are moving house and you want a quick, professional service speak to Patricia Miller at CMK on 01908 202150

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Public Notice

REPO

Michael Anthony are now in receipt of an offer for the sum of £118,000.00 for 21 Chapel Street, Woburn Sands, Milton Keynes, MK17 8PG. Anyone wishing to place an offer on the property should contact Michael Anthony, Sovereign Court, 209 Witan Gate, Central Milton Keynes, Bucks, MK9 2HP, 01908 393553 before exchange of contracts.

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KENTS HILL — £550 pcm

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Free office space up for grabs at new academy

A LUCKY business in Milton Keynes is being offered FREE office accommodation for THREE years.

The plush office suite will be situated in the spectacular new £27m Milton Keynes Academy that is currently under construction at Leadenhall.

The academy's specialism is business and enterprise and its outstanding facilities will include a high tech enterprise hub where the free company offices will be located.

"It's important for us to work with the local business community because we want to provide students with an education that is relevant to the needs of local employers," explained principal of the new academy Lorna Caldicott.

"Enterprise and work-related learning will be part of every lesson and will feature in the work the students do. We want students to get the qualifications and skills they need to get a good job. We are offering this free office accommodation to show our commitment to supporting the local business community."

The enterprise hub at the new academy will have a board room, video conferencing facilities, an IT suite and an adjoining cafe bar. It will be situated on the first floor of the academy and full-length glass panels will provide fantastic views over Milton Keynes. The facilities will also be available for hire to other companies across the city for meetings, conferences or training.

The free office will be big enough to house three or four people and Lorna believes it will be ideal for a small, expanding company.

"It will probably suit a start-up that is beginning to grow, such as an IT company or a young design agency. Perhaps they are currently working from home and now need proper offices to take on more staff."

An artist's impression of MK Academy ahowing a view of the entrance

In return for the free accommodation the company would need to provide the academy with five hours a week of professional expertise, such as mentoring students, offering work experience, or providing demonstrations.

"With the cost of rents in Milton Keynes and the credit crunch affecting many people's businesses we feel this is a fantastic opportunity for a local company to save money while also giving something back to the local community," said Lorna.

Interested businesses will need to provide full details of their company and outline what could be offered to the academy in return for free office space, which will be available from September 2009. An interview process will then take place.

To apply, write to Caroline Raine at The Milton Keynes Academy, 500 Avebury Boulevard, Central Milton Keynes or e-mail info@miltonkeynesacademy.co.uk

Action plan workshop to help beat the credit crunch

BUSINESS people in Milton Keynes worried about the impact of the credit crunch are invited to a free workshop to help steer their businesses through the current economic climate and improve their business performance.

Business Link is staging the free session to help businesses who are feeling the pressure of the 'crunch' during these difficult times.

The two-hour workshop will cover finance, marketing and customer services, three essential areas that can help your business perform at its best through this unsettled time. Find out how to market your business competitively on a small budget, hold on to your customer base, maximise your financial strategy, manage your debt effectively and identify your best customers.

The aim of the workshop is to give attendees action points that they can use to change the way their business operates.

The workshop, which has been created by business guru Robert Craven, will be delivered by New Tricks Training.

With the practical no-nonsense advice, you will be able to put much of what you learn into action immediately.

The workshop will take place at Kents Hill Conference Centre, Milton Keynes on January 22, from 8.30am to 12pm.

To book your free place call 0845 600 9 006 or e-mail events@businesslinksolutions.co.uk

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Business is blooming for Brenda

AT a time of economic down turn with phrases such as 'credit crunch' and 'recession' being talked of, some would say it was a little brave to enter the world of retail at the moment and open a florists.

But that's not how the new owner of the rebranded Bluebell Flowers in Newport Pagnell sees it and, furthermore, she is so confident of success she is planning to expand the business by forging links with arts and crafts groups locally.

Brenda Gregory has been working as a florist in Milton Keynes for 20 years and thought the time had come to take the plunge and do it for herself.

Whilst Bluebell has only just been launched, the shop traded as Eccles Florists for decades on the High Street in Newport Pagnel and when Brenda noticed it up for sale earlier this year, she had little hesitation in buying the business.

Four months on from taking possesion of the keys, her only regret is that she didn't do it sooner.

"Starting any business for the first time is a little scary what ever it is," she said, "but knowledge of your market and being able to draw on your experience of the trade can be the secret to your success."

During her time as a florist, Brenda has arranged flowers for some impressive clients including Elton John, Joan Collins, Margaret Thatcher and even our own Cleo and Jonny Dankworth.

The shop itself is relatively large compared with other florists and Brenda intends to capitalise on this and wants to display local arts and crafts to compliment her arrangements.

" There is a lot of synergy with other shops in Newport such as wedding shops and arts and crafts and as retailers can promote this," said Brenda.

In addition, Brenda wants to expand on business undertaken with other wedding service providers such as Whittlebury Hall and Hilton Hotels which she has worked with in the past.

"The scope for business development is huge." she continued, "but at the moment I'm just getting used to the boring stuff like accounts and banking and so on."

Brenda Gregory outside her shop on Newport Pagnell High Street

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You will provide support and development to the Local Police Areas (LPA's) and Basic Command Units (BCU's) in the area of Diversity and Community and Race Relations. By promoting Equality and Diversity, you will enable all staff to have confidence in their daily contact with the variety of communities that we serve.

Duties will include monitoring and assisting in the investigation of Hate Crime and communicating and consulting on all related issues both internally and externally.

You must have knowledge or experience of working with Diversity issues, have the ability to manage a complex workload and maintain confidentiality at all times. IT skills are essential together with NVQ level 3 or A level education or relevant work experience. Knowledge and experience of working with cases in relation to Hate Crime is desirable along with experience of policy writing.

For an application form and full job description, please email recruitmentstaffMkeynes@thamesvalley.pnn.police.uk or telephone the recruitment line on 01865 856383 quoting reference 4494.

The closing date for enquiries and receipt of completed applications is 12 noon Friday 19th December 2008.

Interviews for this position will be held on Thursday 15th January 2009.

We offer generous annual leave, optional contributory pension scheme, excellent welfare and support services, training and development opportunities.

We are committed to equality of opportunity in service provision and employment and welcome applications from all sections of the community.
You must have current and valid permission to reside and work in the UK.

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BARTON & ROYLE HOMES - TURVEY
Reg. Charity No.200097
CLERK TO THE TRUSTEES
The Clerk will provide efficient administrative and financial support to the Board of Trustees, which meets quarterly. This is a part-time appointment and would suit someone working from home.
The Clerk is expected to have relevant IT, book keeping and administrative skills. Salary range £5200 to £6000. Appointment subject to satisfactory CRB disclosure.
Barton & Royle Homes is situated at Station End Turvey and consists of 26 bungalows designed for occupancy by older single people or married couples.
An application form and outline Job Description is available from the Chairman of the Board of Trustees
Tel. 01234 881459
Closing date for applications 31 December 2008

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Under the Microscope.
Programme Officer
Environmental & Planning Services
£30,456 - £33,231 pro rata
Temporary contract until July 2009
Mid Beds District Council are seeking to recruit a Programme Officer for the Core Strategy and Development Management Policies Development Plan Document Public Examination in May/June 2009.
You will be required to programme and manage the efficient running of the Examination in accordance with the relevant legislation and Government advice under the direction of a Planning Inspector.
We are looking for someone with significant management experience or previous experience of running a public inquiry, who has excellent administrative and ICT skills and is able to communicate at all levels with the minimum of supervision.
You should be available to work between February and July 2009. The hours are part-time and flexible starting with shorter hours but increasing towards the Examination itself when full-time working will probably be required.
For an informal discussion about the post please contact Sue Frost on 01462 611337.
For further details and an application pack, please contact the HR Team, Priory House, Monks Walk, Chicksands, Shefford, Beds SG17 5TQ. Alternatively, telephone 01462 611022 for the 24 hour job line, or the details can be downloaded by visiting our website www.midbeds.gov.uk and clicking on the Jobs & Careers link. Please quote reference 4022.
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Assistant Nursery Nurse
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The successful applicant will be responsible for the day to day running and staffing of the club which is open 7 days a week.

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Applications in writing marked Private & Confidential and including a current C.V. to

The Chairman
Oakley Sports & Social Club
Church Lane
Oakley
Bedfordshire
MK43 7RU

Closing date for applications 22nd December 2008

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Headteacher: Bryan Schram

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15 hours per week. One term initially

We require a teaching assistant to work with a named child from January. This position is initially for one term, but may be extended.

The person we are looking for will:

- have relevant experience/qualifications
- be kind, caring and understanding
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- be sensitive to the child's particular needs
- be willing to work closely with others and work as part of a team

For details and an application pack please ring 01908 604430

Closing date 16th December 2008

A full CRB check will be carried out

MILTON KEYNES

At Milton Keynes, we're supporting the growth of our vibrant city while continuing to deliver excellent services. It's an exciting place to be and we're keen to get the balance right - including the work-life balance. So if you're looking for family friendly benefits and the chance to make a difference, make a move to MKC.

Senior Adviser - Secondary

£51,174 - £54,519 **Ref: 50017237/MKN**
Soulbury 18-21 +3SPA points

Focused on improving outcomes for all children and young people, you will manage a team of School Improvement Partners/NCAs and lead on the Secondary Strategy. You will also ensure that positive partnership arrangements are in place with schools and other providers to achieve the maximum impact on achievement and attainment.

A graduate professional with qualified teacher status, you will have significant senior management experience within a secondary school and/or advisory service. Strong on the delivery of improvement strategies and other major developments, you will have a sound understanding of the government's Every Child Matters agenda.

For informal enquiries please contact Greg Morris at 01908 253225.

Interview date: 13 January 2009.

Senior Adviser - Primary SIP Manager

£51,174 - £54,519 **Ref: 50017240/MKN**
Soulbury 18-21 +3SPA points

Your challenge will be to achieve marked improvement in standards within Milton Keynes primary schools. You will achieve this by establishing robust procedures, developing good relationships with schools, sharing best practice at every level, and overseeing a team of School Improvement Partners.

Skilled in providing training programmes that meet the needs of schools, and fully conversant with professional development issues, you will be a qualified teacher with senior management experience in a school and/or advisory service. A proven track record of planning and managing improvement initiatives will be essential.

For informal enquiries please contact Denise Bonnette at 01908 253342.

Interview date: 13 January 2009.

Senior Adviser - 14-19

£51,174 - £54,519 **Ref: 50017236/MKN**
Soulbury 18-21 +3SPA points

The main emphasis of this role is to promote and lead the development and implementation of the Milton Keynes 14-19 Strategy. As well as focusing on raising standards, you will work in partnership with leaders in schools, the College, and work-based learning providers to reduce the percentage of young people not in education, employment or training.

Able to lead by example, you will bring a proven track record of managing culture change and improving processes. A qualified teacher or lecturer, with experience of working in or with schools, you will have sound analytical and influencing skills, and be totally committed to making a difference in this key area of local authority work.

For informal enquiries please contact Greg Morris at 01908 253225.

Interview date: 13 January 2009.

School Improvement Adviser, Cross-Phase - Inclusion

£48,985 - £52,292 **Ref: 50017242/MKN**
Soulbury 16-19 +3SPA points

As the school improvement strategic lead for inclusion, you will strive to improve outcomes for all children and young people in schools. Reporting to the Senior Adviser - Primary, you will manage the SEN Consultant and EMASS team, provide training for staff and governing bodies, and co-ordinate advisory support to schools.

You'll come to us with experience of planning and managing school improvement initiatives. A talented teacher and manager, you will also have the ability to forge relationships across organisational boundaries and inspire others to achieve success for all children.

For informal enquiries please contact Denise Bonnette at 01908 253342.

Interview date: 16 January 2009.

It's ability, not disability that counts

School Improvement Adviser Curriculum & Learning - Secondary

£48,985 - £52,292 **Ref: 50017238/MKN**
Soulbury 16-19 +3SPA points

We will look to you to support schools in further enhancing the curriculum offer and quality of learning across all secondary schools. You'll build schools' capacity to improve pupil achievement through providing quality policies, training and advice and sharing good practice.

You will come to us with a thorough understanding of school improvement strategies for children and young people, and extensive knowledge of innovative and successful curriculum models along with a broader knowledge of the secondary context. Experience of school management and/or an advisory service would be desirable. A creative approach will be essential.

For informal enquiries please contact Greg Morris at 01908 253225.

Interview date: 16 January 2009.

School Improvement Adviser Curriculum & Learning - Primary

£48,985 - £52,292 **Ref: 50017239/MKN**
Soulbury 16-19 +3SPA points

You will strive to improve the curriculum and learning in primary schools by providing training for the school workforce and governors, overseeing consultant support, and planning and developing service plans, objectives, targets, and policies, especially in the area of the curriculum and learning.

Able to undertake the work of a School Improvement Partner, you will ideally have experience as a head or deputy in a primary school. Whatever your background, you will have exemplary coaching skills, a willingness to take the initiative and a sound understanding of professional development within the field.

For informal enquiries please contact Denise Bonnette at 01908 253342.

Interview date: 16 January 2009.

Consultant, Cross-Phase Special Educational Needs

£42,103 - £45,562 **Ref: 50017241/MKN**
Soulbury 10-13 +3SPA points

We need someone who is self-directed and totally committed to improving the quality of teaching and learning for children with special educational needs. Reporting to the School Improvement Advisor - Inclusion, you will build teachers' capacity, deliver training and facilitate the sharing of good practice.

Keen to break new ground and able to take a robust line on complex and sensitive issues, you will have a degree, qualified teacher status and a proven track record in a primary, secondary, or special education setting. A sound understanding of school improvement strategies will also be essential.

For informal enquiries please contact Denise Bonnette at 01908 253342.

Interview date: 28 January 2009.

Closing date for all roles: Friday 2 January 2009.

All roles are subject to Safer Recruitment Procedures.

To apply online visit: www.tribalresourcing.com/mk

For an application form, email: jobs@milton-keynes.gov.uk call us on 01908 253344 or 253462 (24 hour answerphone). If you have a hearing impairment and have access to Minicom please phone 01908 252727 (office hours only). Please quote appropriate reference. Salaries will normally start at the first point of the grade.

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Iliffe Digital Media provides web design and development services to private and public sector organisations throughout the UK. Our clients include Iliffe News & Media, Milton Keynes Council and MKWeb.co.uk.

We are looking for an experienced **Web Developer** to join our talented team to work on projects ranging from the development and launch of websites for newspapers and magazines; portals and websites for local authorities; microsites and web applications

Primary skills required include:

- Minimum of 2 years previous experience writing ASP.Net and C# for Web Applications
- CSS and JavaScript
- Experience with Microsoft SQL Server Databases
- A working knowledge of ASP would be advantageous

Salary and benefits package commensurate with experience

For your application pack please contact
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You will provide support for the delivery and assessment of the Floristry curriculum. The role will include preparation of session materials for practical classes and demonstrations and the maintenance of floristry equipment for teaching purposes. You will ideally have worked in the Floristry industry and be educated to at least NVQ Level 2, or equivalent.

Please visit our website: www.shuttleworth.ac.uk for full details on these roles and other exciting opportunities at Shuttleworth College. For an application pack, please email: human.resources@writtle.ac.uk or call the Human Resources Department on 01245 424208.

Closing date for applications: 22 December 2008.

Writtle College strives to be an Equal Opportunities Employer. All applicants who are offered employment will be subject to a criminal records check from the Criminal Records Bureau.

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Site Electrical Services Leader

(initially a 6 month, fixed term contract)

An opportunity has arisen for a motivated and experienced electrical services leader to join our engineering team, in Bedford. Responsible for leading and developing our electrical, instrumentation and control teams you will provide technical and breakdown support to the site and manage our electrical distribution systems, transformers, cabling, lighting and control panels, alongside project managing new installations.

You will have NVQ 3 or City and Guilds 2 (or equivalent) in electrical engineering or have served an apprenticeship and be 17th edition qualified, with experience of working with Siemens PLC S7 and SCADA. An HNC/HND degree in electrical engineering (or equivalent) would be an advantage but not essential.

We are looking for someone with a 'can do' attitude and the ability to engage and encourage enthusiasm and commitment. You should also be able to demonstrate strong team working skills and be able to identify opportunities for improvements in plant performance.

We offer an attractive benefits package including, pension and life assurance, private healthcare and staff shop, together with excellent working and development opportunities.

To apply, please send your CV to Debbie Moore, HR Administrator, Wells and Young's Brewing Company, Havelock Street, Bedford, MK40 4LU. Email. debbie.moore@wellsandyoungs.co.uk

Closing date for applications: 19th December 2008

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An opportunity has arisen for an assistant practice manager to be based at our head office in Bedford, you will also be required to travel between our various sites.

The candidate will be required to drive, be computer literate and have previous office administration experience. The role is a varied one and requires good organizational and communication skills.

Benefits, which are subject to relevant qualifying periods, include a non-contributory pension scheme, permanent health insurance, and staff bonus.

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Only shortlisted candidates will be contacted.

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INTERNAL TECHNICAL CUSTOMER SUPPORT LINE ADVISOR

Danfoss Randall, a subsidiary of Danfoss, is a major player in the U.K. domestic heating controls market with a full product range including thermostats, time controls, motorised valves, radiator thermostats and floor heating. Many of these products are also exported.

As the result of a recent restructure a vacancy has arisen in our Bedford office for a person with relevant technical experience in electrical installations.

This is a challenging and demanding role which offers the successful candidate the opportunity to secure a pivotal position within a business with a good solid foundation.

The Role:
Reporting to the Sales Support Manager and working alongside two existing technical advisors, your primary responsibility will be to liaise with customers in a technical sales support role which includes.

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- Provide technical solutions in hard copy or electronic format if required
- Assist DR sales force with technical enquiries
- Keep up to date with new products
- Maintain files necessary for the job

The Person:
Whilst in depth technical knowledge will be given, it is important that the candidate has the appropriate technical knowledge to apply to the range of electrical products produced by Danfoss Randall

The candidate should also have adequate skills in handling customer enquiries, together with a working experience and competence of Microsoft programmes.

If you think you have the ambition and commitment to work in this challenging environment apply in writing, enclosing C.V. and stating current salary to:

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Teacher of Post 16 Law

Part-time 0.5 Teachers Main Pay Scale
Required as soon as possible until 31 August 2008

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Law is part of our successful Business & Enterprise Faculty. Every member of staff has their own laptop and all rooms have multi media data projectors. The college has a high quality professional development programme for all staff.

Hastingsbury is a 13 – 19 multi-cultural community college situated on a pleasant suburban site to the south west of Bedford. Our recent Ofsted report (January 2007) noted many good features and identified "good teaching that excites and stimulates."

If you are interested in applying for this post please contact Jan Gosnell at the college on (01234) 290900 or email: jangosnell@hastingsbury.beds.sch.uk for an application form and further details. The closing date for completed applications is Monday 15 December 2008. Information about the College is available at www.hastingsbury.beds.sch.uk.

Hastingsbury is committed to safeguarding and promoting the welfare of children. In accordance with the Police Act 1997 all posts in schools are subject to disclosure of criminal records.

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www.hastingsbury.beds.sch.uk email: hastingsb@deal.bedfordshire.gov.uk

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Tel: (01908) 607416
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"A rapidly Improving school"
"Excellent senior leadership"
"Outstanding self-evaluation"
"The school is thoroughly inclusive"
"There is a buzz in the air"
Ofsted Nov 06

"The school has made significant improvements since the last inspection"
Ofsted Jan '08

We are a mixed, multi-ethnic comprehensive school. Following very positive Ofsted reports in November 2006 and January 2008, we are seeking to recruit talented and committed professionals who will help us to realise our exciting vision for the future.

If you enjoy variety and a challenge and are able to make a difference to the learning experience of young people, then this could be the job for you!

LEARNING SUPPORT ASSISTANT

Fixed Term until the 31st August 2009
30 hours per week, 39 weeks per annum
Grade MK3 within our career grade structure
£13,382 to £15,849 pro rata per annum
(pro rata salary equates to £9,246.96 - £10,951.66 per annum)

Working under the direction of teaching staff and as part of a team you will support access to learning for students with special educational needs and provide general support to the teacher in the management of SEN students in the classroom.

You will have an interest in or experience of working with or caring for children. You will have a sound basic education, including literacy, IT skills and a good standard of written and spoken English. You will also be flexible, resourceful, caring and committed to working in partnership with teachers to bring out the best in students with special educational needs. Experience in Special Needs would be an advantage but not essential. The physical strength to push and assist a young adult in a wheelchair may be an advantage.

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Closing date for receipt of completed applications: 19th December 2008

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For informal enquiries please contact Phil Coles or Sharon Prime on 01908 391000.

Closing date: 2 January 2009.

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£15,524 - £18,217 pro rata where applicable

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Part Time 12.5 hours — **Ref: 50016161/MKN**

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Closing date: 2 January 2009.

Interviews wk. comm: 19 January 2009.

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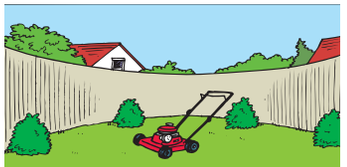

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REPRESENTATION OF THE PEOPLE ACTS
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The edited Register which leaves out the names and addresses of people who have asked for their names to be excluded from that version of the Register is also available for inspection, and may be copied or bought by any person to be used for any purpose.

A person inspecting the full Register and who makes copies of any part of it or records any particulars included in it otherwise than by means of hand written notes shall be guilty of an offence and may be liable on summary conviction to a fine not exceeding £5000.

28 November 2008

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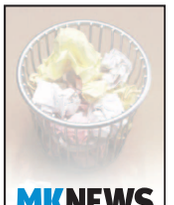
P Cropper, Official Receiver and Trustee, NDU Croydon, 2nd Floor, Sunley House, Bedford Park, Croydon, CR9 1TX



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1 Owner 26,000 Miles with F/S/History. Nocturne Blue metallic with Grey Leather interior, Air Conditioning, Electric Hood, ABS, Alloys wheels, Remote Central Locking, CD Player. Immaculate condition with 12 months manufacturers warranty till 10/09 2/3 years optional.

2006 £9,995

Mitsubishi Colt 1.1 Red S/Edition 3dr Hatch 2005 (55) Reg.

One owner with 50,000 miles and full service history. Red with black interior. Electric windows, Electric mirrors, ABS, SRS, Air bags, Power steering and CD player. Immaculate condition. 12 months MOT and 12 months warranty 2/3 years optional.

2005 £4,495

Land Rover Range Rover 2.7 HSE Sport Auto 2006 (56) Reg.

1 Owner 16,000 miles with Full Range Rover Service History. Silver with Cream leather interior, Air Conditioning, Electric Heated Seats. Sat Nav, Alloy wheels, Remote central locking, 6 CD Changer, Parking sensors. Immaculate condition with 12 months manufacturer warranty to run 2/3years optional.

2006 £28,995

Volvo S60 2.0 T SE Auto 2002 (52) Reg.

2 Owners 40,000 miles with F/S/History Metallic Silver with dark grey leather and wood effect interior. Air conditioning, electric windows electric mirrors, electric heated front seats with memory, heated front screen, CD player, cruise control, multi function steering wheel, headlamp wash wipe, remote central locking, alloy wheels, 12 months MOT and 12 months warranty. 2/3 years optional.

2002 £4,995

PHONE 0845 1254 569

BMW 520d SE Saloon 5dr 2005 (55) Reg

One owner with 52,000 miles and full BMW service history. Black with beige leather. Air conditioning, Sat nav, Electric Windows, Electric mirrors, Cruise control, Remote central locking, Parking sensors, CD player, Air bags and alloy wheels. Immaculate condition. 12 months MOT and 12 months warranty 2/3 years optional.

£12,995

PRESTIGE

Bentley Arnage 6.8 Red Label Saloon Automatic 2001 (51) Reg.
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Audi Q7 3.0 TDI Quattro S Line, 5dr hatchback 7 seater, tip Automatic 2007 (07) Reg.
1 Owner 7,000 miles, F/S/H. Black with black leather interior, air conditioning, electric windows, electric mirrors, electric heated seats, Sat Nav DVD CD, remote central locking. 20" alloy wheels, airbag back/front. Immaculate condition, manufacturers warranty. **£29,995**

Land Rover Range Rover 2.7 HSE Sport Auto 2006 (56) Reg.
1 Owner 16,000 miles with Full Range Rover Service History. Silver with Cream leather interior, Air Conditioning, Electric Heated Seats. Sat Nav, Alloy wheels, Remote central locking, 6 CD Changer, Parking sensors. Immaculate condition with 12 months manufacturer warranty to run 2/3years optional. **£28,995**

Saab 9-3 1.8T Linear Convertible 2006 (56) Reg.
1 Owner 26,000 Miles with F/S/History. Nocturne Blue metallic with Grey Leather interior, Air Conditioning, Electric Hood, ABS, Alloys wheels, Remote Central Locking, CD Player. Immaculate condition with 12 months manufacturers warranty till 10/09 2/3 years optional. **£9,995**

Peugeot 407 2.2 Executive Automatic Estate 2005 (55) Reg.
1 Owner 37,000 miles F/S/History metallic grey with cream leather interior, air conditioning, electric windows, electric mirrors, alloy wheels. CD Player, remote central locking, parking sensors, airbags, and electric sunroof. Excellent condition 12 months MOT and 12 months warranty 2/3 years optional. **£9,995**

BMW 520d SE Saloon 5dr 2005 (55) Reg
One owner with 52,000 miles and full BMW service history. Black with beige leather. Air conditioning, Sat nav, Electric Windows, Electric mirrors, Cruise control, Remote central locking, Parking sensors, CD player, Air bags and alloy wheels. Immaculate condition. 12 months MOT and 12 months warranty 2/3 years optional. **£12,995**

Saab 9-3 1.8t Convertible Vector 2005 (55) Reg.
One owner with 50,000 miles and full Saab service history. Metallic steel grey with cream leather. Air conditioning, Electric windows, Electric mirrors, Electric hood, Remote central locking, Cruise control, Rear parking sensors, 6 disc CD player, Air bags and alloy wheels. 12 months MOT and 12 months warranty 2/3 years optional. **£8,995**

Peugeot 307 2.0s Automatic CC Convertible 2005 (55) Reg.
One owner with 24,000 miles and full service history. Silver with black interior. Air conditioning, Electric windows, Electric mirrors, Electric hood, Parking sensors, Cruise control, CD player and alloy wheels. Immaculate condition. 12 months MOT and 12 months warranty 2/3 years optional. **£8,995**

Saab 9-3 Diesel Sport 1.9 TDi Linea [150] Auto 2005.
One owner with 42,000 miles and full service history. Metallic steel grey with cream leather interior, Air conditioning, Electric windows, Electric mirrors, CD player, Computer and alloy wheels. Immaculate condition. 12 months MOT and 12 months warranty 2/3 years optional. **SOLD**

Volvo S60 2.0 T SE Auto 2002 (52) Reg.
2 Owners 40,000 miles with F/S/History Metallic Silver with dark grey leather and wood effect interior. Air conditioning, electric windows electric mirrors, electric heated front seats with memory, heated front screen, CD player, cruise control, multi function steering wheel, headlamp wash wipe, remote central locking, alloy wheels, 12 months MOT and 12 months warranty. 2/3 years optional. **£4,995**

Mercedes-Benz CLK320 Avantgarde 1999 (V) Reg.
Full Service History, Black with Black Leather, Air Con, E/Windows, E/Mirrors, R/C/Locking, Electric Hood, CD Player, Alloy Wheels, Excellent Condition, 12 Months MOT, 12 Months Warranty 2/3 years optional **£4,995**

BMW 728i Saloon Automatic 2000 (X) Reg.
2 Owners 72,000 miles F/S/History. Blue metallic with grey leather interior, air conditioning, electric windows, electric mirrors, alloy wheels, remote central locking, electric seats. Excellent condition 12 months MOT and 12 months warranty 2/3 years optional. **£4,995**

SPORTS

Peugeot 307 cc 2.0 Convertible 2/D/C 2005 (05) Reg.
1 Owner, 60,000 miles F/S/History. Cherry Red metallic with Black interior, air conditioning, power hood, electric windows, electric mirrors, alloy wheels, remote central locking, CD Player, airbags. Excellent condition with 12 months MOT, 12 months warranty 2/3 years optional. **£7,995**

DIESELS/4X4'S/ESTATES

Jaguar X Type 2.0 Diesel Sport Estate Premium 2004 (54) Reg.
One owner with full service history. Metallic grey with black leather. Air conditioning, Electric windows, Electric mirrors, Parking sensors, Remote central locking, Cruise control, ABS, CD player and alloy wheels. Immaculate condition. 12 months MOT and 12 months warranty 2/3 years optional. **£7,995**

Land Rover Freelander Diesel TD4 ES 5dr Hatchback 2003 (03) Reg.
Two owners with 62,000 miles and full service history. Silver with grey leather. Air conditioning, Electric windows, Electric mirrors, Remote central locking, ABS and alloy wheels. Immaculate condition. 12 months MOT and 12 months warranty 2/3 years optional. **£4,995**

Ford Focus 1.8 Diesel ghia 5 dr hatch 2002 (52) Reg
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Vauxhall Frontera 2.2 TDI LTD 5dr Hatchback 2004 (53) Reg.
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Citroen Berlingo Enterprise 1.9 Diesel 2004 (54) Reg.
2 Owners 36,000 Miles with F/S/History, white with grey interior, electric windows, CD player, electric mirrors. Ply lined, remote central locking. Excellent Condition. Light use only. 12 months MOT, 12 months warranty **£3,995+VAT**

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Peugeot 206 1.4 S 3dr Hatchback 2005 (55) Reg.
1 Owner 25,000 miles with F/S/History Blue metallic with grey interior, air conditioning, electric windows, electric mirrors, power steering, airbags, remote central locking, CD Player. Excellent condition with 12 months MOT and 12 months Warranty 2/3 years optional. **£5,995**

Peugeot 206 1.4 16 Valve 5dr hatchback 2005 (05) Reg.
1 Owner with 54,000 miles, F/S/History. Metallic Blue with grey interior. Air Conditioning, Electric windows, Electric Mirrors, Alloy wheels, Remote Central locking, CD Player. Excellent condition with 12 months MOT and 12 months warranty 2/3 years optional. **£4,995**

Mitsubishi Colt 1.1 Red S/Edition 3dr Hatchback 2005 (55) Reg
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Citroen C3 1.4i Desire 5dr Hatch 2004 (54) Reg
Two owners with 38,000 miles and full service history. Metallic blue with grey interior. Air conditioning, Electric windows, Electric mirrors, Power steering and ABS. Immaculate condition. 12 months MOT and 12 months warranty 2/3 years optional. **£3,995**

Citroen Xsara 1.4 LX 8 Valve 5dr Hatchback 2002 (52) Reg.
2 Owners F/S/History. Black with grey interior, Air conditioning, ABS, Electric Windows, Electric Mirrors, Power Steering, Airbags, Excellent condition with 12 months MOT and 12 Months Warranty 2/3 years optional. **£1,995**

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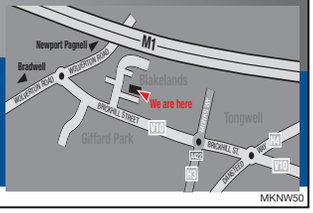

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01582 599093

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99 (V)	**KA 1.3 3dr,** black, colour coded, 2 owners, alloys, PAS, stereo, MoT, vgc	£1,795
99 (S)	**KA 1.3 3dr,** met green, PAS, stereo, airbag, immobiliser, new MoT, vgc	£1,295
99 (S)	**KA 1.3 3dr,** met red, 3 owners, PAS, stereo, alarm, new MoT, vgc	£1,195
97 (R)	**KA 1.3 3dr,** red, 62k, stereo, MoT, vgc	£1,095
97 (P)	**KA2 1.3 3dr,** met blue, 74k, PAS, e/w, c/l, alloys, stereo, new MoT, vgc	£1,295
99 (T)	**ASTRA 1.6 5dr,** met silver, PAS, e/w, c/l, a/c, alloys, CD, MoT, tax, vgc	£1,495
03 (53)	**CORSA ELEGANCE 1.0 3dr,** met blue, 44k, 2 owners, PAS, e/w, c/l, a/c, stereo, MoT	£2,995
01 (51)	**CORSA 1.0 3dr,** met blue, 59k, 2 owners, PAS, e/w, remote c/l, CD, MoT, vgc	£2,495
00 (X)	**CORSA 1.0 3dr,** blue, 58k, CD, MoT, tax, vgc	£1,295
00 (X)	**CORSA 1.0 GLS 3dr,** red, 2 owners, 47k, PAS, e/w, c/l, stereo, MoT, vgc	£1,595
01 (51)	**PEUGEOT 307 1.6 5dr,** met grey 57k, 2owners, PAS, e/w, c/l, a/c, CD, MoT, vgc	£2,795
04 (54)	**PEUGEOT 206 1.1 3dr,** met dark blue, 2 owners, 54k, PAS, e/w, remote c/l, CD, MoT, vgc	£3,295
01 (Y)	**PEUGEOT 206 LX 3dr,** met electric blue, 52k, PAS, e/w, c/l, a/c, CD, MoT, vgc	£2,595
01 (Y)	**PEUGEOT 206 LX 5dr,** met silver, PAS, e/w, c/l, a/c, stereo, MoT, vgc	£2,395
01 (Y)	**PEUGEOT 206 LX 1.4 3dr,** black, 68k, 2 owners, PAS, e/w, e/sr, remote c/l stereo, MoT,	£2,695
00 (X)	**PEUGEOT 206 1.4 ROLAND GARROS 5dr,** met green, cream leather, PAS, e/w, c/l, Panoramic roof, alloys, CD, MoT	£2,595
00 (W)	**PEUGEOT 206 1.1 LX 5 dr,** silver, 65k, 2 lady owners, PAS, e/e, c/l, stereo, MoT, vgc	£2,495
00 (W)	**PEUGEOT 106 ZEST 1.1 3dr,** silver, 34k, PAS, s/r, stereo, MoT, vgcm	£1,595
01 (51)	**LAGUNA 1.6 16V EXPRESSION,** met green, 51k, FSH, 2 owners, PAS, e/w, c/l, a/c. CD, MoT, vgc	£1,995
01 (51)	**LAGUNA 1.8 EXPRESSION,** met silver, 65k, 2 owners, PAS, e/w, c/l, a/c, CD, MoT	£2,295
01 (51)	**MEGANE AUTHENTIQUE 1.4 5dr,** 1 owner, PAS, e/w, remote c/l stereo, MoT, vgc	£1,695
03 (03)	**CLIO 1.2 16V 3dr,** met silver, 51k, 3 owners, PAS, e/w, c/l, CD, MoT, vgc	£2,795
00 (X)	**CLIO GRANDE RN 1.2 5dr,** met red, 52k, 2 owners, PAS, e/w, c/l, s/r, stereo, MoT, vgc	£2,195
99 (V)	**CLIO 1.2 GRANDE RN 5dr,** met blue, 54k, FSH, PAS, s/r, a/c, c/l, MoT, vgc	£1,895
99 (V)	**CLIO 1.4 5dr,** met gold, PAS, e/w, c/l, s/r, stereo, MoT, vgc	£1,695
00 (W)	**CLIO 1.6 RSI 3dr,** met green, PAS, e/w, c/l, a/c, alloys, MoT, vgc	£1,795
98 (S)	**CLIO GRANDE RN 1.2 3dr,** red, 68k, PAS, c/l, s/r, stereo, MoT, vgc	£1,595
99 (S)	**CLIO 1.2 RN 3dr,** blue, 64k, 3 owners, s/r, stereo, MoT, vgc	£1,495
01 (51)	**SAXO 1.1 DESIRE 3dr,** met blue, 58k, 2 owenrs, PAS, e/w, c/l, s/r, stereo, MoT, vgc	£1,795
02 (52)	**FIAT STILO 1.6V DYNAMIQUE 5dr,** met blue, 2 owners, 58k, 6spd, PAS, m e/w, c/l, MoT, vgc	£2,495
01 (Y)	**FIAT BRAVO 1.2 SX 3dr,** met silver, 2 owners, 64k, PAS, e/w, c/l, e/sr, stereo, MoT, vgc	£1,695
00 (W)	**BRAVO 1.2 SX 3dr,** met blue, 2 owners, PAS, e/w, c/l, e/sr, stereo, MoT, tax	£1,495
03 (53)	**PUNTO 1.2 3dr,** black, 2 owners, 51k, PAS, c/l, stereo, MoT, vgc	£2,395
03 (53)	**PUNTO 1.2 5dr,** met blue, 2 owners, 56k, PAS, e/w, c/l, stereo, MoT, vgc	£2,395
01 (Y)	**FIAT PUNTO 1.2 3dr,** black, 64k, PAS, stereo, MoT, vgc	£1,795
01 (Y)	**PUNTO1.2 5dr,** met red, 2 owners, 62k, PAS, c/l, stereo, MoT, vgc	£1,695
00 (X)	**PUNTO 1.2 3dr,** met red, 2 owners, PAS, stereo, MoT, vgc	£1,495
00 (W)	**PUNTO 1.2 5dr,** black, 2 owners, PAS, CD, airbag, new MoT	£1,495
00 (X)	**VW GOLF 1.4E,** black, 2 owners, 75k, history, PAS, CD, MoT, vgc	£2,695
99 (T)	**VW POLO 1.4 CL 5dr,** blue, PAS, e/w, c/l, stereo, MoT, vgc	£1,395
99 (T)	**VW POLO 1.4 CL,** black, PAS, e/w, c/l, stereo, MoT, vgc	£1,395
00 (W)	**NISSAN MICRA 1.0 3dr,** silver, PAS, s/r, stereo, airbag, MoT, vgc	£1,495
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00 (W)	**FIAT BRAVA 1.2 SX 5dr,** met green, PAS, e/w, c/l, e/sr, stereo, MoT, vgc	£995
98 (S)	**SKODA FELICIA 1.3 5dr,** red, 77k, stereo, s/r, new MoT, vgc	£595
93 (K)	**CORSA 1.2,** white, stereo, MoT, tax, vgc	£495
97 (P)	**FIESTA ZETEC 1.25 5dr,** met green, PAS cl/ s/r stereo, MoT, tax, vgc	£995
94 (L)	**CLIO 1.2 5dr,** silver, s/r, stereo, new MoT, tax	£495
	MPV/ESTATES/4x4	
00 (W)	**MERCEDES ESTATE E320 ELEGANCE AUTO/TIPTRONIC,** 70k, 2 owners, leather, a/c, alloys, e/seats, full spec	£3,595
01 (51)	**XSARA PICASSO 1.8 5dr,** met graphite, 2 owners, PAS, e/w, c/l, a/c, CD, MoT	£2,195
99 (V)	**FOCUS TURBO DIESEL ESTATE GHIA,** silver, PAS, e/w, c/l, a/c, CD, MoT, vgc	£1,995
	AUTOMATICS	
99 (V)	**CLIO RXE 1.6 AUTO,** met blue, 61k, PAS, e/w, c/l, a/c, alloys, stereo, MoT, vgc	£1,895
	DIESELS	
97 (P)	**VOLVO V40 DIESEL 1.9,** red, PAS, e/w, c/l, stereo, MoT, vgc	£1,295
99 (V)	**FOCUS TD ESTATE GHIA,** silver, PAS, e/w, c/l, a/c, CD, MoT, vgc	£1,995
	VANS	
02 (52)	**CITROEN BERLINGO 2.0 HDi,** blue, PAS, stereo, MoT, vgc	£1,995
00 (X)	**NISSAN VANETTE DIESEL,** red, sling door, 64k, PAS, stereo, MoT, vgc throughout	£1,495

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FIXTURES 2008-09

DONS' SCORE FIRST

August

9	Leicester	A	0-2
12	Norwich (CC)	H	1-0
16	Northampton	H	1-0
23	Huddersfield	A	3-1
26	Cardiff (CC)	A	1-2
30	Swindon	H	1-2

September

6	Yeovil	H	3-0
13	Oldham	A	0-2
20	Colchester	A	3-0
27	Peterborough	H	1-2

October

4	Millwall	A	4-0
7	Bournemouth JPT	H	0-1
11	Carlisle	H	3-1
18	Crewe	A	1-1
21	Stockport	H	1-2
25	Cheltenham	H	3-1
28	Leyton Orient	A	2-1

November

1	Tranmere	H	1-0
8	Bradford (FAC)	H	1-2
15	Hartlepool	A	3-1
22	Walsall	A	3-0
25	Hereford	H	3-0

December

6	Scunthorpe	H	0-2
12	Brighton	A	
20	Leeds	H	
26	Bristol Rovers	A	
28	Southend	H	

January

3	Peterborough	A	
12	Colchester	H	
17	Carlisle	A	
24	Millwall	H	
27	Leyton Orient	H	
31	Cheltenham	A	

February

3	Stockport	A	
7	Crewe	H	
14	Hartlepool	H	
21	Tranmere	A	
28	Leicester	H	

March

3	Northampton	A	
7	Swindon	A	
10	Huddersfield	H	
14	Oldham	H	
21	Yeovil	A	
28	Leeds	A	

April

4	Brighton	H	
10	Southend	A	
13	Bristol Rovers	H	
18	Scunthorpe	A	
25	Walsall	H	

May

2	Hereford	A	

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Far left: Jason Puncheon tries to slide the ball through to Peter Leven

Left: Krystian Pearce heads away from Tore Andre Flo

Injuries prove costly as the Dons miss quality at back

MK DONS 0

SCUNTHORPE UNITED 2

Morris 77, Thompson 83

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

ROBERTO Di Matteo has told his players to roll up their sleeves and recover from the defeat which ended their six-game winning streak.

An out-of-sorts performance left the Dons licking their wounds as Scunthorpe United took maximum points from stadiummk.

Earlier in the week Di Matteo was named the Manager of the Month and the curse that follows well and truly struck.

Not only did the Dons lose, so do did Mick McCarthy's Wolves in the Championship and Peter Taylor's Wycombe in League Two.

Both managers had also earned the accolade for their division.

But in truth Di Matteo's side were undone by the injury-jinx that has hit his team.

With Dean Lewington, Jude Stirling and Danny Swailes unavailable for selection due to injury it was, at best, a makeshift back line.

Carl Regan, playing out of position, was exposed numerous times and eventually paid the price when his header on a long free-kick produced the perfect assist for Glenn Morris' stunning goal from the edge of the area.

Bondz N'Gala, 19, and Shaun Cummings, 19, came to the Dons from Premier League clubs to get first team football so it was no surprise they were shown to be a tad naive at times.

Boss Di Matteo said: "You could see in the first half it was difficult for us to play out from the back, we didn't quite manage to do that. If you miss the quality that we have at the back it becomes difficult."

Things may have been different had the Dons been awarded a penalty Sam Baldock felt they should have had before the break.

The striker claimed he had his heels clipped by a Scunthorpe defender which had prevented him from netting Mark Wright's excellent cross.

Still an improved display in the second half, orchestrated by Jason Puncheon who should have found the target, made a crowd of 11,550 in stadiummk think only the Dons would go on and win.

But when Scunthorpe, relegated from the Championship last season, went in front through Morris they decided not to let it slip by adding a sucker punch six minutes later when substitute Garry Thompson bundled in the second.

A frustrated Di Matteo said: "We have to forget what we have done in the past and look forward to the games that are coming up because they're coming up very quickly.

"We need to start again and look into the future."

One player looking to do just that was debutant Tore Andre Flo who received the largest cheer of the day when he was introduced in the 61st minute.

The ex-Chelsea star hung up his boots earlier this year but his arm was twisted to return and the striker is glad to be playing again.

"I never thought I would be back to play football again but I missed it a lot and I'm really glad to be back.

"I'm hoping to enjoy myself, play some good football and win something, maybe go up with this team."

The defeat dropped the Dons down to third but victory at Brighton will strengthen their place in the league.

MK DONS: Gueret, O'Hanlon (c), M Wright (Johnson 71), Regan (Wilbraham 82), Baldock, Puncheon, Cummings, Gerba (Flo 61), Navarro, Leven, N'Gala.Booked: Baldock, Puncheon

SCUNTHORPE UNITED: Murphy, Bryne (c), Williams, Pearce, Mirfin (A Wright 40), Woolford (Thompson 76), McCann, Togwell, Sparrow, Hooper, May (Morris 56). Booked: McCann

Referee: Gavin Ward (Surrey)

Attendance: 11,550

LEAGUE ONE TABLE

		HOME					AWAY						
		P	W	D	L	F	A	W	D	L	F	A	GD	PTS
1	Leicester	19	7	2	1	16	6	5	3	1	18	10	18	41
2	Millwall	19	8	1	1	16	9	4	2	3	14	14	7	39
3	**MK Dons**	**19**	**6**	**0**	**4**	**17**	**10**	**6**	**1**	**2**	**20**	**9**	**18**	**37**
4	Peterborough	19	6	2	1	21	9	4	4	2	15	12	15	36
5	Scunthorpe	19	5	2	2	17	11	6	1	3	18	13	11	36
6	Oldham	19	6	3	1	23	10	4	2	3	12	13	12	35
7	Leeds United	19	6	1	2	21	11	4	1	5	12	13	9	32
8	Stockport	19	3	4	3	12	11	5	3	1	14	6	9	31
9	Tranmere	19	6	1	3	19	12	3	2	4	9	12	4	30
10	Walsall	19	5	0	4	17	16	3	3	4	13	14	0	27
11	Southend	19	5	2	2	13	9	2	4	4	15	22	-3	27
12	Huddersfield	19	3	3	4	14	16	4	2	3	13	15	-4	26
13	Hartlepool	19	4	4	2	22	17	3	0	6	7	13	-1	25
14	Northampton	19	4	4	2	15	10	2	2	5	11	15	1	24
15	Bristol Rovers	19	4	2	3	20	14	1	5	4	16	19	3	22
16	Colchester	19	2	2	6	10	13	4	1	4	20	21	-4	21
17	Carlisle	19	5	1	3	18	13	1	2	7	7	20	-8	21
18	Leyton Orient	19	2	3	4	7	12	3	3	4	8	11	-8	21
19	Swindon	19	3	3	4	16	18	1	5	3	14	17	-5	20
20	Brighton	19	2	4	3	12	13	2	4	4	10	14	-5	20
21	Yeovil	19	2	5	2	10	10	2	2	6	5	15	-10	19
22	Hereford	19	3	2	4	9	8	1	1	8	4	21	-16	15
23	Cheltenham	19	4	2	4	13	15	0	1	8	7	26	-21	15
24	Crewe	19	2	2	5	12	18	0	1	9	9	25	-22	9

PREVIEW

BRIGHTON
League One
Friday, December 12
Withdean Stadium
KO 7.45pm

MOVED to a Friday night due to the Christmas shopping frenzy in Brighton this is set to be a tricky game for MK Dons.

Die-hard fans will brave the conditions on a freezing night in hope of a seventh away day victory this term.

Brighton are flirting dangerously with relegation and their record at the Withdean Stadium has been poor.

They have won just twice on their home turf in League One, lost three times and shared the points on four occasions.

The Seagulls have not won in four games, while the Dons' run of six victories ended at home to Scunthorpe.

But Adams, who has been linked to the Dons hot seat in the past few years, has a side capable of turning on the style.

In October Brighton caused a massive upset in the second round of the Carling Cup by knocking out Manchester City.

Once again Dons are likely to be without their skipper Dean Lewington (knee) but Di Matteo's defensive problems will be eased with Miguel Llera back from suspension.

VIEW FROM THE MOOCAMP

SKIPPER Dean Lewington has been named the League One Player of the Month.

The defender is the first Dons player to pick up the Powerade Player of the Month gong this season.

Lewington, 24, scored his first goal of the season in November, helped the Dons take maximum points in the month that saw them concede just one goal.

Lewington pipped Leicester City striker Matty Fryatt, Swindon Town hotshot Simon Cox and Leyton Orient goalkeeper Glenn Morris to the award.

Chris Kamara, chairman of the Powerade Player of the Month Awards panel, said: "Dean Lewington has been instrumental in MK Dons' success this season.

"Not only is he a gifted footballer but he is also a captain who leads by example. His performances at the heart of the Dons' back four have helped his side enjoy one of the best defensive records in League One so far this season. "

The Powerade Awards panel, chaired by Kamara, made the decision. The panel also includes Steve Bates, Chairman of the Football Writers' Association, Malcolm Clarke, Chairman of the Football Supporters' Federation and Steve Watts, Marketing Assets Manager, Coca-Cola Great Britain.

ROBERTO Di Matteo picked up the League One Manager of the Month last week.

The Dons supremo led his side to four straight victories in November.

In those four matches the Dons have scored an impressive 10 goals and conceded just one. They now boast the best goal difference in the league heading into a crucial Christmas period.

It is the first time rookie manager Di Matteo has picked up the divisional prize although he was also nominated last month.

Di Matteo beat Peterborough United boss Darren Ferguson, Leicester City manager Nigel Pearson and Leyton Orient chief Martin Ling to the award.

MK Dons' under 18s lost 3-0 to in-form Aston Villa.

Villa recorded their seventh successive win against Mike Dove's young side at the weekend. The Dons kept Villa at bay for half-an-hour until James Collins broke the deadlock, and Richard Blythe added to the scoreline after the break.

Andreas Stieber put the final nail in the coffin with a stunning solo effort.

This weekend the Dons' academy travel to Coventry City for their final game of 2008.

MKSPORT

Shot down Flames – again

ICE HOCKEY

MK LIGHTNING 5
GUILDFORD FLAMES 2

PETERBOROUGH PHANTOMS 3
MK LIGHTNING 1

A THIRD win over Guildford Flames this season alone has kept MK Lightning joint on points in third place.

Lightning, Slough Jets and Swindon Wildcats have 28 points to their name.

But MK have three games in hand on Swindon, and two on the Jets.

Flames are currently runaway leaders in the English Premier League but still can not register a win against MK.

Defeat to rivals Peterborough did take some gloss off another promising weekend for Lightning.

The weekend started in fine fashion for Lightning when they picked up their 12th win of the season.

They had to come from behind to take the points after David Savage opened the scoring for Guildford early in the first period.

But Lightning's response through Gary Clarke was instant to level the scores before Taras Foremsky edged Guildford back in front.

Yet Clarke was again the man to even the score when he netted three minutes prior to the break.

From then on it was all Lightning as failed to add to the score sheet.

Goals from Andre Smulter and Matt Towalski gave Lightning the lead in the second period and Smulter confirmed the result midway through the final period.

It was a different story when Lightning travelled to fierce rivals Peterborough.

Lightning started the sharper side and were soon rewarded when Adam Carr found the net eight minutes in. Yet two goals from Craig Peacock and a controversial third for the Phantoms from Joe Miller ensured Lightning would only take two points from the weekend.

Meanwhile, Lewis Christie has been selected for Great Britain's upcoming Under 20 World Junior Championships in Spain.

Nick Poole praised the youngster on his selection.

He said: "Lewis has been in fine form and has been one of our signings of the season. We are very pleased for Lewis and congratulate him on this deserved selection."

■ LIGHTNING host Swindon Wildcats tomorrow (Thursday) face-off at 7.45pm.

Telford Tigers then come to town on Saturday, face-off 7pm, before Lightning travel to Swindon on Sunday, face-off 6pm.

Matt Towalski celebrates a goal with Michael Wales during the match against Guildford Pic Jez Tibbetts

RUGBY

SOUTH WEST TWO EAST DIVISION

OLNEY suffered their ninth defeat of the season at second-from-bottom Reading Abbey, losing out 20-14 which leaves them level on points in the table with their hosts.

Abbey were given the first opportunity to get on the score sheet with a number of penalties, but their scum half could not convert.

Instead Olney opened the scoring when centre Chris Parnham crossed the line to finish off a great move started in the back line.

Richard James' converted.

The home side's flanker broke through a weak tackle to pull back five points then another try, which was this time converted, put Reading Abbey ahead.

However, Olney were not about to roll over and hit back just before half-time.

More link up play from the backs allowed fast running James Padfield a chance to dive over in the corner with James's conversion handing them a slender two point advantage.

The hosts reclaimed the lead when they over turned a scrum and the number eight scrambled across the try line to make the score 17-14.

The close game was finally put to bed when the Reading Abbey scrum half struck one of his five attempts at goal.

■ INJURY hit Bletchley were condemned to defeat at home at the hands of Wallingford.

Bletchley, who recently signed a new forty year lease at Manor Fields, are now in ninth place.

It might have been different had two decision gone in their favour.

A race for the ball over the try line had Bletchley believing they had touched down for a 22 metre drop out but the ref decided it was Wallingford who grounded to go 7-0 up.

A Phil Harman penalty was sandwiched in between another Wallingford try which stretched their lead to 12-3.

Then Bletchley once again thought they had their own try when a driving maul crossed the line but the decision went against them.

Another unconverted try in Wallingford's favour left Bletchley trailing by 17 points until winger Paul Sherriff managed to pull back five points. Harman's excellent conversion made it 23-10 but it was too late for Bletchley when the final whistle went minutes later.

BLETCHLEY host Milton Keynes at Manor Fields in the Bucks Cup this Saturday.

SOUTHERN COUNTIES NORTH

MILTON Keynes are in second following their tenth victory.

The side have lost just once this season, and only trail leaders Buckingham on points difference.

Stuart Tomkinson bagged two tries for MK while Ashley Targett and Michael Lambert also crossed the line.

Andrew White kicked eight points to give Milton Keynes a 28-15 win over Aylesbury.

Marlow remain hot on the heels of MK in third place with just two points separating the sides.

Last-minute drama sees overtime win

BASKETBALL

MK LIONS 99
Eddie 22, Brown 21, Obazuaye/New 16

LEICESTER RIDERS 94
Williams 23, Martin 18, Swanson 15

AN overtime win saw MK Lions move themselves up to fifth position in the BBL championship table.

Only five points could separate the sides after being tied at the end of regulation time.

The win ensures the Lions have their feet firmly back in the playoffs.

There were dramatic scenes at Bletchley Leisure Centre when Terrell Brown thought he had won the game for the Lions with a three pointer on the buzzer.

But the referee deemed his basket was on the arch, therefore only worth two points.

Riders had stunned Lions with their strong 21-2 burst to open the game which left the home side trailing 11-27 at the break.

It was in the second period that the Lions came to life limiting Riders to five points while they hit 18, then another 13-2 spell put them firmly back in the game.

Lions were rewarded for their point scoring period by opening an important eight point lead at half time.

Both sides traded baskets at the start of the third period, but back-to-back three-pointers from Riders' Matt Martin started a 17-4 burst to tie the game at 64-64.

The teams continued to exchange scores, but the Lions held onto a slender two- point lead at 70-68 going into the final stanza.

In the final quarter, the Riders got their noses in front of their hosts off the back of 9-3 and 9-0 bursts to lead 78-86 before the fireworks began.

The visitors had got themselves ahead by eight points at 78-86 off the back of an 9-0 run.

Twelve points from Lions' Brown in the final three minutes, including his score on the buzzer tied the game at 90-90, taking the game into the extra period.

In the extra period, Tommie Eddie netted the opening basket from the foul-line to give the Lions a 91-90 lead. LaTrell Williams scored the next four points for the Riders to give them a 91-94 lead with two minutes remaining.

A Yorick Williams three-pointer instigated an 8-0 Lions run to secure the victory.

Just six weeks ago the Riders recorded their first victory at Bletchley for three and half years with a 108-79 hammering of the home side.

But victory in extra time was perfect revenge for the Lions.

■ LIONS travel to Scottish Rocks this Sunday. Tip-off is at 5pm.

SPORTSSHORTS

Sports Awards winners

A NUMBER of MK residents have picked up accolades in the Bucks Sport Awards 2008.

Harry Beacall picked up the Young Leader of the Year award for his dedication ensuring others enjoy sport.

He regularly coaches badminton at his school Lord Grey.

Club of the Year went to Marshall Milton Keynes Athletics Club who have over 650 members aged between nine and 75.

This year club representatives Craig Pickering and Greg Rutherford competed in the Beijing Olympics.

Head hammer coach at MMKAC Jack Kee was claimed the Unsung Hero gong after 50 years in athletics.

Mother's illness sinks Roy

LOCAL driver Supradip Dey Roy withdrew from the Welsh Rally GB last week.

Bletchley-based Roy, who placed ninth in the British Rally Championship at the time, was forced to pull out due to his mother suffering a heart attack.

The 35-year-old returned to India a day before he was due to start his second Cardiff-based Rally GB.

Red Bull's Sebastien Loeb won the rally in dramatic fashion at the final stage.

May date for cyclists

MILTON Keynes will host the opening stage of cycling event The Tour Series.

The first ever Tour Series event will take place next year and is not based on individual athletic performance, but instead the team performance.

Ten top British squads of five riders will take part in every round, plus guest stars and invited local riders will feature.

In addition to the hour long Tour series round, MK will host a day of cycling related activities.

The event will take place on Thursday, May 21, 2009.

Local football

STONY Stratford Town have booked a place in round four of the Saturday Intermediate Cup following a 3-1 win over Mursley United.

They will play the winners of AFC Brickhill Rangers/Buckingham Athletic who are due to play tonight.

Meanwhile Steeple Claydon's 4-1 win dumped PB (Wolverton Town) out of the cup, they now face an away tie to Padbury United.

In the Molten Spartan South Midlands division one New Bradwell St Peter drew their midweek game 1-1 with Winslow United while Buckingham Athletic lost 3-0 to Amersham Town.

Winslow then beat Cranfield United 1-0 at the weekend.

In division two Old Bradwell United lost 2-0 to Kent Athletic.

Newport Pagnell Town came from behind twice to share the points away at Northampton Spencer in the United Counties premier division.

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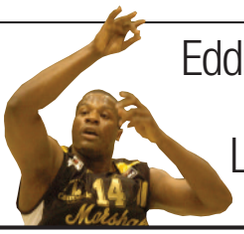

Eddie on top form as Lions win
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Red Bull team look safe as drinks boss splashes cash

FORMULA ONE CRISIS

BY SIMONE CORGAN

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RED Bull Racing have admitted they are suffering from the economic downturn but will not reveal the extent.

Last week Formula One was hit with the news that Honda are quitting the sport due to the current financial climate.

The mega-bucks sport is reeling from the decision prompting discussions on how to reduce the cost of competing.

Negotiations between the teams in Formula One including Red Bull Racing, Ferrari, McLaren and Williams have been ongoing with the sport's governing body Federation Internationale de L'Automobile (FIA).

In an open letter to all Formula One Team principals, FIA president Max Mosley outlined plans to cut the price with engines the number one problem.

But his proposals to supply complete Formula One power train (engines and transmission) will come into effect in 2010.

If teams took up the power trains with Cosworth, Xtract and Ricardo Transmissions they would need to pay £1.68m up-front and a further £5.49m per season for each of the three years of the supply contract.

Mosley said: "These arrangements are on the basis that at least four teams enter into contracts to use the power train."

Tilbrook-based Red Bull Racing are currently considering the offer and team principal Christian Horner admits slashing prices is key.

He said: "Honda's decision was a surprise to the whole Formula One community, although it was perhaps not totally unexpected that an automotive manufacturer would withdraw from Formula One. The teams have been in discussion together with the FIA for some time regarding cost reduction and some elements will already be introduced for the 2009 season.

"Every team is affected to a greater or lesser extent by the current economic situation and Red Bull Racing is reacting prudently, in accordance with the regulation changes."

Formula One boss, and billionaire owner, Bernie Eccelstone said: "This is a wake-up call. Max and myself have been campaigning for quite a long time to reduce the vast amount of money spent to be competitive."

Mosley added: "Reductions of £20-48million per year will not save the independent teams, nor will they reduce the budgets of the major manufacturers to a level are which we can feel confident of their continued participation."

The future of Red Bull Racing is thought to be secure thanks to billionaire owner Dietrich Mateschitz still splashing the cash.

Fans and teams alike will be hoping the sport recovers quickly to prevent a mass exodus from Formula One.

Crisis talks: Red Bull Racing's Christian Horner and F1 supremo Bernie Ecclestone

Underpants over trousers for Stony's football hero

THE 'superman' of Stony Stratford Town Football Club has been nominated for the BBC Sports Unsung Hero 2008 award.

Michael Judd, from Stony Stratford, has won the award for the East and is now up for the overall award.

Michael will represent the East alongside 14 other regional finalists in England, Scotland and Northern Ireland at the BBC Sports Personality of the Year 2008 in a star-studded ceremony at the Echo Arena on Sunday, where the overall UK winner will be announced.

He was nominated by Steven Sartain for assisting the football club for almost 25 years.

Mr Sartain said: "He is truly one of a very rare breed, never complaining, often putting his own money into the club to help out as well as doing all jobs without batting an eye.

"He should be wearing his underpants over his trousers – he's superman to this club."

A panel of five judges believed Michael was the ideal man for the award, saying: "A unanimous decision based on his commitment to the football club he's been involved with for around 25 years.

"He literally does everything, working five hours a day in his own time. Until recently he also held down a full time job and brought up two sons on his own after his wife died of cancer."

The modest Michael added: "I am very proud and privileged to win such an award."

Among the BBC East Sports Awards winners were MK Dons, named Sports Editors' Team of the Year following their double-winning season in League Two.

Dons' chairman Pete Winkelman picked up the prize after they pipped Northampton Saints Rugby Club – who went an entire season in Division One unbeaten – and Kettering Town to the award.

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